



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

04.07.2026 22:49

Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
1	TAR 103	ATATURK'S PRINCIPLES AND HISTORY OF REVOLUTION-I	2	2	2
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : Developing students' ability to interpret historical events is among the objectives of this course. It aims to teach the importance of being an independent state and to understand the value of one's homeland, to develop the ability to foresee the impact of world events on the present and future of our country, to learn about the founding philosophy of the Republic of Turkey and Atatürk's principles and reforms, and, in light of this knowledge, to achieve national unity and solidarity, the indivisible integrity of the country, and the goal of raising the Republic of Turkey to the level of developed countries. Teaching Methods and Techniques : Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
TAR 103	ATATURK'S PRINCIPLES AND HISTORY OF REVOLUTION-I	Instructor Dr. Teoman Gül			

Recommended or Required Reading

Resources	: Turan, R. ve diğerleri; Atatürk İlkeleri ve İnkılâp Tarihi, Ankara 1999. Eroğlu, H.; Türk İnkılap Tarihi, İstanbul 1982.
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Course Category

Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	: 100	Field	:

Weekly Detailed Course Contents

Week	Topics	Study Materials	Materials
1	The Subject, Historical Development, Importance, and Objectives of the Course on Atatürk's Principles a		
2	Internal and External Causes of the Collapse of the Ottoman Empire		
3	Modernization Movements in the Ottoman Empire		
4	The Social, Political, and Economic Situation of the Ottoman Empire at the Beginning of the Twentieth C		
5	Developments in the World Before the First World War, the Ottoman Empire's Search for Alliances, Its E		
6	Secret Agreements Made by the Allied Powers During the First World War and Plans for the Partition of C		
7	Midterm Examination Week		
8	The Armistice of Mudros and Its Implementation; the Occupation of Anatolia by the Allied Powers and th		
9	Societies Supporting and Opposing the Turkish National Struggle		
10	The Preparatory Period of the Turkish National Struggle; Mustafa Kemal Pasha's Activities in İstanbul an		
11	The Erzurum Congress, the Sivas Congress, and the Balıkesir and Alaşehir Congresses		
12	The Amasya Protocol, the Arrival of the Representative Committee in Ankara, Developments in İstanbul,		
13	The Establishment of the Government of the Grand National Assembly of Türkiye and Political, Social, an		
14	Final Examination Week		

Course Learning Outcomes

No	Learning Outcomes
C01	They gain the ability to analyze historical information within the context of the subject, time, and relevant individuals.
C02	It develops a realistic perspective by relating a historical event to events happening today.
C03	They learn to properly evaluate various materials dealing with historical events, such as books, articles, films, and television series. They gain the ability to critically consider different viewpoints.
C04	It develops the ability to analyze one's own views and thoughts by finding support for them in history.

C05 Evaluates the political, social, and military developments from the late Ottoman period to the establishment of the Grand National Assembly of Türkiye within a cause-and-effect framework.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	1	2	2
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	2	1	2
Final examination	1	%50	Preparing a Presentation	3	2	6
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	2	2

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	3	2	3	4	4	4	4	4	3	3	4	3	4	4	4	5	4	5
C01	5	3	4	5	3	4	4	3	4	5	4	3	4	3	3	4	4	4	4	4
C02	4	3	4	3	4	4	4	4	4	5	4	4	4	4	5	3	4	4	5	4
C03	5	4	4	4	3	4	4	4	4	4	5	5	4	3	4	4	4	5	4	4
C04	5	3	4	3	4	3	4	5	3	3	3	3	3	4	3	4	3	4	5	5
C05	5	5	4	4	4	4	4	4	4	4	4	4	4	5	4	4	4	5	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	2	2
	Total Work Load			46
	ECTS Credit of the Course			2

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
1	SBÖ 109	BASKETBALL EDUCATION	4	0	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : History of basketball, field and material knowledge, basic game rules teaching, giving technical and tactical information with teaching methods. In addition, the purpose of Physical Education and Sports Teaching program is to train modern physical education and sports teachers who equipped with the knowledge, skills and attitudes that can serve in all areas of the Physical Education and Sports Teaching profession, grasping the place of himself and his profession in social development, gaining awareness of his professional and ethical responsibilities, adopting the importance of lifelong learning, gaining the ability to identify, interpret and solve physical education teaching problems, can produce projects for determining the current problems of the society and produce solutions, can conduct independent research and benefit from research results, use information and communication technologies effectively, think creatively and critically. SBÖ 109 BASKETBALL EDUCATION Definition of basketball, historical process and development in the world and Turkey, game rules, technical and tactical information and their teaching steps. Asist Prof.Dr. Nagihan KIRIKOĞLUAsist Prof.Dr. Seyfi SAVAŞ					

Recommended or Required Reading		(https://www.tdr.org.tr/assets/pdr-nip/pdr-viewer/?pdr=https://www.tdr.org.tr/media/docs/default-source/tdr/basketbol-oyun-kurallari)
Resources	3.	Gandolfi, G (Çev. Yarırcan, M) (2015). NBA Koçlarının Oyun Kitabı. Ekin Kitap Spor ve Turizm Yayınları, İstanbul.
	4.	Foran, B, Pound, R (Çev. Yarırcan, M) (2014). Basketbolcular İçin Kondisyon. Ekin Kitap Görsel Yayıncılık, İstanbul.
	5.	Sevim, Y (2010). Basketbol Teknik ? Taktik ? Antrenman. Fil Yayınevi, Ankara.
	6.	Kuru, C, SAVAŞ, S (2008). Temel Basketbol Teknik Taktik Örnek Çalışmalar. Ata Ofset, Ankara.
	7.	Lazenby, R, Meador, D, Green, E (1987). Championship Basketball, Beaverbooks. Canada.
	8.	Wooden, J, Sharman, B (Çev. Akgün, F) (1983). Basketbol. Adam Yayıncılık, İstanbul.

Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	Definition, history, basic stance, ball holding		
2	Offensive movements without ball: Sliding step, changing direction (change-up), stops (single and double)		
3	Passing and passing types (chest pass, overhead pass, bounce pass, handoff)		
4	Dribbling (high and low dribbling) and types (Cross-over, hand changing from behind, crossover between)		
5	Shooting (shooting techniques) - Methodical movement sequence for teaching shooting		
6	Shooting types (Lay-up)		
7	Shooting types (Jump-shot, hook-shot)		
8	Full court work involving all types of shots (Combined)		
9	Rebound, rebound guaranteeing, bounce, fall and throw the ball into game		
10	Fast break and 1:0 basic offensive movements		
11	Wheelchair Basketball.		
12	Individual defense (Man to man defence principles)		
13	Team defense (Zone defense: (2-3), (1-2-2), (2-1-2), (3-2) sequence)		
14	Basketball game rules (FIBA 2022)		

Course Learning Outcomes	
No	Learning Outcomes
C01	Makes the definition of basketball and knows its historical process.
C02	Can express field and material knowledge and basic game rules.
C03	Can apply the teaching steps.

C04	Knows and interprets the basic techniques of basketball.
C05	Interprets on basketball individual tactics.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	1	14
Assignment	0	%0	Weekly Tutorial Hours	14	2	28
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	5	1	5
Practice	0	%0	Material Design and Implementation	5	2	10
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	3	2	6
Total		%100	Midterm Exam and Preperation for Midterm Exam	3	2	6

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	4	3	4	3	3	2	4	2	2	4	4	3	2	3	3	2	4	3	5
C01	3	4	3	4	3	3	2	4	2	2	4	4	3	2	3	3	2	4	3	5
C02	3	4	3	4	3	3	2	4	2	2	4	4	3	2	3	3	2	4	3	5
C03	3	4	3	4	3	3	2	4	2	2	4	4	3	2	3	3	2	4	3	5
C04	3	4	3	4	3	3	2	4	2	2	4	4	3	2	3	3	2	4	3	5
C05	3	4	3	4	3	3	2	4	2	2	4	4	3	2	3	3	2	4	3	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	3	2	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
1	SBÖ 101	THE BASICS OF PHYSICAL EDUCATION AND SPORTS	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of this course is to enable students to understand the basic concepts, historical development, aims, functions, and scientific foundations of physical education and sports. The course also aims to help students evaluate the contributions of physical education and sports to individuals? physical, mental, emotional, and social development and become familiar with the major institutions, professions, and fields of practice in the discipline. Teaching Methods and Techniques : The course covers the basic concepts related to physical education and sports; the relationships among physical education, sport, play, exercise, and physical activity; the historical development of physical education and sports; their aims, functions, and basic principles; their effects on physical, mental, emotional, and social development; the major fields of sports sciences; the relationship of physical education and sports with education, health, culture, and society; sports institutions, sports professions, ethical values, fair play, and current developments. Prerequisites and co-requisites Course Coordinator Name of Lecturers Assistants					
SBÖ 101	THE BASICS OF PHYSICAL EDUCATION AND SPORTS	Associate Prof.Dr. Neslihan Ankan Fidan			

Recommended or Required Reading	
Resources	: Sözen, H. ve Korur, E. N. (Ed.). (2024). Beden Eğitimi ve Sporun Temelleri. Ankara: Nobel Akademik Yayıncılık. Ayan, S. (Ed.). (2024). Beden Eğitimi ve Sporun Temelleri. Ankara: Nobel Akademik Yayıncılık.

Course Category			
Mathematics and Basic Sciences	: 0	Education	: 30
Engineering	: 0	Science	: 0
Engineering Design	: 0	Health	: 20
Social Sciences	: 0	Field	: 50

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	Basic concepts related to physical education, sport, play, exercise, and physical activity are discussed.		
2	The aims, basic principles, functions, and individual significance of physical education and sports are explained.		
3	The historical development of physical education and sports in the world is discussed.		
4	The historical development of physical education and sports among Turks, traditional sports, and the Republic of Turkey's physical education and sports system are discussed.		
5	The effects of physical education and sports on physical development, motor development, and healthy living are discussed.		
6	The contributions of physical education and sports to cognitive, emotional, social, and personality development are discussed.		
7	The major fields of sports sciences and their relationship with physical education and sports practices are discussed.		
8	The place of physical education and sports in the education system, the aims of school physical education and sports, and the role of physical education and sports in the development of the individual are discussed.		
9	Physical fitness, health-related fitness components, and the concept of lifelong physical activity are discussed.		
10	The relationship of sport with society, culture, economy, politics, and media is examined.		
11	The administrative structure of sport in Türkiye and the duties of sports institutions, federations, and sports organizations are discussed.		
12	Professions, professional competencies, and career opportunities in physical education and sports are discussed.		
13	Ethical values in sport, fair play, sportsmanship, discrimination, violence, and doping are discussed.		
14	Current developments, social issues, and future trends in physical education and sports are evaluated.		

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts related to physical education, sport, play, exercise, and physical activity.
C02	Evaluates the historical development, aims, functions, and basic principles of physical education and sports.
C03	Analyzes the contributions of physical education and sports to individuals? physical, motor, cognitive, emotional, and social development.

C04	Identifies the major fields of sports sciences, sports institutions, and professions related to physical education and sports.
C05	Critically evaluates ethical, social, and current issues related to physical education and sports.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%40	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	6	6	36
Projects	0	%0	Searching in Internet and Library	4	4	16
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%60	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	1	1

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	3	5	4	4	5	4	3	5	5	5	5	5	5	4	4	5	4	4	4
C01	5	3	5	4	5	3	4	3	3	4	3	4	4	4	4	4	4	5	4	4
C02	4	4	4	4	4	4	4	4	4	3	4	4	4	5	5	4	5	4	4	5
C03	3	3	5	4	3	5	4	5	5	4	5	4	4	5	4	4	4	5	4	3
C04	4	5	4	5	4	4	5	4	4	3	5	5	4	4	4	4	4	5	5	3
C05	5	3	5	4	5	3	4	4	3	4	5	4	3	4	3	5	5	4	4	4

Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
1	BİL-101	BİLİŞİM TEKNOLOJİLERİ	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : To enable their teachers to develop their knowledge and equipment in order to ensure that they are literate in information technologies. Teaching Methods and Techniques : Prerequisites and co-requisites : Information technologies and computational thinking; problem solving concepts and approaches; algorithm and flowcharts; computer systems; basic concepts of software and hardware; basics of operating systems, current operating systems; file management; utilities (third party software); word processing programs; calculation/table/graph programs; presentation programs; desktop publishing; database management systems; Web designing; internet use in education; communication and collaboration technologies; safe internet use; IT ethics and copyrights; effects of computers and internet on children/youth Course Coordinator : Name of Lecturers : Assistants :					
BİL-101	BİLİŞİM TEKNOLOJİLERİ	Undefined İLGİLİ ÖĞRETİM ELEMANI			

Recommended or Required Reading

Resources	: Eğitim Teknolojileri Genel Müd. (2003). Eğitim Teknolojileri: Bilgisayar. Ankara: MEB EğiTek, Yay.No-9 : - : - : - : -
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Course Category

Mathematics and Basic Sciences	: 0	Education	: 0
Engineering	: 0	Science	: 0
Engineering Design	: 0	Health	: 0
Social Sciences	: 0	Field	: 100

Weekly Detailed Course Contents

Week	Topics	Study Materials	Materials
1	Basic concepts, areas of use of information technologies, and the general structure of computer systems		
2	Computer hardware, types of software, operating systems, and file management are examined.		
3	Document creation, editing, and formatting practices are carried out using word processing software.		
4	Techniques for creating tables, visuals, headings, references, and page layouts in word processing softw		
5	Data entry, cell formatting, and basic calculations in spreadsheet software are discussed.		
6	Formulas, functions, charts, and data organization practices are carried out using spreadsheet software.		
7	The principles of effective presentation preparation, visual design, and content organization are examine		
8	The historical development and basic structure of the internet, search engines, and effective information		
9	Digital citizenship, internet ethics, information security, strong password use, and personal data protecti		
10	Cloud computing, online storage, file sharing, and collaborative working applications are discussed.		
11	The use of Web 2.0 tools in education and the development of digital instructional materials are practise		
12	Posters, brochures, cards, and informative visuals are designed using desktop publishing tools.		
13	Multimedia content is created using image, audio, animation, and video editing tools.		
14	Algorithms, flowcharts, and basic programming concepts are discussed, and visual programming practice		

Course Learning Outcomes

No	Learning Outcomes
C01	Explains the basic concepts of information technologies, computer hardware, and types of software.
C02	Uses word processing, spreadsheet, and presentation software effectively at a basic level.
C03	Uses the internet, cloud computing, and online collaboration tools to access and share information.
C04	Creates digital instructional materials and visual, audio, animation, and video content.

C05 Acts in accordance with digital ethics, information security, and personal data protection principles when using information technologies.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	1	14
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	14	2	28
Projects	0	%0	Searching in Internet and Library	4	2	8
Practice	0	%0	Material Design and Implementation	4	2	8
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	3	2	6
Total		%100	Midterm Exam and Preperation for Midterm Exam	5	2	10

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	3	3	4	3	3	5	3	4	4	3	4	3	4	3	3	3	5	5
C01	4	4	3	4	4	4	4	4	3	4	4	4	3	4	3	4	3	4	3	4
C02	3	5	4	4	4	4	3	4	4	4	4	3	4	3	4	4	4	4	4	5
C03	4	4	4	5	5	3	4	3	3	5	4	4	5	4	5	3	4	4	4	5
C04	4	3	4	4	4	4	4	4	4	4	4	5	4	4	4	4	3	3	4	4
C05	3	4	4	5	4	3	3	4	4	3	3	4	3	4	4	3	4	4	3	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	5	2	10
	Total Work Load			84
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
1	SBÖ 113	DRAMA	2	2	2
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : To enable the student to recognize creative drama, to develop a positive attitude towards it and to use creative drama as a method in any course content at primary school level. Teaching Methods and Techniques : Definition and meaning of the term drama, comparing different types of drama, history of educational drama, structure and application stages of educational drama, classification of educational drama according to age groups and application areas, Prerequisites and co-requisites : educational drama environment and teacher qualifications, special techniques in educational drama, evaluation of educational drama, educational drama. drama examples and the development of new examples. Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 113	DRAMA	Prof. Dr. Ebru ÇETİN			
Recommended or Required Reading					
Resources	:	1. Önder, Alev (2006). İlköğretimde Yaratıcı Drama. İstanbul: Morpa Yayınları. 2. Üstüdüğ, Tülay (2002).Yaratıcı D			
	:	-			
	:				
	:				
	:				
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	The aims, scope, and basic principles of drama are discussed, and introductory name games are practise				
2	Warm-up activities aimed at improving group communication, trust, cooperation, and imagination are pr				
3	The concepts of drama, creative drama, dramatization, dramatic play, and theatre are examined.				
4	The warm-up and preparation, enactment, and evaluation stages of the drama process are discussed.				
5	The aims, benefits, and functions of drama in the teaching and learning process are examined.				
6	The use of drama methods in physical education and sports teaching is explored through practical activit				
7	Activities are carried out to relate drama practices to different disciplines and teaching fields.				
8	Basic drama techniques such as role-playing, improvisation, frozen image, and conscience alley are pract				
9	The preparation and use of role cards in different educational situations are discussed.				
10	Forum theatre is practised through the enactment of social and educational problems.				
11	The use of masks, costumes, props, and various materials in drama activities is examined.				
12	The relationships between drama and music, dance, visual arts, literature, and other art forms are discu				
13	Individual and group enactments based on improvisation techniques are performed.				
14	Original drama activities are designed and implemented using stories, poems, tales, and other literary ge				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the concepts of drama, creative drama, dramatization, dramatic play, and theatre.				
C02	Applies the preparation, enactment, and evaluation stages of the drama process.				
C03	Uses basic drama techniques such as role-playing, improvisation, frozen image, forum theatre, and role cards.				
C04	Plans and implements drama activities by relating them to the aims of physical education and sports teaching.				
C05	Designs and evaluates original drama activities appropriate to different age groups and learning outcomes.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

9[illegible]

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	9	1	9
	Total Work Load			60
	ECTS Credit of the Course			2

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester		Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
1		SBÖ 103	INTRODUCTION TO EDUCATIONAL SCIENCE	2	2	3
Mode of Delivery		:	Face to Face			
Language of Instruction		:	Turkish			
Level of Course Unit		:	Bachelor's Degree			
Work Placement(s)		:	No			
Department / Program		:	Physical Education and Sports Teaching			
Type of Course Unit		:	Required			
Objectives of the Course		:	This course aims to enable students to gain a comprehensive understanding of the concept of education, to grasp the			
Teaching Methods and Techniques		:	fundamentals of the teaching profession, and to develop a basic knowledge of and perspective on the Turkish education system.			
Prerequisites and co-requisites		:	This course aims to enable trainee teachers to grasp the fundamental concepts of education, its historical development, and its			
Course Coordinator		:	philosophical, social, psychological, economic, political and legal foundations; to cultivate individuals who can evaluate the			
Name of Lecturers		:	education system from a holistic perspective and are aware of the roles and responsibilities of the teaching profession; and to			
Assistants		:	foster an awareness of professional development by familiarising them with contemporary educational approaches.			
SBÖ 103		INTRODUCTION TO EDUCATIONAL SCIENCE				
		Associate Prof.Dr. Didem Gülçin KAYA				
Recommended or Required Reading						
Resources		:	Özden, Y. (2025). An Introduction to education. Ankara: Nobel Academic Publishing.,Şişman, M. (2011). An Introduction to education.			
		:				
		:				
		:				
Course Category						
Mathmatics and Basic Sciences		:	Education	:	100	
Engineering		:	Science	:		
Engineering Design		:	Health	:		
Social Sciences		:	Field	:		
Weekly Detailed Course Contents						
Week	Topics			Study Materials	Materials	
1	Basic concepts in education					
2	The historical foundations of education					
3	The philosophical foundations of education					
4	The social foundations of education					
5	The psychological foundations of education					
6	The economic foundations of education					
7	The political foundations of education					
8	Mid-term exam					
9	Legal foundations of education					
10	Scientific foundations of education					
11	Management in education, classroom management					
12	The role of the teacher in the education system					
13	Characteristics of the teaching profession					
14	New approaches and practices in the field of education					
Course Learning Outcomes						
No	Learning Outcomes					
C01	Explains the fundamental concepts, objectives, and functions of education.					
C02	Analyzes the differences between education and teaching.					
C03	Assesses the effects of education on individuals and society.					
C04	Explains the relationship between the science of education and other academic disciplines.					
C05	Describes the structure, functioning, and legal foundations of the Turkish education system.					

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	4	2	8
Practice	0	%0	Material Design and Implementation	4	2	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	2	2
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	3	1	1	4	3	2	2	1	1	3	4	2	5	3	2	3	4	4
C01	3	3	3	3	3	3	4	4	4	4	3	3	3	3	4	4	4	3	3	3
C02	4	4	4	4	3	3	3	4	4	4	5	5	5	5	3	4	4	4	5	4
C03	5	5	5	4	4	4	4	3	3	5	5	5	3	3	5	4	4	3	5	5
C04	4	4	4	5	5	5	4	4	4	5	5	5	4	4	4	5	4	4	4	5
C05	4	4	5	5	5	4	4	4	5	3	3	5	4	5	5	4	3	4	5	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	5	5
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
1	SBÖ 107	GENERAL GYMNASTICS	1	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of this course is to enable students to learn the basic concepts, body positions, movements, and practice principles of general gymnastics and to perform fundamental gymnastics skills with proper technique and in accordance with safety rules. Teaching Methods and Techniques : The course covers the definition, historical development, aims, and basic characteristics of general gymnastics; fundamental body positions, sitting positions, and formations; walking, running, jumping, hopping, balancing, rolling, and support movements; free exercises, partner and group activities; exercises for developing rhythm, coordination, flexibility, strength, and balance; gymnastics practices with and without apparatus; basic movement combinations, routine development, and safety rules. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 107		GENERAL GYMNASTICS			
		Prof. Dr. Gülfem Sezen Balçıklanlı			
Recommended or Required Reading					
Resources		: Sezen, M. ve Hazar, M. (2008). Genel Cimnastik. Ankara: Ünal Ofset. : Nalbant, Ö. ve Temürçi, İ. (2023). Çocuklarda Cimnastik Eğitimi. Ankara: Ünal Ofset. : : :			
Course Category					
Mathmatics and Basic Sciences		:	Education	:	100
Engineering		:	Science	:	
Engineering Design		:	Health	:	
Social Sciences		:	Field	:	100
Weekly Detailed Course Contents					
Week	Topics		Study Materials	Materials	
1	The definition, historical development, aims, basic characteristics, and safety rules of general gymnastics				
2	Fundamental standing, sitting, lying, and body positions in gymnastics are practised.				
3	Formations, alignments, turns, and group organization activities are practised.				
4	Walking, running, hopping, jumping, and locomotor movements in different directions are practised.				
5	Basic gymnastics exercises for developing flexibility and range of motion are practised.				
6	General gymnastics exercises aimed at developing strength, endurance, and core control are performed.				
7	Individual exercises aimed at developing static and dynamic balance skills are practised.				
8	Preparatory exercises for forward, backward, and sideways rolls and basic rolling techniques are practise				
9	Basic support, hanging, climbing, and body-weight transfer movements are practised.				
10	Gymnastics exercises aimed at developing rhythm, coordination, and movement harmony are practised.				
11	Partner gymnastics movements, cooperation, safety, and basic assistance techniques are practised.				
12	Basic gymnastics activities are performed using balls, hoops, ropes, sticks, and similar apparatus.				
13	Individual and group gymnastics routines are developed by combining the fundamental movements lear				
14	The prepared gymnastics routines are performed and evaluated according to rhythm, technique, coordin				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the basic concepts, aims, and safety rules of general gymnastics.				
C02	Performs basic body positions, formations, locomotor movements, jumps, rolls, and balance skills with proper technique.				
C03	Performs gymnastics exercises aimed at developing flexibility, strength, coordination, rhythm, and core control.				
C04	Performs gymnastics activities with apparatus, without apparatus, and with partners in accordance with safety and cooperation principles.				
C05	Creates, performs, and evaluates an individual or group gymnastics routine by combining the fundamental movements learned.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	14	1	14
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	5	5	25
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	5	5	5	5	4	5	5	4	5	4	5	4	5	5	4	5	5	5	5
C01	4	4	4	4	5	4	5	5	5	4	4	4	4	5	5	4	4	4	5	5
C02	4	4	4	5	5	5	5	4	4	4	4	5	5	5	5	5	4	4	4	5
C03	5	5	5	4	4	4	4	5	3	3	5	5	5	4	4	3	3	4	4	4
C04	3	3	3	4	4	4	4	5	5	3	3	3	4	5	4	4	4	4	4	4
C05	4	3	4	5	5	4	4	4	3	3	3	4	4	5	5	5	4	4	4	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			81
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
1	SBÖ 105	HUMAN ANATOMY AND KINESIOLOGY	3	4	4
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of the course; Teaching human anatomy, muscular and movement system activities, giving special and detailed information in this field and teaching access methods. Teaching Methods and Techniques : methods. Prerequisites and co-requisites : Introduction to Anatomy and Kinesiology, Physical structure and classification Introduction to the human body, Systems, Tissues, Tissue, Cartilage Tissue, Bone Tissue), Muscle Tissue, Nerve Tissue, Joints (Head, Shoulder Circle, Shoulder, Elbow, Wrist and hand, Joints connected to the spine, Hip pelvis and Hip joint, Knee joint, Ankle and Foot Joint and kinesiology), Human performance analysis, Course Coordinator : Kinesiology and Posture Name of Lecturers : Course Objective, Human Anatomy, muscle and movement system activities, special and giving detailed information and teaching access methods. Assistants : Prof. Dr. Latif AYDOS					
SBÖ 105	HUMAN ANATOMY AND KINESIOLOGY				
Recommended or Required Reading					
Resources : Thompson, C. W. & Floyd, R. T. Manual of Structural Kinesiology, 15th ed. WCB/McGraw-Hill, 2004., Philip J. Rusch, Roger K. Burke, : : :					
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	Introduction To Anatomy And Kinesiology				
2	Terminology in anatomy and kinesiology (axes planes)				
3	Physical Structure And Classification				
4	Introduction To The Human Body And Systems				
5	Tissues				
6	Support Tissue (Connective Tissue, Fat Tissue, Cartilage Tissue, Bone Tissue)				
7	Muscle Tissue (heart and smooth muscles)				
8	Muscle Tissue (skeleton)				
9	Joints and Joint Kinesiology (basic movements, Muscles, training status)				
10	Top side inserts (Shoulder Circle, Shoulder, Elbow, Wrist and hand,)				
11	Spinal Joints, Lower joint joints (Hip pelvis and Hip joint, Knee joint, Ankle and Foot Joint)				
12	Nervous Tissue (Brain, spinal cord, peripheral nerves)				
13	Human Performance Analysis				
14	Kinesiology And Posture				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the basic anatomical structures of the human body, anatomical directions, planes, and axes.				
C02	Identifies the structures and basic functions of the skeletal, joint, and muscular systems.				
C03	Relates basic joint movements to the muscle groups involved in these movements.				

C04	Analyzes human movement according to the principles of force, balance, levers, and movement mechanics.
C05	Uses knowledge of anatomy and kinesiology in the assessment of physical education, exercise, and sports movements.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	5	2	10
Projects	0	%0	Searching in Internet and Library	5	2	10
Practice	0	%0	Material Design and Implementation	5	2	10
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	3	2	6
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	2	14

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	3	4	5	4	4	4	2	4	3	3	4	5	5	3	3	3	4	3	4
C01	3	3	3	4	4	4	3	3	3	4	4	4	3	3	3	4	4	4	3	3
C02	3	4	4	3	3	3	4	4	4	5	5	5	4	4	4	3	3	3	4	4
C03	4	4	4	4	4	3	3	3	3	4	4	4	3	3	3	3	4	4	5	5
C04	5	5	4	4	4	4	3	3	3	3	4	4	4	4	3	3	3	4	4	4
C05	4	5	5	5	5	5	4	4	4	5	5	5	5	5	4	4	4	4	5	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	2	14
	Total Work Load			92
	ECTS Credit of the Course			4

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
1	TD 103	TURKISH LANGUAGE-I	2	2	2
Mode of Delivery		: Face to Face			
Language of Instruction		: Turkish			
Level of Course Unit		: Bachelor's Degree			
Work Placement(s)		: No			
Department / Program		: Physical Education and Sports Teaching			
Type of Course Unit		: Required			
Objectives of the Course		: The aim of this course is to enable students to understand the characteristics of language and its importance in social life,			
Teaching Methods and Techniques		: become familiar with the historical development and structural features of Turkish, and use Turkish accurately and effectively in			
Prerequisites and co-requisities		: accordance with spelling and punctuation rules. The course also aims to improve students? vocabulary and develop their			
Course Coordinator		: awareness of the significance of their native language.			
Name of Lecturers		: The course covers basic concepts related to language and communication; the characteristics and functions of language and its			
Assistants		: relationship with culture; world languages and the place of Turkish among them; the historical development, periods, and current			
TD 103	TURKISH LANGUAGE-I	issues of Turkish; the phonetic characteristics and sound changes of Turkish; spelling and punctuation rules; word structure, roots, affixes; parts of speech, semantic relationships, and activities aimed at improving vocabulary.			
		Instructor Dr. Sevda Özden Tanış			
Recommended or Required Reading					
Resources		: Aksan, Doğan, Her Yönüyle Dil/Ana Çizgileriyle Dilbilim , c.1,2,3, Türk Dil Kurumu., 1979-1982.,Aksoy, Ömer Asım, Atasözleri Sözlüğü			
		:			
		:			
		:			
		:			
Course Category					
Mathmatics and Basic Sciences		:	Education	:	100
Engineering		:	Science	:	
Engineering Design		:	Health	:	
Social Sciences		:	Field	:	
Weekly Detailed Course Contents					
Week	Topics		Study Materials	Materials	
1	The definition, basic characteristics, functions, and importance of language in human life are discussed.				
2	The relationships among language, thought, communication, society, and culture are examined.				
3	The classification of world languages and the place of Turkish among world languages are discussed.				
4	The historical development, major periods, and historical dialects of Turkish are examined.				
5	The development and current status of Turkish spoken in Türkiye and the problems facing the Turkish la				
6	The phonetic characteristics of Turkish, vowels, consonants, and vowel harmony are examined.				
7	Sound changes involving vowels and consonants are discussed through examples.				
8	Turkish spelling rules and commonly encountered spelling errors are examined.				
9	The functions and correct uses of punctuation marks are discussed.				
10	Word structure and the concepts of root, stem, derivational suffix, and inflectional suffix are examined.				
11	The structural characteristics of simple, derived, and compound words are discussed.				
12	Nouns, adjectives, pronouns, and adverbs, along with their functions and usage, are examined.				
13	Verbs, prepositions, conjunctions, and interjections and their functions in sentences are discussed.				
14	Word meaning, semantic relationships, idioms, proverbs, and the vocabulary of Turkish are examined.				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the basic characteristics and functions of language and the relationship among language, culture, and society.				
C02	Evaluates the place of Turkish among world languages, its historical development, and its major periods.				
C03	Analyzes the phonetic characteristics, sound harmony, and sound changes of Turkish through examples.				
C04	Applies spelling and punctuation rules accurately in oral and written expression.				

C05 Identifies the structural, grammatical, and semantic characteristics of words and uses Turkish vocabulary effectively.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%40	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	10	1	10
Projects	0	%0	Searching in Internet and Library	5	1	5
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%60	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	3	1	3

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	5	5	5	4	4	4	3	4	5	4	4	4	4	3	3	3	4	4	4
C01	4	4	4	5	5	5	4	4	4	5	5	5	4	4	4	4	3	3	3	4
C02	4	4	4	3	3	3		4	4	4	4	4	3	3	3	3	4	4	4	4
C03	3	3	3	4	4	4	5	5	5	5	4	4	4	4	5	5	5	5	4	4
C04	4	4	5	5	5	5	4	4	4	4	3	3	3	3	4	4	4	4	3	3
C05	3	4	4	4	4	4	4	3	3	3	3	4	4	4	4	5	5	5	5	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	4	1	4
	Total Work Load			50
	ECTS Credit of the Course			2

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester		Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
1	YAD 103		FOREIGN LANGUAGE-I (ENGLISH)	2	2	2
Mode of Delivery		:	Face to Face			
Language of Instruction		:	English			
Level of Course Unit		:	Bachelor's Degree			
Work Placement(s)		:	No			
Department / Program		:	Physical Education and Sports Teaching			
Type of Course Unit		:	Required			
Objectives of the Course		:	The aim of this course is to enable students to learn basic English grammar structures and everyday vocabulary, understand			
Teaching Methods and Techniques		:	simple spoken and written expressions, and express themselves accurately, clearly, and appropriately at a basic level. The course			
Prerequisites and co-requisities		:	also aims to develop students' reading, listening, speaking, and writing skills.			
Course Coordinator		:	The course covers the English alphabet and pronunciation features; personal pronouns; the verb "to be"; possessive adjectives;			
Name of Lecturers		:	articles; singular and plural nouns; demonstratives; numbers, time, days, months, and dates; the structures "there is/there are," " "			
Assistants		:	have/has got," and "can/can't"; the simple present tense; adverbs of frequency; prepositions of place and time; and basic			
YAD 103	FOREIGN LANGUAGE-I (ENGLISH)	:	question forms. It also includes vocabulary and reading, listening, speaking, and writing activities related to self-introduction,			
		:	family, (English), occupations, school, leisure activities, and the environment.			
		:	Instructor Dr. Ali Bahadır Oğuz			
Recommended or Required Reading						
Resources		:	Soars, L., Soars, J. ve Hancock, P. Headway Beginner Student's Book. Oxford University Press. Murphy, R. Essential Grammar in Use			
		:				
		:				
		:				
Course Category						
Mathematics and Basic Sciences		:	Education	:	100	
Engineering		:	Science	:		
Engineering Design		:	Health	:		
Social Sciences		:	Field	:	100	
Weekly Detailed Course Contents						
Week	Topics			Study Materials	Materials	
1	Introducing yourself " countries, jobs, capital letters					
2	Giving simple requests, defining objects,					
3	Talking about professions and routines					
4	Talking about the frequency of daily routines, expressing possessions					
5	Talking about the frequency of daily routines, expressing possessions					
6	Expressing holiday activities/General Revision					
7	Talking about free time activities					
8	MID-TERM - Talking abilities					
9	Receiving and leaving messages, telephone messages, expressing numbers					
10	Talking about numbers and prices/ordering meals					
11	Talking about foods and life styles, expressing quantities,					
12	Talking about shopping and foods					
13	General Revision					
14	FINAL EXAM / Student presentations					
Course Learning Outcomes						
No	Learning Outcomes					
C01	Students can understand and use familiar everyday expressions and very basic phrases aimed at the satisfaction of needs of a concrete type;					
C02	They can introduce him/herself and others and can ask and answer questions about personal details such as where he/she lives, people he/she knows and things he/she has;					
C03	They can interact in a simple way provided the other person talks slowly and clearly and is prepared to help.					
C04	Understands short and simple spoken and written texts related to everyday life.					

C05 Uses basic spoken and written expressions about oneself, family, daily routines, interests, and immediate surroundings.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%30	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	1	8
Projects	1	%10	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	3	%20	Report Preparing	0	0	0
Final examination	1	%40	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	6	1	6

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
C01	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
C02	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
C03	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
C04	4	4	4	5	5	5	4	4	4	4	5	5	5	5	4	4	4	4	5	5
C05	5	5	4	4	4	4	3	3	3	4	4	4	3	3	3	3	4	4	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	2	14
	Total Work Load			56
	ECTS Credit of the Course			2

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
1	SBÖ 111	SWIMMING BASIC TRAINING	3	0	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim is to enable students to adapt to the water, acquire basic swimming skills, learn freestyle and backstroke techniques, move safely in the water, and gain basic life-safety information related to swimming. Teaching Methods and Techniques : This course covers: adaptation to water, basic breath control, opening the eyes underwater, staying afloat and moving forward, Prerequisites and co-requisites : foot speed at freestyle pace, arm pull and breath coordination, basic backstroke routines, turns on the course, safety rules in the Course Coordinator : water, life-saving techniques, and basic first aid practices. Name of Lecturers : Assistants :					
BASIC TRAINING					
Associate Prof.Dr. Kadir Keskin					
Recommended or Required Reading					
Resources : Dölek E.B., Yüzme Temel Eğitimi, Gazi Yayınevi, Ankara. : - : : :					
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	Basic Swimming Training Stages (Getting used to the water, breathing, opening the eyes)				
2	Basic Swimming Training Stages (Getting used to the water, breathing, opening the eyes)				
3	Basic Swimming Training Stages (Staying afloat, moving on the water)				
4	Basic Swimming Training Stages (Staying afloat, moving on the water)				
5	Teaching and practicing freestyle leg kick technique				
6	Learning and practicing freestyle breathing and leg techniques together				
7	Teaching and practicing freestyle arm technique				
8	Teaching and practicing freestyle arm, breath, and leg techniques				
9	Midterm Exam				
10	Teaching and practicing backstroke leg technique				
11	Teaching and practicing backstroke arm technique				
12	Life-saving techniques in swimming, first aid learning and practice				
13	Life-saving techniques in swimming, first aid learning and practice				
14	Final Exam				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Performs basic swimming skills such as adaptation to water, breath control, floating, and moving through the water.				
C02	Performs basic freestyle and backstroke swimming techniques correctly.				
C03	Coordinates basic arm and leg movements with breathing techniques in swimming.				
C04	Performs turns, water entries, lifesaving skills, and basic first aid practices in accordance with safety rules.				
C05	Moves safely, controllably, and independently in the water by improving coordination in different swimming activities.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	3	1	3
Projects	0	%0	Searching in Internet and Library	3	1	3
Practice	0	%0	Material Design and Implementation	3	1	3
Mid-Term	0	%0	Report Preparing	3	1	3
Final examination	1	%50	Preparing a Presentation	3	1	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	3	1	3

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	5	4	5	3	5	4	3	5	5	3	4	5	5	4	3	5	3	4	5
C01	4	4	4	5	5	5	4	4	4	5	5	5	5	3	3	3	3	4	4	3
C02	3	3	3	4	4	4	3	3	3	4	4	4	4	5	5	5	5	4	4	3
C03	3	3	3	4	4	4	5	5	5	4	4	4	3	3	3	4	4	4	5	5
C04	5	4	4	4	4	5	5	5	4	4	5	5	5	4	4	4	4	5	5	5
C05	4	4	4	5	5	5	3	3	3	3	4	4	5	5	5	4	4	3	3	3



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
2	SBÖ 102	ARTISTIC GYMNASTICS AND FUNDAMENTAL EDUCATION	3	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : Gaining basic knowledge and skills about Artistic Gymnastics Teaching Methods and Techniques : Definition, the history of Artistic Gymnastics and the introduction of Artistic Gymnastics equipment and basic gymnastic movement Prerequisites and co-requisites : practices Course Coordinator : Name of Lecturers : Assistants : ARTISTIC GYMNASTICS AND FUNDAMENTAL EDUCATION Undefined Yalçın GURBUZ					
Recommended or Required Reading					
Resources : Uluslar arası Cimnastik Federasyonu (FIG) Değerlendirme Kuralları : : : : :					
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	General information about artistic gymnastics and introduction to the apparatus.				
2	Basic floor exercise skills for women and men.				
3	Basic acrobatic movements and combinations on floor exercise for women and men.				
4	Basic exercises on the pommel horse for men and the uneven bars for women.				
5	Basic exercises on the still rings for men and the uneven bars for women.				
6	Basic approach, take-off and support exercises on the vault for women and men.				
7	Basic vaulting techniques for women and men.				
8	General review and assessment of the skills learned.				
9	Basic exercises on the parallel bars for men and the balance beam for women.				
10	Skill combinations and routine practices on the parallel bars for men and the balance beam for women.				
11	Basic exercises on the horizontal bar for men and floor routine choreography for women.				
12	Repetition of previously learned skills and basic routine practices.				
13	Technical repetition of apparatus-specific skills and routine practices.				
14	Comprehensive repetition and assessment of the skills and routines learned throughout the semester.				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the theoretical principles of basic technical skills in artistic gymnastics and performs these skills with proper technique.				
C02	Plans and implements the teaching stages of basic technical skills in artistic gymnastics.				
C03	Explains the apparatus used in women's and men's artistic gymnastics, their basic characteristics, and standard dimensions.				
C04	Lists the Olympic competition order of the apparatus in women's and men's artistic gymnastics correctly.				
C05	Applies the basic evaluation and scoring rules of artistic gymnastics at the assistant judge level.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	3	1	3
Projects	0	%0	Searching in Internet and Library	3	1	3
Practice	0	%0	Material Design and Implementation	3	1	3
Mid-Term	0	%0	Report Preparing	3	1	3
Final examination	1	%50	Preparing a Presentation	3	1	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	3	1	3

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	4	5	4	4	5	5	3	4	3	4	3	5	4	5	3	5	3	3	4
C01	5	5	5	4	4	4	3	3	3	4	4	4	5	5	5	4	4	4	3	3
C02	3	4	4	4	5	5	5	4	4	4	3	3	3	4	4	4	5	5	5	4
C03	4	4	3	3	3	4	4	3	3	2	3	3	3	4	4	4	4	3	3	3
C04	4	4	4	3	3	3	4	4	4	5	5	5	4	4	4	3	3	3	3	4
C05	4	4	5	5	5	4	4	3	3	3	3	3	4	4	4	4	3	3	4	4



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
2	TAR 104	ATATURK'S PRINCIPLES AND HISTORY OF REVOLUTION II	2	2	2
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : he aim of this course is to enable students to evaluate the political, legal, social, economic, and cultural reforms implemented after the establishment of the Republic of Türkiye in terms of their causes and consequences. The course also aims to help students understand the significance of Atatürk's principles and reforms, interpret the major developments in Turkish foreign policy during the Republican era, learn about the democratization process and the transition to a multi-party political system, and adopt the ideals of national unity and solidarity, independence, the indivisible integrity of the country, and raising the Republic of Türkiye above the level of contemporary civilization. Teaching Methods and Techniques : Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
TAR 104	ATATURK'S PRINCIPLES AND HISTORY OF REVOLUTION II	The course covers the political, legal, educational, cultural, social, and economic reforms implemented after the establishment of the Republic of Türkiye; Atatürk's principles; Turkish foreign policy during the Republican era; domestic and international developments in Türkiye during and after the Second World War. Instructor Dr. Teoman GÜL			

Recommended or Required Reading	
Resources	: Turan, R. ve diğerleri; Atatürk İlkeleri ve İnkılâp Tarihi, Ankara 1999. Eroğlu, H.; Türk İnkılap Tarihi, İstanbul 1982. : : :

Course Category	
Mathematics and Basic Sciences	:
Engineering	:
Engineering Design	:
Social Sciences	: 100
Education	:
Science	:
Health	:
Field	:

Weekly Detailed Course Contents		
Week	Topics	Study Materials
1	The Subject, History, Importance and Objectives of the Course on Atatürk's Principles and History of Türkiye	
2	Internal and External Causes of the Collapse of the Ottoman Empire	
3	Modernization Movements in the Ottoman Empire	
4	The Social, Political and Economic Situation of the Ottoman Empire at the Beginning of the Twentieth Century	
5	Developments in the World Before the First World War, the Ottoman Empire's Search for Alliances, Its European Policy	
6	Secret Agreements Made by the Allied Powers During the First World War and Plans for the Partition of the Ottoman Empire	
7	Midterm Examination Week	
8	The Armistice of Mudros and Its Implementation; the Occupation of Anatolia by the Allied Powers and the Turkish National Struggle	
9	Societies Supporting and Opposing the Turkish National Struggle	
10	The Preparatory Period of the Turkish National Struggle; Mustafa Kemal Pasha's Activities in İstanbul and the Erzurum Congress	
11	The Erzurum Congress, the Sivas Congress, and the Balıkesir and Alaşehir Congresses	
12	The Amasya Protocol, the Arrival of the Representative Committee in Ankara, Developments in İstanbul, and the Ankara Congress	
13	The Establishment of the Government of the Grand National Assembly of Türkiye and Political, Social and Economic Reforms	
14	Final Examination Week	

Course Learning Outcomes	
No	Learning Outcomes
C01	Analyzes the political, legal, social, economic, and cultural reforms implemented during the Republican era within a cause-and-effect framework.
C02	Explains Atatürk's principles and reforms within the context of the founding philosophy and modernization goals of the Republic of Türkiye.
C03	Evaluates the major developments in Turkish foreign policy during the Republican era, the democratization process, and the transition to a multi-party political system.

C04	Relates historical events to current developments and develops evidence-based interpretations by critically evaluating different sources and perspectives.
C05	Evaluates the views and contributions of prominent thinkers and educators who shaped Turkish educational history.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	1	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	2	14

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	3	2	3	2	2	2	2	2	2	2	2	3	2	2	2	2	2	2
C01	3	3	3	2	2	2	3	3	3	2	2	2	3	3	3	2	2	2	3	3
C02	3	2	2	2	3	3	3	3	3	2	2	2	3	3	3	3	3	2	2	2
C03	2	2	3	3	3	3	2	2	2	2	3	3	3	3	2	2	2	3	3	3
C04	3	3	3	2	2	2	2	2	2	3	3	3	3	3	3	2	2	2	2	3
C05	2	2	2	3	3	3	3	3	2	2	2	2	2	4	4	4	4	4	3	2



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
2	SBÖ 104	ATHLETICS BASIC TRAINING	3	2	3
Mode of Delivery		: Face to Face			
Language of Instruction		: Turkish			
Level of Course Unit		: Bachelor's Degree			
Work Placement(s)		: No			
Department / Program		: Physical Education and Sports Teaching			
Type of Course Unit		: Required			
Objectives of the Course		: To teach athletics according to all branches. Teaching throwing, jumping, running and walking.			
Teaching Methods and Techniques		: Definition, history, classification, sprint, middle and long distance running, relay running, shot put, discus throw, long jump, high jump, walks and rules.			
Prerequisites and co-requisites		:			
Course Coordinator		:			
Name of Lecturers		BASIC TRAINING			
Assistants		: Instructor Dr. Mazhar Tamer Sökmen			
Recommended or Required Reading					
Resources		: 1. DEMİR, M.; Atletizm Koşular, Atmalar, Atlamalar, Nobel yayıncılık, Ankara, 2005.			
		: -			
		:			
		:			
Course Category					
Mathmatics and Basic Sciences		:	Education	:	
Engineering		:	Science	:	
Engineering Design		:	Health	:	
Social Sciences		:	Field	:	100
Weekly Detailed Course Contents					
Week	Topics		Study Materials		Materials
1	Definition, history, and general characteristics of athletics				
2	Classification of running, throwing, and jumping events				
3	Basic characteristics and practices of IAAF Kids Athletics				
4	Basic techniques and running mechanics in sprint events				
5	Starting techniques and acceleration drills in sprint events				
6	Basic techniques and baton exchange practices in relay races				
7	Basic techniques and teaching stages of the long jump				
8	Long jump practices and technique development drills				
9	Basic techniques and teaching stages of the high jump				
10	High jump practices and technique development drills				
11	Basic techniques and teaching stages of the shot put				
12	Shot put practices and technique development drills				
13	Basic techniques and teaching stages of the discus throw				
14	Discus throw practices and general review activities for athletics events				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the basic concepts, historical development, and classification of athletics events.				
C02	Performs the basic techniques of sprint and relay races and teaches them in accordance with appropriate teaching stages.				
C03	Performs and teaches the basic techniques of the long jump and high jump.				
C04	Performs and teaches the basic techniques of the shot put and discus throw.				
C05	Applies basic competition rules, safety principles, and performance assessment criteria in athletics practices.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	3	1	3
Projects	0	%0	Searching in Internet and Library	3	1	3
Practice	0	%0	Material Design and Implementation	3	1	3
Mid-Term	0	%0	Report Preparing	3	1	3
Final examination	1	%50	Preparing a Presentation	3	1	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	3	1	3

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	4	4	5	2	2	4	3	5	3	5	4	3	3	4	4	5	4	5	4
C01	2	3	3	3	4	4	4	4	3	3	3	3	4	4	3	3	3	3	3	4
C02	4	4	4	4	3	3	4	2	2	2	2	2	3	3	3	3	3	2	2	2
C03	2	3	3	4	4	4	3	3	2	2	3	3	3	4	5	5	3	3	3	2
C04	2	3	3	3	4	4	4	5	5	4	2	4	3	3	3	4	4	4	4	4
C05	3	3	3	3	3	4	4	4	5	5	4	3	3	3		3	3	4	4	4



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
2	SBÖ 112	EDUCATION PSYCHOLOGY	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : Explaining the relationship between education and psychology, the definition and functions of educational psychology, basic concepts of learning and development, developmental characteristics (physical, cognitive, emotional, social and moral development), factors affecting learning, learning theories, reflections of learning theories on teaching processes, effective learning and knowing the factors affecting learning. Teaching Methods and Techniques : concepts of learning and development, developmental characteristics (physical, cognitive, emotional, social and moral development), factors affecting learning, learning theories, reflections of learning theories on teaching processes, effective learning and knowing the factors affecting learning. Prerequisites and co-requisites : development), factors affecting learning, learning theories, reflections of learning theories on teaching processes, effective learning and knowing the factors affecting learning. Course Coordinator : learning and knowing the factors affecting learning. Name of Lecturers : Basic concepts of psychology and educational psychology; research methods in educational psychology; development theories, areas of development and development processes; individual differences in development; basic concepts of learning; factors affecting learning; learning theories within the framework of education-learning processes; motivation in the learning process. Assistants : affecting learning; learning theories within the framework of education-learning processes; motivation in the learning process.					
SBÖ 112	EDUCATION PSYCHOLOGY	Prof. Dr. Ayşe Dilek ÖĞRETİR ÖZÇELİK			

Recommended or Required Reading	
Resources	Başaran İbrahim Ethem (2005). Eğitim Psikolojisi, Nobel Yayınları, Ankara. - - -

Course Category	
Mathematics and Basic Sciences	Education
Engineering	Science
Engineering Design	Health
Social Sciences	Field
	100

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	The relationship between education and psychology, as well as the scope and basic functions of education		
2	The basic concepts and principles of development are discussed in relation to physical education and sports		
3	The basic characteristics of physical development and the changes observed across developmental stage		
4	The effects of physical development on the learning process and physical education practices are evaluated		
5	The basic characteristics of cognitive development and Piaget's theory of cognitive development are explained		
6	The effects of cognitive development on learning, thinking, and problem-solving processes are examined		
7	The basic concepts of personality development and the biological and environmental factors affecting personality		
8	The major theories of personality development and their implications for educational settings are evaluated		
9	The basic characteristics of moral development and Piaget's theory of moral development are explained.		
10	Kohlberg's theory of moral development and the importance of moral development in the educational process		
11	Classical conditioning and operant conditioning theories are explained through examples from education		
12	Observational learning and the role of social learning theory in the learning process are discussed.		
13	The basic concepts of information processing theory and its applications in the learning process are explained		
14	The basic characteristics of brain-based learning and constructivist learning approaches are compared		

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the relationship between education and psychology and the basic functions of educational psychology.
C02	Evaluates the relationship between developmental stages and theories and physical education and sports teaching.
C03	Identifies individual differences among students and explains their effects on the learning process.
C04	Explains the major learning theories and relates them to examples from educational settings.

C05 Plans instructional processes appropriate to learners? learning, motivation, and developmental characteristics.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	3	1	3
Projects	0	%0	Searching in Internet and Library	3	1	3
Practice	0	%0	Material Design and Implementation	3	1	3
Mid-Term	0	%0	Report Preparing	3	1	3
Final examination	1	%50	Preparing a Presentation	3	1	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	3	1	3

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	3	3	5	4	4	3	4	4	2	3	3	3	4	3	5	5	4	4	5
C01	4	4	4	4	4	3	3	3	3	4	3	3	3	3	4	4	4	3	3	3
C02	4	4	4	4	3	3	3	3	3	5	5	5	4	4	4	3	3	3	4	4
C03	4	3	3	3	3	2	2	2	2	3	3	4	4	5	5	5	4	4	3	3
C04	4	4	5	3	3	3	3	3	4	4	5	5	5	5	3	3	3	3	3	4
C05	4	4	4	3	3	3	3	3	4	4	4	5	5	5	5	4	4	4	5	5



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
2	SBÖ 114	HALK OYUNLARI	3	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : This course aims to enable students to understand the cultural, social, and educational dimensions of Turkish folk dances; to familiarise themselves with and perform dances from different regions; to develop their basic rhythmic, coordination, and aesthetic skills; and to acquire the knowledge and skills necessary to use folk dances effectively in educational settings. Teaching Methods and Techniques : Within the scope of this course, fundamental concepts of folk dances are supported by brief theoretical explanations, with emphasis on practical work. During the course, students practice basic postures, footwork techniques, rhythm exercises, and coordination-building exercises. The basic figures of folk dances from different regions of Turkey (such as halay, horon, and zeybek) are taught and performed in groups. Students perform the dances in harmony with the music, teach folk dances at a basic level, and create small-group choreographies. In the later weeks of the course, performance preparations are carried out, including staging, music, and costume use. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 114	HALK OYUNLARI	Associate Prof.Dr. Didem Gülçin KAYA			
Recommended or Required Reading					
Resources : Ekmekçioğlu, İ., Bekar, C. and Kaplan, M. (2001). Turkish Folk Dances. İstanbul: Esin Publications., Baykurt, Ş. (1996). The First Folk Dance in Turkey. İstanbul: Esin Publications.					
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	: 30	Field	: 70		
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	Introduction to folk dances, basic concepts, and basic postures				
2	Warm-up exercises and basic step techniques				
3	Main and sub-genres of folk dances				
4	Regional dance practice I (Horon)				
5	Regional dance practice II (Halay)				
6	Regional dance practice III (Zeybek)				
7	Regional dance practices IV (Kaşık)				
8	Mid-term exam				
9	Regional dance practices V (Bar)				
10	Regional dance practices VI (Karşılama)				
11	Regional dance revision and group work				
12	Folk dance revision and group work				
13	Staging (Choreography work)				
14	The use of folk dances in education				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the definition and basic characteristics of folk dances.				
C02	Interprets the cultural and social functions of folk dances.				
C03	Identifies the types and regional variations of folk dances in Turkey.				

C04	Develops body coordination and a sense of rhythm.
C05	Plans and implements folk dances in educational settings.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	1	14
Assignment	0	%0	Weekly Tutorial Hours	14	2	28
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	4	2	8
Practice	0	%0	Material Design and Implementation	2	2	4
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	2	2
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	5	4	2	2	5	3	4	4	3	2	4	1	3	4	4	3	4
C01		3	2	2	2	3	3	3	3	3	2	2	2	2	3	3	3	4	4	4
C02	3	3	3	3	4	4	4	4	3	3	3	3	3	4	4	4	4		5	5
C03	5	4	4	4	5	5	5	5	4	4	4	3	3	3	3	3	3	2	2	2
C04	3	3	3	4	4	4	4	3	3	3	4	4	4	4	5	5	4	4	4	4
C05	3	3	3	4	4	4	4	5	5	5	5	3	3	3	3	3	4	4	4	4



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
2	SBÖ 106	HANDBALL BASIC TRAINING	4	2	3
Mode of Delivery		: Face to Face			
Language of Instruction		: Turkish			
Level of Course Unit		: Bachelor's Degree			
Work Placement(s)		: No			
Department / Program		: Physical Education and Sports Teaching			
Type of Course Unit		: Required			
Objectives of the Course		: The aim of this course is to enable students to acquire fundamental technical and tactical skills in handball in accordance with			
Teaching Methods and Techniques		: scientific principles and to develop the ability to apply these skills in the teaching environment.			
Prerequisites and co-requisities		: The course objectives are for students to be able to correctly perform handball-specific technical applications, understand basic			
Course Coordinator		: offensive and defensive principles, improve their in-game decision-making skills, and plan and implement handball instruction as			
Name of Lecturers		: physical education teachers.			
Assistants		: This course covers the teaching of the basic technical and tactical skills and rules of handball. It aims for students to correctly			
SBÖ 106	HANDBALL BASIC TRAINING	: apply basic techniques such as passing, dribbling, shooting, and feinting; and to understand and apply offensive and defensive			
		: principles at individual, group, and team levels.			
		: In line with the goal of teacher training, the course addresses handball instruction suitable for different age groups, lesson			
		: planning, teaching methods and techniques, and assessment processes.			
		: In this course, where theoretical knowledge and practice are integrated, the aim is to improve both the performance and teaching			
		: competencies of the students.			
		: Prof. Dr. Ulviye BİLGİN			
Recommended or Required Reading					
Resources		: 2. Turkish Handball Federation (THF). Handball Training and Practice Handbook.,4. Bomp, T. O., & Haff, G. G. (2015). Training The			
		:			
		:			
		:			
		:			
		:			
Course Category					
Mathmatics and Basic Sciences		:	Education	:	5
Engineering		:	Science	:	
Engineering Design		:	Health	:	10
Social Sciences		: 5	Field	:	80
Weekly Detailed Course Contents					
Week	Topics		Study Materials		Materials
1	History of handball, its development, national and international importance, course objectives and outco				
2	Handball court dimensions, positions, basic game rules and referee signals.				
3	Basic stance, foot positions, movement types, warm-up and stretching exercises, and ball handling.				
4	Basic pass types (basic pass (with and without support), chest pass, ground pass, ankle pass, jump pass				
5	Dribbling techniques, feints, speed and control exercises, individual practice.				
6	Basic shot types (goal shots), aiming, strength and accuracy exercises, analysis.				
7	Changes in speed and direction, techniques for bypassing opponent defenses (deceptions), practical min				
8	Theoretical and practical exam: Evaluation of basic techniques and game rules				
9	Individual defense and attack techniques and tactics				
10	Group defense and attack techniques and tactics				
11	Team defense and attack techniques and tactics				
12	Goalkeeper techniques and tactics, fast break, established attack, positioning and game organization				
13	Lesson plan preparation, teaching methods, use of measurement and evaluation tools.				
14	Review of all learning outcomes, practical evaluation, individual and team performance analysis.				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Defines and explains the basic rules and concepts of handball.				
C02	Applies and demonstrates basic technical skills (Applies and demonstrates basic technical skills (ball control, passing, dribbling, shooting, feinting) correctly.passing, dribbling, shooting, feinting) cor				

C03	Analyzes and applies individual offensive and defensive behaviors.
C04	Applies and evaluates basic team tactics (defense and offense systems).
C05	Prepares term lesson plans and implementation plans for handball lessons.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	14	2	28
Practice	0	%0	Reading Tasks	8	1	8
Projects	0	%0	Searching in Internet and Library	4	2	8
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	1	2	2
Final examination	1	%50	Preparing a Presentation	1	4	4
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	1	1

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	5	4	2	3	3	3	5	4	3	4	3	4	2	4	1	2	4	4	5
C01	3	5	4	2	3	3	3	5	4	3	4	3	4	2	4	1	2	4	4	5
C02	3	5	4	2	3	3	3	5	4	3	4	3	4	2	4	1	2	4	4	5
C03	3	5	4	2	3	3	3	5	4	3	4	3	4	2	4	1	2	4	4	5
C04	3	5	4	2	3	3	3	5	4	3	4	3	4	2	4	1	2	4	4	5
C05	3	5	4	2	3	3	3	5	4	3	4	3	4	2	4	1	2	4	4	5

Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
2	SBÖ 110	MOTOR GELİŞİM	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of this course is to provide students with knowledge about the basic concepts of development, the principles, stages, and areas of motor development. It also aims to examine the stages of physical development related to motor development and the factors affecting physical development. In addition, the course introduces major development theories and motor development tests. By the end of the course, students are expected to understand motor development processes and gain the ability to evaluate motor development. Teaching Methods and Techniques : This course covers the basic concepts related to development, the principles of motor development, the stages (periods) of motor development, and the areas of motor development. It also examines the stages of physical development derived from motor development and the factors affecting physical development. In addition, the course introduces major development theories and motor development tests. The course aims to help students understand and evaluate motor and physical development processes. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 110	MOTOR GELİŞİM	Prof. Dr. Filiz Fatma ÇOLAKOĞLUAsist Prof. Dr. Kemal Arda KURT			

Recommended or Required Reading	
Resources	: Gökmen, H.; Karagül, T.; Aşçı, HF. (1993). Psikomotor Gelişim. T.C Başbakanlık Gençlik ve Spor Genel Müdürlüğü, Ankara. ,Gümüşd : : : : :

Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	: 20
Social Sciences	:	Field	: 80

Weekly Detailed Course Contents		
Week	Topics	Study Materials Materials
1	Basic Concepts Related To Development	
2	Principles Of Motor Development	
3	Periods (Stages) Of Motor Development	
4	Periods (Stages) Of Motor Development	
5	Areas Of Motor Development	
6	Physical Development Stages From The Stages Of Motor Development Levels	
7	Physical Development Stages From The Stages Of Motor Development Levels	
8	Physical Development Stages From The Stages Of Motor Development Levels	
9	Factors Affecting Physical Development	
10	Factors Affecting Physical Development	
11	Developmental Theories	
12	Developmental Theories	
13	Developmental Theories	
14	Motor Development Tests	

Course Learning Outcomes	
No	Learning Outcomes
C01	1. Explains the basic concepts related to development.
C02	2. Defines the principles of motor development.
C03	3. Explains the stages and characteristics of motor development.

C04	4. Distinguishes the areas of motor development.
C05	5. Explains the physical development processes related to the stages of motor development.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	3	1	3
Projects	0	%0	Searching in Internet and Library	3	1	3
Practice	0	%0	Material Design and Implementation	3	1	3
Mid-Term	0	%0	Report Preparing	3	1	3
Final examination	1	%50	Preparing a Presentation	3	1	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	3	1	3

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5
C01	3	5	4	3	1	3	3	4	2	2	4	3	4	3	2	2	2	5	4	3
C02	3	5	4	4	1	4	4	4	3	3	5	3	4	3	3	3	3	5	4	4
C03	3	4	5	3	1	4	4	4	3	3	4	3	4	2	3	3	3	5	4	4
C04	3	4	5	3	1	4	4	4	3	3	4	3	4	2	3	3	3	5	4	4
C05	3	5	5	4	1	4	4	4	3	3	4	3	4	2	3	3	3	5	4	4



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
2	SBÖ 116	HEALTH INFORMATION AND FIRST AID	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : An individual's quality of life and its effects on society, factors affecting our health, health, protection from infectious and deadly diseases, understanding specific information about athlete health and creating awareness of sports and health, Following developments in health, taking care of the body, Things to be considered in athlete's health. To be able to learn the ways of protection from diseases and accidents, and first aid rules and techniques. Teaching Methods and Techniques : diseases, understanding specific information about athlete health and creating awareness of sports and health, Following developments in health, taking care of the body, Things to be considered in athlete's health. To be able to learn the ways of protection from diseases and accidents, and first aid rules and techniques. Prerequisites and co-requisites : development of transmission. ways of recognizing and preventing communicable diseases. first aid basic rules and importance, first aid materials, methods of transporting the wounded, methods of protection from bleeding and injuries and poisoning. Course Coordinator : Personal and social importance of being healthy, factors affecting health. preventive health services, prevention of infections and Name of Lecturers : ways of transmission. ways of recognizing and preventing communicable diseases. first aid basic rules and importance, first aid Assistants : materials, methods of transporting the wounded, methods of protection from bleeding and injuries and poisoning.					
SBÖ 116	HEALTH INFORMATION AND FIRST AID	Asist Prof.Dr. Mustafa ALTUNSOY			

Recommended or Required Reading

Resources	: BAĞRIAÇIK A.,AÇAK M.,Spor Sakatlıkları ve Rehabilitasyon 2.Baskı Malatya, BEYAZOVA, U., Kavukluoğlu, Ö., Öğretmenler için Sağlık
	:
	:
	:

Course Category

Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents

Week	Topics	Study Materials	Materials
1	Basic concepts related to health, illness, preventive health services, and first aid are discussed.		
2	Personal hygiene, healthy nutrition, physical activity, sleep, and healthy lifestyle habits are examined.		
3	Communicable diseases, routes of transmission, and methods of disease prevention are discussed.		
4	The basic principles of first aid, scene safety, and the initial assessment of an ill or injured person are discussed.		
5	Assessment of consciousness and breathing and basic life support practices for adults are examined.		
6	Basic life support for children and infants and first aid procedures for airway obstruction are discussed.		
7	First aid procedures for bleeding, wounds, and shock are examined.		
8	First aid procedures for fractures, dislocations, and sprains are discussed.		
9	First aid procedures for burns, frostbite, heatstroke, and other environmental emergencies are examined.		
10	First aid procedures for poisoning, animal bites, insect stings, and allergic reactions are discussed.		
11	First aid procedures for fainting, seizures, altered consciousness, and sudden health problems are examined.		
12	First aid practices for injuries and health problems that may occur in sports settings are discussed.		
13	Techniques for moving an ill or injured person and the principles of safe transportation are examined.		
14	Measures for protecting athlete and spectator health and emergency procedures in physical education are discussed.		

Course Learning Outcomes

No	Learning Outcomes
C01	Explains the basic concepts related to health, illness, preventive health services, and first aid.
C02	Applies the principles of personal hygiene, healthy nutrition, physical activity, and safe living for the protection of health.
C03	Assesses the condition of an ill or injured person and performs basic first aid procedures correctly.
C04	Applies appropriate first aid procedures for bleeding, injuries, fractures, dislocations, sprains, burns, and sudden health problems.

C05 Evaluates measures and emergency procedures for protecting athlete and spectator health in physical education and sports settings.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	3	1	3
Projects	0	%0	Searching in Internet and Library	3	1	3
Practice	0	%0	Material Design and Implementation	3	1	3
Mid-Term	0	%0	Report Preparing	3	1	3
Final examination	1	%50	Preparing a Presentation	3	1	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	3	1	3

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	4	4	3	3	3	4	4	5	4	3	5	4	4	3	5	4	5	4
C01	3	3	3	3	4	4	4	4	3	3	3	3	4	4	4	4	3	3	3	3
C02	3	4	4	4	3	3	3	3	3	4	4	4	4	3	3	3	2	2	2	3
C03	3	3	3	3	2	3	2	2	3	3	3	4	4	4	4	4	3	3	4	4
C04	4	4	4	3	3	3	2	2	2	2	3	3	3	3	3	2	3	3	3	4
C05	4	4	4	4	4	4	3	3	3	3	4	4	4	3	3	3	3	4	4	4



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester		Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
2		TD 104	TURKISH LANGUAGE II	2	2	2
Mode of Delivery		:	Face to Face			
Language of Instruction		:	Turkish			
Level of Course Unit		:	Bachelor's Degree			
Work Placement(s)		:	No			
Department / Program		:	Physical Education and Sports Teaching			
Type of Course Unit		:	Required			
Objectives of the Course		:	The aim of this course is to enable students to use Turkish accurately, effectively, and appropriately in oral and written			
Teaching Methods and Techniques		:	communication; to develop their skills in identifying and correcting expression errors, expressing their ideas in a planned and			
Prerequisites and co-requisites		:	coherent manner, and producing academic and professional texts.			
Course Coordinator		:	The course covers sentence and paragraph structure, modes of expression and methods of developing ideas, expression errors,			
Name of Lecturers		:	types of written and oral communication, preparation of academic texts, petitions, résumés and official correspondence, research			
Assistants		:	and report writing, presentation skills, and effective speaking techniques.			
TD 104		TURKISH LANGUAGE II				
		Instructor Dr. Sevda Özden Tanış				
Recommended or Required Reading						
Resources		:	Korkmaz, Zeynep vd. (2003). Türk Dili ve Kompozisyon Bilgileri (6. Baskı). Ankara: Yargı Yayınevi. Ergin, Muharrem (2007). Üniversite Türkçesi. Ankara: Yargı Yayınevi.			
		:				
		:				
		:				
Course Category						
Mathmatics and Basic Sciences		:	Education	:		
Engineering		:	Science	:		
Engineering Design		:	Health	:		
Social Sciences		:	Field	:	100	
Weekly Detailed Course Contents						
Week	Topics			Study Materials	Materials	
1	Sentence structure, sentence elements, and sentence types are discussed.					
2	Paragraph structure, the main idea, and supporting ideas are examined.					
3	Paragraph development, unity, coherence, and cohesion are discussed.					
4	Modes of expression and methods of developing ideas are examined through examples.					
5	Expression errors at the word and sentence levels are discussed.					
6	Activities are carried out to identify and correct expression errors.					
7	The basic principles of written expression and the planned writing process are discussed.					
8	Written genres such as essays, articles, reviews, columns, and conversational writings are examined.					
9	The preparation of petitions, minutes, reports, and official correspondence is discussed.					
10	The basic characteristics of résumés, letters of intent, and professional correspondence are examined.					
11	The structure of academic texts, the use of sources, and the principles of citation are discussed.					
12	The research and report writing process and methods of preparing a bibliography are examined.					
13	Types of oral expression, effective speaking, and presentation techniques are discussed.					
14	Prepared and impromptu speaking activities are conducted, and oral and written communication skills are					
Course Learning Outcomes						
No	Learning Outcomes					
C01	Uses Turkish accurately, effectively, and in accordance with language rules in oral and written communication.					
C02	Evaluates sentences and paragraphs in terms of structure, meaning, unity, and coherence.					
C03	Identifies expression errors and makes appropriate corrections.					
C04	Prepares academic, official, and professional texts in accordance with their formal and content-related characteristics.					
C05	Expresses ideas clearly, coherently, and effectively in prepared and impromptu speeches.					

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
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P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	6	1	6
Projects	0	%0	Searching in Internet and Library	2	1	2
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	7	1	7
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	3	3

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	3	2	2	5	2	3	2	2	2	1	2	2	2	3	3	2	3	2	3
C01	3	3	3	3	2	2	2	3	3	3	3	3	2	2	2	3	3	3	3	2
C02	2	3	4	3	4	4	4	3	3	2	2	2	3	3	3	3	3	2	3	3
C03	3	3	2	2	2	2	3	3	3	4	4	4	4	3	3	3	2	3	3	4
C04	4	3	3		4	4	4	3	3	3	3	3	3	4	4	4	4	3	3	3
C05	4	4	4	3	3	3	4	4	4	3	3	3	4	4	4	3	3	3	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	4	4
	Total Work Load			50
	ECTS Credit of the Course			2

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
2	SBÖ 108	UYARLANMIŞ BEDEN EĞİTİMİ VE SPOR	2	2	3
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Required					
Objectives of the Course : To be able to define, classify and prepare sports activities for disabled people. Ability to make adaptations in training, lessons, and					
Teaching Methods and Techniques : games.					
Prerequisites and co-requisites : Definition of disabled, its causes, classification, physical education in handicapped special education, sports that disabled people					
Course Coordinator : can play, game education, rules to be observed by educator in sports . education, physical education and sports role.					
Name of Lecturers :					
Assistants : Ş BEDEN EĞİTİMİ VE SPOR					
Prof. Dr. Ekrem Levent İLHAN					

Recommended or Required Reading

Resources	: İlhan E. L. (Editör) Otizm ve Spor Nobel Yayınevi, Ankara, 2024, İlhan. E.L. (Editör) Özel Gereksinimli Bireyler İçin Uyarlanmış Beden
	:
	:
	:

Course Category

Mathematics and Basic Sciences	:	Education	:	30
Engineering	:	Science	:	
Engineering Design	:	Health	:	20
Social Sciences	: 20	Field	:	30

Weekly Detailed Course Contents

Week	Topics	Study Materials	Materials
1	Causes of disability, classification of individuals with disabilities, and their statistical status worldwide and		
2	Characteristics of individuals with disabilities		
3	considerations when choosing a sport		
4	Considerations in the implementation of sports activities		
5	Individuals with orthopedic disabilities		
6	Individuals with intellectual disabilities		
7	Midterm exam		
8	Individuals with hearing impairments		
9	Individuals with visual impairments		
10	Competition rules		
11	Watching an educational film related to the topic		
12	Examples of simple apparatus-based gymnastics exercises for individuals with disabilities		
13	Examples of simple apparatus-based gymnastics exercises for individuals with disabilities		
14	Watching a film about competitions involving individuals with disabilities		

Course Learning Outcomes

No	Learning Outcomes
C01	Explains the significance and importance of sports for the handicapped
C02	Explain the reasons and types of obstacles
C03	Ability to classify disabilities
C04	Describe the effects of physical education and sports on the handicapped
C05	Can gain experiences that can work with disabled people

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	1	%0	Weekly Tutorial Hours	14	0	0
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	5	5	25
Practice	0	%0	Material Design and Implementation	1	2	2
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	8	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	3	4	4	4	4	4	3	3	3	4	4	4	4	4	4	5	5	5	4
C01	5	3	3	1	5	3	5	3	5	4	5	5	3	3	2	3	1	5	3	5
C02	3	2	3	2	3	4	3	3	3	3	4	4	4	2	2	3	1	4	2	4
C03	4	3	4	3	4	3	3	4	5	4	4	4	4	3	3	3	1	3	4	4
C04	4	4	3	3	3	4	4	5	5	5	5	5	4	3	4	3	1	3	3	5
C05	4	3	3	3	3	5	4	4	4	4	4	4	3	3	3	3	1	4	3	3

Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
2	YAD 104	FOREIGN LANGUAGE-II (ENGLISH)	2	2	2
Mode of Delivery : Face to Face Language of Instruction : English Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of this course is to help students improve their basic English grammar and vocabulary, understand spoken and written expressions related to everyday life, and express themselves in a simple, accurate, and comprehensible manner. The course also aims to enable students to use reading, listening, speaking, and writing skills in an integrated way. Teaching Methods and Techniques : The course covers the simple present, present continuous, simple past, future forms, and present perfect tense; comparative and superlative adjectives; countable and uncountable nouns; expressions of quantity; modal structures expressing ability, permission, obligation, advice, and possibility; and conditional sentences. It also includes vocabulary studies and reading, listening, speaking, and writing activities related to daily life, travel, health, shopping, and personal experiences. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
YAD 104	FOREIGN LANGUAGE-II (ENGLISH)				
	Instructor Dr. Ali Bahadır Oğuz				

Recommended or Required Reading	
Resources	: Soars, John ve Soars, Liz. Headway Elementary Student's Book. Oxford University Press. Murphy, Raymond. Essential Grammar in Use : : :

Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	The simple present and present continuous tenses are discussed comparatively and used in sentences at		
2	The simple past tense is discussed together with regular and irregular verbs.		
3	Activities are carried out to describe past events and use past time expressions.		
4	The past continuous tense, which is used to express ongoing events in the past, is discussed.		
5	Future tense structures used to express plans, predictions, and decisions are examined.		
6	Countable and uncountable nouns and expressions of quantity are discussed.		
7	Comparative and superlative forms of adjectives are used to compare people, places, and objects.		
8	Modal structures expressing ability, permission, and possibility are discussed.		
9	Modal structures expressing obligation, necessity, advice, and prohibition are examined.		
10	The present perfect tense, used to express recent events and life experiences, is discussed.		
11	The differences in usage between the present perfect and simple past tenses are examined comparatively		
12	First conditional sentences used to express possible situations and their results are discussed.		
13	Reading, listening, speaking, and writing activities are carried out on daily life, travel, health, and shopping		
14	The grammar structures and vocabulary learned are reinforced through communicative activities and interactive		

Course Learning Outcomes	
No	Learning Outcomes
C01	Uses basic tense structures and grammar rules accurately in everyday communication contexts.
C02	Understands basic spoken and written expressions related to topics such as daily life, travel, health, and shopping.
C03	Communicates at a basic level about past events, future plans, life experiences, and possible situations.
C04	Uses language structures expressing ability, permission, obligation, advice, and possibility in appropriate contexts.

C05 Writes short and comprehensible texts and uses reading, listening, speaking, and writing skills in an integrated manner at a basic level.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%30	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	1	8
Projects	1	%10	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	3	%20	Report Preparing	0	0	0
Final examination	1	%40	Preparing a Presentation	1	1	1
Total		%100	Midterm Exam and Preperation for Midterm Exam	6	1	6

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	3	3	3	4	4	4	3	3	3	3	4	4	4	4	3	3	3	4	4
C01	4	3	4	4	4	4	3	3	3	3	4	4	4	3	3	3	3	3	3	3
C02	3	3	3	4	4	4	3	3	3	3	4	4	4	3	3	3	2	2	2	3
C03	3	3	3	3	3	4	4	4	2	2	2	3	3	3	4	4	4	4	3	3
C04	3	2	2	2	3	3	3	3	3	4	4	4	3	3	2	2	2	2	3	3
C05	3	4	4	4	3	3	3	4	4	4	4	3	3	3	2	2	2	3	3	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	2	14
	Total Work Load			57
	ECTS Credit of the Course			2

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3	SBÖ 203	ATLETİZM ÖĞRETİM YÖNTEMLERİ II	3	2	3
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Required					
Objectives of the Course : To teach athletics according to all branches. Teaching throwing, jumping, running and walking.					
Teaching Methods and Techniques : Definition, history, classification, sprint, middle and long distance running, relay running, shot put, discus throw, long jump, high jump, walks and rules.					
Prerequisites and co-requisites : jump, walks and rules.					
Course Coordinator :					
Name of Lecturers : ÖĞRETİM YÖNTEMLERİ II					
Assistants : Instructor Dr. Mazhar Tamer Sökmen					

Recommended or Required Reading					
Resources : DEMİR, M.; Atletizm Koşular, Atmalar, Atlamalar, Nobel yayıncılık, Ankara, 2005.					
: -					
: DEMİR, M.; Atletizm Koşular, Atmalar, Atlamalar, Nobel yayıncılık, Ankara, 2005.					
: -					
: -					

Course Category					
Mathematics and Basic Sciences	: 0	Education	: 0		
Engineering	: 0	Science	: 0		
Engineering Design	: 0	Health	: 0		
Social Sciences	: 0	Field	: 100		

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	The scope of Athletics II, advanced athletics events, safety rules, and teaching principles are discussed.				
2	The basic technical characteristics, pace control, and teaching stages of middle-distance running are examined.				
3	Running technique, endurance, energy use, and race strategies in long-distance running are discussed.				
4	Starting, approaching the hurdle, hurdle clearance, and running between hurdles are practised.				
5	The teaching stages, technical errors, and correction methods of hurdle races are examined.				
6	Baton carrying, the exchange zone, and different baton exchange techniques in relay races are practised.				
7	The basic technique, competition rules, and teaching methods of race walking are discussed.				
8	The approach run, hop, step, and jump phases of the triple jump are practised.				
9	The teaching stages, technical errors, and corrective drills of the triple jump are examined.				
10	The grip, carrying position, approach run, cross steps, and throwing technique of the javelin throw are practised.				
11	The teaching stages, safety rules, and technical error correction methods of the javelin throw are discussed.				
12	The grip, preliminary swings, turns, and basic characteristics of hammer throw technique are examined.				
13	The basic characteristics, rules, and practice principles of steeplechase and combined events are discussed.				
14	Teaching practices for athletics events are carried out, and technical performance, safety, and teaching are evaluated.				

Course Learning Outcomes	
No	Learning Outcomes
C01	Applies the basic techniques, pace control, and race strategies of middle- and long-distance running.
C02	Applies the basic techniques and teaching stages of hurdle races, relay races, and race walking.
C03	Performs the hop, step, and jump phases of the triple jump with proper technique.
C04	Applies the basic techniques, safety rules, and teaching methods of the javelin and hammer throw.
C05	Identifies technical errors in athletics events, plans corrective drills, and evaluates teaching practices.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	2	1	2
Mid-Term	0	%0	Report Preparing	14	1	14
Final examination	1	%50	Preparing a Presentation	4	1	4
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	4	2	2	4	2	2	5	3	4	4	2	2	2	1	3	2	3	4	4
C01	4	4	4	3	3	3	4	4	4	5	5	5	4	4	4	3	3	3	4	4
C02	4	5	5	5	4	4	4	3	3	3	4	4	4	5	5	5	4	4	4	5
C03	5	5	4	4	4	3	3	3	4	4	4	5	5	5	4	4	4	3	3	3
C04	4	4	4	5	5	5	4	4	4	4	3	3	4	4	4	5	5	5	4	4
C05	4	5	5	5	5	4	4	4	4	3	3	3	3	3	4	4	4	5	5	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			70
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3	SBÖ 237	BAĞIMLILIK VE BAĞIMLILIKLA MÜCADELE	2	3	3
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Elective					
Objectives of the Course : To introduce students to the concept of addiction from multiple dimensions, inform					
Teaching Methods and Techniques : them about different types of addiction, teach methods of prevention, and raise					
Prerequisites and co-requisites : awareness of the role of sports as an effective tool in combating addiction.					
Course Coordinator : Definition of addiction, types of addiction (substance, technology, gaming, shopping,					
Name of Lecturers : etc.), biological, psychological, and social causes of addiction; its effects on individuals					
Assistants : and society; prevention strategies and methods of intervention; the role of sports in					
SBÖ 237	BAĞIMLILIK VE BAĞIMLILIKLA MÜCADELE	Prof. Dr. Ebru Olcay Karabulut			

Recommended or Required Reading

Resources	: -
	:
	:
	:
	:

Course Category

Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents

Week	Topics	Study Materials	Materials
1	Week 1: Introduction to the concept of addiction		
2	Substance addiction	-	
3	Behavioral addictions		
4	Biological causes of addiction		
5	Psychological factors		
6	Social and environmental factors		
8	Midterm exam		
9	Strategies for addiction prevention		
10	The role of family and school		
11	The role of family and school		
12	Protective role of sports		
13	Anti-addiction policies in Turkey		
14	General review and evaluation		

Course Learning Outcomes

No	Learning Outcomes
C01	Explains the definition and types of addiction.
C02	Analyzes the causes and effects of addiction.
C03	Identifies ways to prevent addiction.
C04	Evaluates the role of sports in the fight against addiction.
C05	Plans awareness-raising and healthy lifestyle activities aimed at preventing addiction.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	2	4	3	2	4	1	1	1	4	3	4
C01	5	1	5	2	5	5	5	1	3	1	2	5	4	4	2	1	1	5	5	4
C02	5	1	5	2	5	5	5	1	3	2	2	4	3	3	2	1	1	5	5	5
C03	5	1	5	2	5	5	5	1	3	2	2	4	3	4	2	1	1	5	5	5
C04	5	4	5	2	5	5	5	1	3	2	2	4	3	4	2	1	1	5	5	5
C05	3	3	3	4	4	4	3	3	3	4	4	4	4	3	3	3	3	4	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester		Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3		SBÖ 209	PHYSICAL EDUCATION AND SPORTS HISTORY	2	2	3
Mode of Delivery		:	Face to Face			
Language of Instruction		:	Turkish			
Level of Course Unit		:	Bachelor's Degree			
Work Placement(s)		:	No			
Department / Program		:	Physical Education and Sports Teaching			
Type of Course Unit		:	Required			
Objectives of the Course		:	Examining the stages that physical education and sports have gone through in the world with their historical and cultural aspects.			
Teaching Methods and Techniques		:	The meaning and importance of physical education and sports history, historical development of physical education and sports in			
Prerequisites and co-requisities		:	different geographies of the world, sports history research. Sources of sports history.			
Course Coordinator		:				
Name of Lecturers		:	PHYSICAL EDUCATION AND SPORTS HISTORY			
Assistants		:	Prof. Dr. Ozbay GUVEN			
Recommended or Required Reading						
Resources		:	1. Bohus, J., Sportgeschichte: Gesellschaft und Sport von Mykene bis heute. München; Wien; Zürich: BLV Verlagsgesellschaft,1986			
		:				
		:				
		:				
		:				
Course Category						
Mathmatics and Basic Sciences		:	Education	:	75	
Engineering		:	Science	:		
Engineering Design		:	Health	:		
Social Sciences		:	Field	:	25	
Weekly Detailed Course Contents						
Week	Topics			Study Materials	Materials	
1	The Relationship of Physical Education and Sports History with Other Disciplines.					
2	Sources of Physical Education and Sports History.					
3	Historical Foundations of Physical Education and Sports in Prehistoric Ages.					
4	Physical Education and Sports in Different Geographies in Antiquity.					
5	Physical Education and Sports in the Turks.					
6	Physical Education and Sports in Ancient Greece.					
7	Sports Festivals in Ancient Greece.					
8	The Birth, Implementation and End of the Ancient Olympic Games.					
9	Physical Education and Sports Activities in the Romans.					
10	Physical Education and Sports in the Middle Ages.					
11	Physical Education and Sports in the New Age.					
12	Modern Olympic Games and Baron Pierre De Coubertin.					
13	The Effects of the Olympic Peace Idea and the Modern Olympic Movement.					
14	The Ottoman Empire and Türkiye in the Modern Olympic Games					
Recommended Optional Programme Components						
SBÖ 421 TÜRK DÜNYASINDA GELENEKSEL OYUNLAR VE SPOR KÜLTÜRÜ						
SBÖ 311 TÜRK SPOR TARİHİ						
Course Learning Outcomes						
No	Learning Outcomes					
C01	Learning about historical periods, geographical regions, cultural, social, economic, political, institutionalization and organization of physical education and sports.					
C02	Definition of history and its relationship with sports					

C03	Learning about the stages that physical education and sports have gone through in the world with their historical and cultural aspects.
C04	Having information about historical periods and geographical regions.
C05	Being able to explain the development of physical education and sports in different ages
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	6	3	18
Projects	0	%0	Searching in Internet and Library	5	3	15
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	3	3	3	4	4	3	5	3	3	4	5	4	5	3	3	3	4	4
C01	3	3	3	4	4	4	4	3	3	3	3	4	4	4	4	4	3	3	3	3
C02	3	3	3	4	4	4	4	4	5	5	5	3	3	3		4	4	4	4	4
C03	5	5	5	5	4	4	4	4	3	3	3	4	4	4	4	5	5	5	5	4
C04	4	4	4	4	3	3	3	3	4	4	4	4	4	3	3	3	4	4	4	4
C05	3	3	3	3	4	4	4	4	5	5	5	4	4	4	4	3	3	3	3	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3	SBÖ 227	BEDEN EĞİTİMİ VE SPORDA REKREATİF ETKİNLİKLER	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim of this course is to enable students to learn fundamental concepts related to recreation and leisure time, to recognize recreational activities that can be applied in the field of physical education and sports, and to plan and implement safe, fun, and participatory activities for groups with different ages, interests, needs, and characteristics. It also aims to help students understand the contributions of recreational activities to physical, mental, social, and emotional development. Teaching Methods and Techniques : Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : The course content includes fundamental concepts related to recreation, leisure time, and recreational activities; the historical development, aims, functions, and classification of recreation; the individual and societal benefits of recreational activities; indoor and outdoor activities; educational games, nature activities, sports and cultural activities; recreational practices for different age and characteristic groups; activity planning, organization, leadership, group management, safety, risk assessment, material use, and evaluation of recreational activities. SBÖ 227 Associate Prof.Dr. hacir özge baydar arıcan					

Recommended or Required Reading	
Resources	: Karaküçük, S. (Ed.). (2016). Rekreasyon Bilimi. Ankara: Gazi Kitabevi. Hacıoğlu, N., Gökdeniz, A. ve Dinç, Y. (2017). Boş Zaman ve

Course Category	
Mathematics and Basic Sciences	: Education
Engineering	: Science
Engineering Design	: Health
Social Sciences	: Field
	: 100

Weekly Detailed Course Contents		
Week	Topics	Study Materials
1	Basic concepts related to recreation, leisure, and recreational activities are discussed.	
2	The historical development, aims, functions, and basic characteristics of recreation are examined.	
3	The physical, mental, emotional, and social benefits of recreational activities are discussed.	
4	Recreational activities are classified according to their aims, settings, and participant characteristics.	
5	Sportive recreational activities that can be conducted in indoor and outdoor settings are examined.	
6	The use of educational games and group activities in recreation programs is practised.	
7	Nature-based recreational activities such as hiking, camping, and orienteering are discussed.	
8	The recreational use of music, dance, rhythm, drama, and cultural activities is examined.	
9	The planning of recreational activities for children, adolescents, adults, and older adults is discussed.	
10	Inclusive and adapted recreational activities supporting the participation of individuals with special needs	
11	The principles of leadership, communication, motivation, and group management in recreational activities	
12	Safety, risk assessment, first aid, and equipment use in recreational activities are discussed.	
13	The processes of planning, organizing, implementing, and evaluating recreational activities are examined	
14	A recreational activity program for a specific target group is developed, implemented, and evaluated.	

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts related to recreation, leisure, and recreational activities.
C02	Evaluates the physical, mental, emotional, and social benefits of recreational activities.
C03	Selects and adapts recreational activities appropriate to groups with different ages, interests, needs, and characteristics.

C04	Implements recreational activities in accordance with the principles of leadership, communication, safety, and group management.
C05	Plans, implements, and evaluates a recreational activity program for a specific target group.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	1	14
Assignment	0	%0	Weekly Tutorial Hours	14	2	28
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	8	1	8
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	9	9

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	1	2	1	1	1	5	1	1	1	1	1	1	1	1	1	1	1	3	1	1
C01	2	2	2	3	3	3	2	2	2	2	3	3	3	3	3	4	4	3	3	3
C02	2	3	3	4	4	4	3	3	3	2	2	2	2	3	3	3	2	2	2	3
C03	3	3	3	2	2	2	3	3	3	3	4	4	4	3	3	3	2	2	2	2
C04	3	3	3	4	4	4	4	3	3	2	2	2	2	3	3	3	3	2	2	2
C05	3	3	3	3	4	4	4	4	3	3	3	4	4	4	4	2	2	3	3	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	10	10
	Total Work Load			69
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3	SBÖ 201	EGZERSİZ FİYOLOJİSİ	4	2	4
Mode of Delivery		: Face to Face			
Language of Instruction		: Turkish			
Level of Course Unit		: Bachelor's Degree			
Work Placement(s)		: No			
Department / Program		: Physical Education and Sports Teaching			
Type of Course Unit		: Required			
Objectives of the Course		: It is aimed to teach the systems that plan the organism and this in accordance with the conditions suitable for the exercise.			
Teaching Methods and Techniques		: Functions of cells, tissues, organs and systems that make up the human body. Short and long term adaptation of human			
Prerequisites and co-requisities		: organism to physical exertion, energy sources, physiological basis of training, fatigue, recovery, doping, nutrition, adaptation of			
Course Coordinator		: organism to different environments and performance measurement.			
Name of Lecturers		:			
Assistants		İYÖLOJİSİ			
		Prof. Dr. Mehmet GÜNAYProf. Dr. H. İbrahim CİCİOĞLU			
Recommended or Required Reading					
Resources		: MacDougal J. Duncan, Wenger Howard A., Howard J. Green: Physiological Testing of High-Performance Athlete. Human Kinetics, Ch			
		: -			
		: M. Günay, K. Tamer, İ. Cicioğlu: Spor Fizyolojisi ve Performans Ölçümü, Gazi Büro Kitabevi, Ankara, 2005. E.L. Fox, R.W. Bowers, M			
		: -			
		: -			
Course Category					
Mathmatics and Basic Sciences		: 0	Education	: 0	
Engineering		: 0	Science	: 0	
Engineering Design		: 0	Health	: 50	
Social Sciences		: 0	Field	: 50	
Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	The definition, scope, basic concepts, and relationship of exercise physiology with sports sciences are dis				
2	The basic principles of human physiology, homeostasis, and the body?s general responses to exercise ar				
3	The structure of cells, tissues, organs, and systems and the cellular adaptations occurring during exercis				
4	Energy, ATP production, and the basic characteristics of energy metabolism during exercise are examine				
5	The roles of the phosphagen, anaerobic glycolytic, and aerobic energy systems during exercise are discu				
6	The structure of skeletal muscle, muscle fiber types, contraction mechanisms, and muscular responses to				
7	The role of the nervous system in movement control, motor unit activation, and neuromuscular adaptati				
8	The structure of the respiratory system, mechanics of breathing, and respiratory responses during exerci				
9	The transport of oxygen and carbon dioxide in the blood, oxygen consumption, and the ventilation-perfu				
10	The structure of the cardiovascular system, cardiac output, heart rate, and circulatory responses to exer				
11	Blood pressure, regulation of blood flow, blood volume, and the distribution of circulation during exercise				
12	The endocrine system, major hormones, and hormonal responses occurring during exercise are examine				
13	Acute responses to exercise and physiological adaptations to regular training are compared.				
14	Physiological responses to exercise in different environmental conditions, such as heat, cold, and high all				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the basic concepts of exercise physiology and the physiological responses of the body to exercise.				
C02	Compares the energy systems used during exercise and the basic characteristics of energy metabolism.				
C03	Analyzes the functions and adaptations of the muscular, nervous, respiratory, and cardiovascular systems during exercise.				
C04	Distinguishes acute responses to exercise from chronic physiological adaptations resulting from regular training.				
C05	Evaluates physiological changes occurring during different types of exercise and under various environmental conditions.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	14	2	28
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	7	1	7
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	2	1	2
Final examination	1	%50	Preparing a Presentation	14	1	14
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	4	2	5	4	2	2	5	3	4	4	2	2	2	1	3	2	4	4	4
C01	3	3	3	3	4	4	4	3	3	3	3	4	4	4	4	3	3	3	3	3
C02	3	4	4	4	3	3	3	2	2	2	3	3	3	4	4	4	5	5	5	4
C03	3	3	3	3	4	4	3	3	3	2	2	2	2	3	3	3	3	4	4	4
C04	5	5	5	3	3	3	3	2	2	2	2	3	3	3	4	4	4	3	3	3
C05	3	4	4	4	4	3	3	3	2	2	2		3	3	3	4	4	4	3	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			97
	ECTS Credit of the Course			4

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3	SBÖ 223	ELEŞTİREL VE ANALİTİK DÜŞÜNME	2	3	3
Mode of Delivery		: Face to Face			
Language of Instruction		: Turkish			
Level of Course Unit		: Bachelor's Degree			
Work Placement(s)		: No			
Department / Program		: Physical Education and Sports Teaching			
Type of Course Unit		: Elective			
Objectives of the Course		: To equip students with critical and analytical thinking skills; to help them approach events and information with an inquisitive			
Teaching Methods and Techniques		: mindset.			
Prerequisites and co-requisites		: Basic concepts of critical thinking, the definition and importance of analytical thinking, thinking processes, inquiry and problem-			
Course Coordinator		: solving skills.			
Name of Lecturers		:			
Assistants		/E, ANALİTİK DÜŞÜNME			
		Instructor Dr. Nagihan Kırkoğlu			
Recommended or Required Reading					
Resources		: Halpern, D. F. (2013). Thought and Knowledge: An Introduction to Critical Thinking. Psychology Press.,Ennis, R. H. (2011). The Nat			
		:			
		:			
		:			
		:			
Course Category					
Mathmatics and Basic Sciences		:	Education	:	
Engineering		:	Science	:	
Engineering Design		:	Health	:	
Social Sciences		:	Field	:	100
Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	The definition, basic characteristics, and types of thinking are discussed.				
2	The definition, scope, basic components, and importance of critical thinking are examined.				
3	The basic characteristics and stages of analytical thinking and its relationship with critical thinking are discussed.				
4	Inductive, deductive, analogical, and cause-and-effect reasoning methods are examined.				
5	Thinking errors, cognitive biases, prejudices, and logical fallacies are evaluated through examples.				
6	Effective questioning, inquiry, curiosity development, and Socratic discussion techniques are discussed.				
7	The processes of defining problems, identifying their causes, developing alternatives, and solving problems are discussed.				
8	The decision-making process, decision-making strategies, risk assessment, and comparison of alternative solutions are discussed.				
9	The reliability of information sources, evaluation of evidence, and methods of accessing accurate information are discussed.				
10	Current social, educational, and sports-related issues are evaluated according to the principles of critical thinking.				
11	Activities are carried out to identify main ideas, supporting ideas, assumptions, evidence, and conclusion.				
12	Group discussion, debate, counterargument development, and reasoned defense techniques are practiced.				
13	Critical writing, forming opinions, establishing relationships between claims and evidence, and preparing arguments are discussed.				
14	Case studies from education and sports are analyzed, and critical and analytical solutions are developed.				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the basic concepts and characteristics of critical and analytical thinking and their relationship with different types of thinking.				
C02	Identifies thinking errors, cognitive biases, prejudices, and logical fallacies through examples.				
C03	Evaluates information sources and evidence in terms of reliability, consistency, and validity.				
C04	Analyzes alternatives in problem-solving and decision-making processes and develops reasoned solutions.				
C05	Expresses evidence-based, coherent, and critical views on current issues and problems in education and sports.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	4	2	4	3	2	4	1	1	1	4	3	4
C01	3	3	3	2	2	2	3	3	3	4	4	4	3	3	3	2	2	2	3	3
C02	3	4	4	4	3	3	2	2	2	3	3	3	4	4	4	5	5	5	3	3
C03	3	4	4	4	3	3	3	2	2	3	3	3	4	4	4	3	3	3	2	2
C04	2	3	3	3	4	4	4	4	3	3	2	2	2	3	3	3	4	4	4	3
C05	3	3	3	4	4	4	3	3	3	2	2	2	3	3	3	4	4	4	3	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3	SBÖ 207	HAREKET EĞİTİMİ	3	2	3
Mode of Delivery		:	Face to Face		
Language of Instruction		:	Turkish		
Level of Course Unit		:	Bachelor's Degree		
Work Placement(s)		:	No		
Department / Program		:	Physical Education and Sports Teaching		
Type of Course Unit		:	Required		
Objectives of the Course		:	The aim of this course is to provide students with theoretical and practical knowledge regarding the fundamental concepts of		
Teaching Methods and Techniques		:	movement education, the importance of movement during childhood, the factors affecting movement development, and the		
Prerequisites and co-requisities		:	processes involved in movement instruction. Within the scope of the course, it is aimed that students gain competencies in		
Course Coordinator		:	analyzing fundamental movement skills, planning movement education activities, applying instructional principles and teaching		
Name of Lecturers		:	methods, developing gamified movement activities, and designing movement education practices appropriate for different age		
Assistants		:	groups and developmental levels.		
SBÖ 207	HAREKET EĞİTİMİ	The content of this course includes the fundamental concepts of movement education, the importance of movement during childhood, movement classifications, factors affecting movement education, coordinative abilities, stages of movement instruction, instructional principles and teaching methods in movement education, planning and content development processes in movement education, gamification of movement activities, and theoretical knowledge and practical applications related to fundamental movement education practices.			
		Asist Prof.Dr. Kemal Arda KurtProf. Dr. Belgin Gökyürek			
Recommended or Required Reading					
Resources		:	İnan, M. Uygulamalı Hareket Eğitimi. İstanbul: Morpa Kültür Yayınları,Ayan, S. (Ed.). Hareket Eğitimi. Ankara: Pegem Akademi Yayınları		
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		:			
		:			
Course Category					
Mathmatics and Basic Sciences		:	Education	:	
Engineering		:	Science	:	
Engineering Design		:	Health	:	
Social Sciences		:	Field	:	100
Weekly Detailed Course Contents					
Week	Topics		Study Materials		Materials
1	Introduction to Movement Education				
2	The Importance of Movement During Childhood				
3	Fundamental Concepts of Movement Education				
4	Movement Classifications				
5	Factors Affecting Movement Education				
6	Coordinative Abilities				
7	Stages of Movement Instruction				
8	Instructional Principles and Methods in Movement Education				
9	Planning and Content Development in Movement Education				
10	Gamification of Movement Education Activities				
11	Fundamental Movement Education Practices				
12	Fundamental Movement Education Practices				
13	Fundamental Movement Education Practices				
14	Fundamental Movement Education Practices				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the fundamental concepts of movement education and the importance of movement during childhood.				
C02	Analyzes movement classifications and the factors affecting movement education.				

C03	Explains and applies coordinative abilities and the stages of movement instruction.
C04	Applies instructional principles and teaching methods used in movement education.
C05	Plans movement education activities, develops content, and designs gamified applications.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	14	1	14
Practice	0	%0	Reading Tasks	4	2	8
Projects	0	%0	Searching in Internet and Library	4	2	8
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	2	2	4
Final examination	1	%50	Preparing a Presentation	2	2	4
Total		%100	Midterm Exam and Preperation for Midterm Exam	4	2	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	3	2	3	2	2	1	2	3	1	1	2	1	2	2	1	5	3	3
C01	3	3	1	1	3	1	1	3	1	4	3	3	1	3	2	3	2	3	2	1
C02	2	1	2	2	3	1	2	2	1	3	1	4	1	1	1	2	3	3	1	1
C03	2	2	2	3	2	1	2	1	1	4	1	3	1	1	1	3	2	4	2	2
C04	3	2	3	1	3	2	2	1	2	3	1	1	2	1	2	3	1	5	3	3
C05	2	2	5	1	3	2	2	1	2	1	2	1	2	2	2	3	2	5	4	4



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3	SBÖ 235	İNSAN İLİŞKİLERİ VE İLETİŞİM	2	3	3
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Elective					
Objectives of the Course : The course aims to help students develop effective communication skills, adopt empathy and understanding in human					
Teaching Methods and Techniques : relationships, and improve their ability to resolve					
Prerequisites and co-requisites : conflicts and collaborate with others.					
Course Coordinator : Basic concepts of communication, communication process, verbal and non-verbal communication, interpersonal relationships,					
Name of Lecturers : empathy, conflict and resolution strategies,					
Assistants : effective communication skills, importance and applications of communication in physical education and sports settings.					
SBÖ 235 İNSAN İLİŞKİLERİ VE İLETİŞİM					
Instructor Himmet Hünkar Mutlu					

Recommended or Required Reading					
Resources : Üstüner, B. & Eryılmaz, A. (2021). Eğitimde İletişim ve İnsan İlişkileri. Pegem Akademi.					

Course Category					
Mathematics and Basic Sciences	:		Education	:	
Engineering	:		Science	:	
Engineering Design	:		Health	:	
Social Sciences	:		Field	:	100

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	

1	Basic concepts related to human relations and communication, along with the aims and functions of com				
2	The basic elements of the communication process, types of communication, and communication models				
3	The characteristics of verbal communication, effective speaking, and accurate self-expression skills are d				
4	Nonverbal communication, body language, gestures, facial expressions, eye contact, and the use of pers				
5	Effective listening, active listening, empathic listening, and feedback-giving skills are practised.				
6	The effects of perception, attitudes, values, emotions, and individual differences on communication are c				
7	The effects of self-concept, self-awareness, self-confidence, and self-knowledge on human relations are				
8	Empathy, respect, tolerance, trust, and the basic principles of effective human relations are discussed.				
9	Communication barriers, misunderstandings, prejudices, and the causes of communication conflicts are c				
10	Conflict resolution, problem-solving, negotiation, and mediation skills are discussed.				
11	Assertive communication, I-messages, saying no, and boundary-setting skills are practised.				
12	Group communication, teamwork, leadership, and interaction processes within groups are examined.				
13	Teacher-student, coach-athlete, and peer communication in educational and sports settings are discusse				
14	Communication problems that may arise in educational and sports settings are analyzed through case st				

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts of human relations and communication, the elements of the communication process, and types of communication.
C02	Uses verbal and nonverbal communication skills effectively in appropriate contexts.
C03	Applies active listening, empathy, feedback, I-messages, and assertive communication techniques.
C04	Analyzes communication barriers and the causes of conflicts and develops appropriate solutions and negotiation strategies.
C05	Manages teacher-student, coach-athlete, peer, and group communication effectively in educational and sports settings.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	2	4	3	2	4	3	3	3	4	3	4
C01	3	3	2	2	2	3	3	3	2	2	2	3	3	3	4	4	4	3	3	3
C02	4	4	4	3	3	3	2	2	2	3	3	3	4	4	4	3	3	3	2	2
C03	3	3	3	4	4	3	3	3	2	2	2	3	3	3	4	4	4	2	5	5
C04	3	3	3	4	4	4	3	3	3	4	4	4	2	2	2	3	3	3	4	4
C05	4	4	2	2	2	3	3	3	3	2	2	3	3	3	3	2	2	2	3	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester		Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3		SBÖ 213	ÖĞRETİM İLKE VE YÖNTEMLERİ	3	3	3
Mode of Delivery		:	Face to Face			
Language of Instruction		:	Turkish			
Level of Course Unit		:	Bachelor's Degree			
Work Placement(s)		:	No			
Department / Program		:	Physical Education and Sports Teaching			
Type of Course Unit		:	Required			
Objectives of the Course		:	The objective of this course is to provide teacher candidates with the fundamental concepts, theories, and principles of the			
Teaching Methods and Techniques		:	teaching-learning process, and to introduce contemporary instructional models, strategies, methods, and techniques. Within the			
Prerequisites and co-requisites		:	scope of this course, it is aimed to develop teacher candidates' skills to design active learning-based lesson plans tailored to			
Course Coordinator		:	targeted learning outcomes and individual student differences, to effectively utilize concept teaching tools, to independently			
Name of Lecturers		:	manage classroom instruction with pedagogical justifications, and to analyze curricula specific to the field of physical education			
Assistants		:	and sports.			
SBÖ 213		ÖĞRETİM İLKE VE YÖNTEMLERİ	Basic concepts related to education and instruction; principles of teaching and their application to lesson processes; cognitive processes and higher-order thinking skills in instruction; instructional models, strategies, methods, and techniques (expository, discovery, inquiry-based, problem-based learning, cooperative learning, etc.); concept teaching, identifying and overcoming processes according to individual differences and individuals with special needs; classroom management and independent execution of instructional processes.			
			Prof. Dr. Ebru Çetin			
Recommended or Required Reading						
Resources		:	Tamer,K., Pulur,A. Beden Eğitimi ve Sporda Öğretim Yöntemleri, Kozan Ofset, Ankara, 2001. 2. Masston, M., Asworth, S. (Çev. Eda			
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		:	-			
		:	-			
		:	-			
Course Category						
Mathmatics and Basic Sciences		:	0	Education	:	80
Engineering		:	0	Science	:	0
Engineering Design		:	0	Health	:	0
Social Sciences		:	0	Field	:	20
Weekly Detailed Course Contents						
Week	Topics			Study Materials	Materials	
1	Principles of teaching					
2	Teaching strategies					
3	Teaching methods					
4	Teaching methods					
5	Teaching methods					
6	Teaching techniques					
7	Teaching techniques					
8	Teaching techniques					
9	Teaching models and approaches					
10	Teaching models and approaches					
11	Teaching models and approaches					
13	Teaching models and approaches					
14	Concept Teaching					
Course Learning Outcomes						
No	Learning Outcomes					
C01	Differentiates between the core concepts of the teaching-learning process (model, approach, strategy, method, and technique) by analyzing their interrelationships.					
C02	Identifies the theoretical phases of contemporary teaching-learning models that support concept development and higher-order thinking skills in students.					
C03	Designs active learning-based lesson plans for specific learning outcomes based on instructional principles and contemporary methods.					

C04	Applies appropriate concept teaching tools (concept maps, cartoons, etc.) in classroom settings to identify and overcome student misconceptions within a specific subject area.
C05	Independently manages the instructional process by selecting and justifying the most appropriate teaching strategies and methods according to learning outcomes and student characteristics.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	2	1	2
Mid-Term	0	%0	Report Preparing	1	1	1
Final examination	1	%50	Preparing a Presentation	3	1	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	3	4	1	1	3	3	2	2	2	3	2	3	3	3	2	3	4	3	3
C01	5	3	3	1	1	4	2	1	1	2	2	3	3	1	4	1	4	3	2	4
C02	3	1	4	1	1	4	3	1	1	1	1	1	1	1	1	1	1	1	4	1
C03	1	4	5	1	1	1	1	3	1	1	1	1	1	4	1	1	1	5	1	1
C04	1	3	5	1	1	1	4	1	1	1	1	1	1	1	1	1	4	3	1	1
C05	4	5	1	1	1	1	1	1	1	1	1	1	4	1	1	1	1	1	1	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			70
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3	SBÖ 205	ÖĞRETİM TEKNOLOJİLERİ VE MATERYAL TASARIMI	2	2	3
Mode of Delivery		: Face to Face			
Language of Instruction		: Turkish			
Level of Course Unit		: Bachelor's Degree			
Work Placement(s)		: No			
Department / Program		: Physical Education and Sports Teaching			
Type of Course Unit		: Required			
Objectives of the Course		: The aim of this course is to enable prospective teachers to acquire theoretical knowledge about instructional technologies, to			
Teaching Methods and Techniques		: integrate technology into the teaching process (in line with models such as TPAB and SAMR) in a pedagogical, effective, and			
Prerequisites and co-requisites		: conscious manner, and to contribute to their design of learning environments in accordance with a holistic education approach by			
Course Coordinator		: raising their awareness of digital literacy, cybersecurity, ethics, and digital citizenship. The goal of this course is to enable students			
Name of Lecturers		: to develop video, interactive content, and AI-supported materials using current instructional technologies, to effectively use			
Assistants		: technology-supported assessment tools, and to plan and implement holistic, innovative, and ethically based teaching processes			
		: envisioned by the Turkish Century Education Model.			
SBÖ 205	ÖĞRETİM TEKNOLOJİLERİ VE MATERYAL TASARIMI	This course covers fundamental concepts related to instructional technologies, their historical development, and current trends. The course examines technology integration models (TPAB, SAMR) within the instructional process, emphasizing the effective use of technology in accordance with pedagogical principles. Digital literacy, access to information, and cybersecurity skills are developed, while the integration of technology into learning and teaching processes is addressed within the framework of the Turkish Century Education Model. Furthermore, the course covers the development of video, interactive content, and AI-supported tools in line with instructional material design principles. Ethics in education, copyright, and digital citizenship are discussed, and technology-supported assessment and evaluation practices are included. Throughout this process, students develop the skills to design effective and innovative learning environments using current instructional technologies.			
		Associate Prof.Dr. Aylin Özge PEKEL			
Recommended or Required Reading					
Resources		: 1. Yusuf Ziya Demirel (2015). Eğitimde program geliştirme: Kuramdan uygulamaya. Ankara: Pegem Akademi. 2. İsmail			
		: :			
		: :			
		: :			
		: :			
Course Category					
Mathmatics and Basic Sciences		:	Education	:	50
Engineering		:	Science	:	
Engineering Design		:	Health	:	
Social Sciences		: 10	Field	:	40
Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	Introduction to Instructional Technologies, Basic Concepts				
2	Historical Development and Current Trends in Instructional Technologies				
3	Technology and Holistic Education Approach in the 2018 Curriculum and the Turkish Century Education Model				
4	Learning-Teaching Theories and Technology Integration				
5	Technology Integration Models (TPAB, SAMR)				
6	Digital Literacy and Information Access Skills				
7	Cybersecurity and Digital Security Awareness				
8	Midterm Exam				
9	Principles of Instructional Material Design				
10	Video and Multimedia Content Development				
11	Web 2.0 Tools and Interactive Content Design				
12	Use of Artificial Intelligence Tools in Education				
13	Ethics, Copyrights, and Digital Citizenship in Education				
14	Technology-Supported Assessment and Evaluation, Project Presentations				

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts and historical development process of instructional technologies.
C02	Analyzes the TPAB and SAMR models for technology integration in the instructional process.
C03	Applies digital literacy and cybersecurity principles in the instructional process
C04	Explains the use of technology in accordance with the holistic education approach included in the Turkish Century Education Model
C05	Develops digital content (video, interactive material, etc.) in accordance with instructional material design principles
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	12	2	24
Projects	1	%10	Searching in Internet and Library	12	2	24
Practice	0	%0	Material Design and Implementation	1	1	1
Mid-Term	0	%0	Report Preparing	1	1	1
Final examination	1	%40	Preparing a Presentation	1	1	1
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	1	1

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	2	1	4	1	1	5	4	1	2	3	1	3	4	4	3	2	5	3	3	3
C01	2	1	4	1	1	5	4	1	2	3	1	3	4	4	3	2	5	3	3	3
C02	2	1	4	1	1	5	4	1	2	3	1	3	4	4	3	2	5	3	3	3
C03	2	1	4	1	1	5	4	1	2	3	1	3	4	4	3	2	5	3	3	3
C04	2	1	4	1	1	5	4	1	2	3	1	3	4	4	3	2	5	3	3	3
C05	2	1	4	1	1	5	4	1	2	3	1	3	4	4	3	2	5	3	3	3



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3	SBÖ 211	RİTİM EĞİTİMİ	2	1	2
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : Understanding note values Teaching Methods and Techniques : Perceiving the rhythms he/she hears Prerequisites and co-requisites : Expressing the perceived rhythm with movements using body language Course Coordinator : Introduction of note values, movements corresponding to note value, musical sentence and movement sentence studies, sample Name of Lecturers : ronds for this, preparation of rond by using music and movement sentences. Assistants :					
Prof. Dr. Belgin GÖKYÜREK Associate Prof. Dr. Neslihan Arıkan Fidan					

Recommended or Required Reading					
Resources	:	Özkan, N. (2006). Ritim Eğitimi ve Modern Dans. Nobel Yayınevi./ BİLGİN, S.S., ANLIATAMER, F. (2002), Ritim Eğitimi ve Harekete E	:	-	
	:	-	:	-	
	:	-	:	-	
	:	-	:	-	

Course Category					
Mathematics and Basic Sciences	:	0	Education	:	0
Engineering	:	0	Science	:	0
Engineering Design	:	0	Health	:	0
Social Sciences	:	0	Field	:	100

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	

1	The definition, basic characteristics, and importance of rhythm and its relationship with movement educ				
2	The concepts of musical notation, rhythm, tempo, meter, and beat, along with basic note values, are ex				
3	Basic locomotor movements such as walking, running, hopping, jumping, and sliding are related to rhyth				
4	Basic locomotor movements are performed at different tempos and speeds with a metronome.				
5	Movement durations and patterns corresponding to note values are practised.				
6	Walking patterns and different step forms involving changes in direction, level, and location are practisec				
7	The rhythmic characteristics of different music genres and their effects on movement are examined.				
8	Duple, triple, and quadruple meter structures are practised through movement and step activities.				
9	Individual and group rhythmic phrases are created using basic rhythmic patterns.				
10	The rhythmic phrases created are performed through body movements, steps, and music.				
11	Rhythm activities based on vocalization, verbal patterns, and body percussion are performed.				
12	Basic steps and figures of dance forms such as the waltz, tango, cha-cha, and bossa nova are practised.				
13	The basic characteristics, group formations, transitions, and practice principles of rond activities are disci				
14	An original group rond or dance composition is prepared and performed using rhythm, music, and basic				

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts of rhythm, tempo, meter, beat, and note values.
C02	Performs basic locomotor movements with music at different rhythms, tempos, and directions.
C03	Performs rhythmic patterns through body movements, steps, vocalization, and body percussion.
C04	Performs basic steps and figures of different dance forms in harmony with rhythm and music.
C05	Creates and performs an individual or group dance composition by combining rhythm, music, and dance figures.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	1	14
Assignment	0	%0	Weekly Tutorial Hours	14	1	14
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	2	1	2
Mid-Term	0	%0	Report Preparing	1	1	1
Final examination	1	%50	Preparing a Presentation	3	1	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	3	4	4	3	3	3	2	2	2	4	4	2	3	1	1	1	3	3	3
C01	3	3	3	2	2	2	3	3	3	3	4	4	4	3	3	3	4	4	4	4
C02	3	3	3	3	3	4	4	4	4	3	3	3	3	2	2	2	2	2	3	3
C03	3	2	2	2	3	3	3	3	2	2	3	3	3	3	3	4	3	3	3	3
C04	2	2	2	3	3	3	3	4	4	3	3	3	4	4	4	4	3	3	3	4
C05	4	4	4	3	3	3	4	4	4	4	3	3	3	4	4	4	4	4	3	3

ECTS Allocated Based on Student Workload			
Activities	Quantity	Duration	Total Work Load
Final Exam and Preperation for Final Exam	7	1	7
Total Work Load			56
ECTS Credit of the Course			2

Contribution of Learning Outcomes to Programme Outcomes



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester		Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3		SBÖ 233	SANAT VE ESTETİK	2	3	3
Mode of Delivery		:	Face to Face			
Language of Instruction		:	Turkish			
Level of Course Unit		:	Bachelor's Degree			
Work Placement(s)		:	No			
Department / Program		:	Physical Education and Sports Teaching			
Type of Course Unit		:	Elective			
Objectives of the Course		:	The course aims to help students comprehend the concepts of art and aesthetics in			
Teaching Methods and Techniques		:	philosophical and historical contexts, develop sensitivity towards artistic and aesthetic			
Prerequisites and co-requisites		:	values, and interpret these concepts in relation to physical education and sports.			
Course Coordinator		:	Definition of art, its types, historical development and social role; the concept of			
Name of Lecturers		:	aesthetics, its philosophical foundations and relation to art; developing aesthetic			
Assistants		:	sensitivity in individuals; aesthetic dimension in physical education and sports.			
SBÖ 233		SANAT VE ESTETİK				
		Asist Prof.Dr. Yusuf Baytekin Balcı				
Recommended or Required Reading						
Resources		:	Ank, R. (2015). Sanat Felsefesi ve Estetik. Nobel Yayınları.			
		:				
		:				
		:				
		:				
		:				
Course Category						
Mathmatics and Basic Sciences		:	Education	:		
Engineering		:	Science	:		
Engineering Design		:	Health	:		
Social Sciences		:	Field	:	100	
Weekly Detailed Course Contents						
Week	Topics			Study Materials	Materials	
1	The definition, basic concepts, characteristics, and functions of art in human life are discussed.					
2	The relationship of art with the individual, society, culture, and education is examined.					
3	Major art forms such as visual arts, music, literature, theatre, dance, and cinema are discussed.					
4	The historical development of art from ancient times to the present is examined through its major period					
5	The definition, scope, and basic concepts of aesthetics and its relationship with the philosophy of art are					
6	Major aesthetic theories and approaches to art are examined through the views of prominent thinkers.					
7	The concepts of beauty, the sublime, taste, aesthetic value, and aesthetic judgment are discussed.					
8	The relationships among the artist, the work of art, the audience, and aesthetic experience are examiner					
9	Basic aesthetic elements such as line, form, color, texture, proportion, balance, harmony, and rhythm an					
10	Activities involving the examination, interpretation, and evaluation of artworks according to aesthetic crit					
11	The contributions of art education to creativity, imagination, critical thinking, and personality developmei					
12	The aesthetic relationships among the body, movement, rhythm, space, and performance are discussed.					
13	Aesthetic appearance and movement quality in physical education, sports, dance, and sporting activities					
14	An original activity or performance related to physical education or sports is designed and evaluated usin					
Course Learning Outcomes						
No	Learning Outcomes					
C01	Explains the basic concepts of art and aesthetics, major art forms, and aesthetic theories.					
C02	Evaluates the relationship of art with the individual, society, culture, and education.					
C03	Analyzes and interprets works of art in terms of form, content, and aesthetic values.					
C04	Explains the aesthetic relationships among the body, movement, rhythm, space, and performance.					
C05	Designs an original activity or performance for physical education and sports by applying artistic and aesthetic principles.					

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	2	4	3	2	4	1	1	1	4	3	4
C01	2	2	3	3	1	2	2	2	2	2	3	3	3	2	2	2	3	3	3	4
C02	4	4	3	3	3	2	2	2	3	3	3	3	4	4	2	2	2	3	3	3
C03	3	3	3	2	2	2	3	3	3	3	2	2	2	3	3	3	4	4	4	3
C04	3	3	4	4	4	4	3	3	3	3	2	2	2	3	3	3	4	4	4	3
C05	3	3	3	4	4	4	3	3	3	2	2	2	3	3	3	4	4	4	5	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3	SBÖ 225	SÜRDÜRÜLEBİLİR KALKINMA VE EĞİTİM	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : This course aims to introduce students to the concept of sustainable development and equip them with the ability to promote this understanding through education. Teaching Methods and Techniques : Definition, history, and key principles of sustainable development; its environmental, economic and social dimensions. The role Prerequisites and co-requisites : and importance of sustainability in Course Coordinator : education. Equipping students with environmental awareness, ethical responsibility, and responsibility towards future generations. Name of Lecturers : Assistants : BİLİR KALKINMA VE EĞİTİM Associate Prof.Dr. Ahmet Gökmen					
Recommended or Required Reading					
Resources : Sterling, S. (2001). Sustainable Education: Re-visioning Learning and Change : : : :					
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	The definition, scope, and basic concepts of sustainable development are discussed.				
2	The historical development of sustainable development and relevant international documents are examined.				
3	The United Nations Sustainable Development Goals and their relationship with education are discussed.				
4	The environmental dimension of sustainable development is examined in terms of natural resources, bio				
5	The effects of climate change, global warming, and environmental problems on education are discussed.				
6	The economic dimension of sustainable development is examined in terms of production, consumption, z				
7	The social dimension of sustainable development is discussed in terms of equality, justice, poverty, health				
8	The aims, principles, and place of education for sustainable development in curricula are examined.				
9	The concepts of environmental literacy, sustainability literacy, and ecological awareness are discussed.				
10	Ethical responsibility, the rights of future generations, and sustainable living are examined.				
11	The sustainable school approach is discussed in terms of energy, water, waste management, and environment				
12	The relationship of physical education and sports activities with sustainability, environmental awareness,				
13	Teaching methods, materials, and project activities that can be used in education for sustainable development				
14	A sustainability project for a school or sports setting is developed and evaluated in terms of its feasibility				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the basic concepts, dimensions, and goals of sustainable development.				
C02	Evaluates the relationship between the United Nations Sustainable Development Goals and education.				
C03	Analyzes environmental, economic, and social issues in accordance with sustainability principles.				
C04	Develops appropriate teaching methods, materials, and activities for education for sustainable development.				
C05	Plans and evaluates a feasible sustainability project for a school, physical education, or sports setting.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	2	4	3	2	4	1	1	1	4	3	4
C01	3	3	3	2	2	3	1	3	2	2	2	3	3	3	4	4	4	3	3	3
C02	4	4	3	3	3	3	4	4	4	4	3	3	3	3	2	2	2	2	3	3
C03	3	2	2	2	3	3	3	3	2	2	2	2	3	3	3	4	4	4	4	3
C04	3	3	4	2	4	4	4	3	3	3	3	4	4	4	3	3	3	3	4	4
C05	4	4	4	4	4	3	3	3	3	4	4	4	4	2	2	2	2	3	3	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester		Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
3		SBÖ 231	TEMEL MATEMATİK	2	3	3
Mode of Delivery		:	Face to Face			
Language of Instruction		:	Turkish			
Level of Course Unit		:	Bachelor's Degree			
Work Placement(s)		:	No			
Department / Program		:	Physical Education and Sports Teaching			
Type of Course Unit		:	Elective			
Objectives of the Course		:	The aim of the course is to enable students to learn basic mathematical concepts and apply them in daily life and sports sciences.			
Teaching Methods and Techniques		:	Introduction to basic mathematical concepts, number sets, algebraic expressions, equations and inequalities, ratio and proportion, functions, graphs, logarithms, basic geometry and trigonometry. Relating these concepts to daily life and sports sciences.			
Prerequisites and co-requisities		:				
Course Coordinator		:	Prof. Dr. Ebru ÇETİN			
Name of Lecturers		:	EMATİK			
Assistants		:				
Recommended or Required Reading						
Resources		:	Berkant, H. G. (2020). Temel Matematik. Pegem Akademi.			
		:				
		:				
		:				
		:				
Course Category						
Mathmatics and Basic Sciences		:	70	Education	:	
Engineering		:		Science	:	
Engineering Design		:		Health	:	
Social Sciences		:		Field	:	30
Weekly Detailed Course Contents						
Week	Topics			Study Materials		Materials
1	Number sets, basic mathematical concepts, and the order of operations are discussed.					
2	Operations involving fractions, decimal numbers, exponents, and radicals are examined.					
3	Algebraic expressions, identities, factorization, and simplification are discussed.					
4	Methods for solving first-degree equations and inequalities are applied.					
5	Ratio, proportion, percentage calculations, and their applications in daily life and sports are examined.					
6	The concept of functions, their representation, domains, and ranges are discussed.					
7	Linear functions, the coordinate system, and the drawing and interpretation of basic graphs are examine					
8	The basic properties and applications of exponential and logarithmic expressions are discussed.					
9	Basic concepts of geometry, including points, lines, angles, polygons, and angle relationships, are exami					
10	The properties and types of triangles and the concepts of similarity and congruence are discussed.					
11	The basic properties of quadrilaterals, circles, and disks, along with perimeter and area calculations, are					
12	Surface area and volume calculations of basic geometric solids are discussed.					
13	The basic concepts of trigonometry and trigonometric ratios in right triangles are examined.					
14	The creation of tables and graphs, interpretation of basic data, and the use of mathematical knowledge i					
Course Learning Outcomes						
No	Learning Outcomes					
C01	Performs basic operations involving number sets, algebraic expressions, exponents, and radicals.					
C02	Solves first-degree equations and inequalities and uses ratio, proportion, and percentage calculations.					
C03	Constructs, examines, and interprets functions and basic graphs.					
C04	Identifies the basic properties of geometric shapes and solids and calculates perimeter, area, surface area, and volume.					
C05	Uses basic mathematics and trigonometry knowledge to solve problems related to daily life, physical education, and sports.					

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	2	4	3	2	4	1	1	1	4	3	4
C01	3	3	3	3	2	2	3	3	3	2	2	2	2	3	3	3	3	3	3	3
C02	3	4	4	3	3	3	4	4	4	3	3	3	4	4	4	3	3	3	2	2
C03	2	3	3	3	4	4	4	4	3	3	3	2	2	2	3	3	3	4	4	4
C04	2	2	2	3	3	3	4	4	4	4	3	3	4	4	4	5	5	5	3	3
C05	3	3	4	4	4	4	3	3	3	3	4	4	4	4	4	3	3	3	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 202	ANTRENMAN BİLGİSİ	4	2	4
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Required					
Objectives of the Course : The aim of this course is to ensure that students acquire theoretical knowledge about training techniques and are able to teach					
Teaching Methods and Techniques : the effects of conditioning training on performance, both theoretically and practically. Basic conditioning training knowledge and					
Prerequisites and co-requisites : teaching skills applicable to sedentary individuals and athletes are among the primary objectives of this course.					
Course Coordinator : It covers general concepts of training information, warm-up, basic training methods (basic information and training on motoric					
Name of Lecturers : properties) and loading principles, methods for improving motoric properties and test batteries for measuring these properties.					
Assistants : Bilgişi					
Prof. Dr. İmdat YARIM					

Recommended or Required Reading					
Resources : Fox EL, Bowers RW, Foss ML. The Physiological Basis For Exercise And Sport.Fifth Ed.Brown & Benchmark Pub. USA. 1993.					
:					
:					
:					

Course Category					
Mathmatics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	

1	Definition of training knowledge, its importance and related concepts.				
2	The effect of training on the organism,				
3	Description and training of basic motor skills.				
4	Strength, endurance, speed, mobility, and coordination.				
5	Examples of strength, endurance, and speed training.				
6	Examples of mobility and coordination training.				
7	Methods for determining and measuring body composition.				
8	Loading and basic principles.				
9	Warm-up and principles in sports.				
10	Antrenman planlaması.				
11	Training periodization.				
12	Physical training principles for different groups (men, women, elderly, and children).				
13	Fitness tests in sports.				
14	Talent selection in sports.				

Course Learning Outcomes					
No	Learning Outcomes				
C01	Learns and teaches the definition, importance, and methods of training knowledge.				
C02	They have the ability to teach and apply information about training.				
C03	Within the scope of training information, students learn about training methods developed for motor skills and how to use these methods.				
C04	Within the scope of training knowledge, they acquire the skills to implement, direct, and manage training programs related to fundamental motor skills.				
C05	Knows how to create periodization and training plans in individual and team sports.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	1	8
Projects	0	%0	Searching in Internet and Library	8	1	8
Practice	0	%0	Material Design and Implementation	8	1	8
Mid-Term	0	%0	Report Preparing	8	1	8
Final examination	1	%50	Preparing a Presentation	8	1	8
Total		%100	Midterm Exam and Preperation for Midterm Exam	8	1	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	5	4	4	2	5	3	2	4	3	2	4	1	4	4	3	2	2
C01	3	2	2	3	3	3	4	4	4	4	3	3	3	4	4	4	4	3	3	3
C02	3	3	4	4	4	3	3	3	3	3	3	3	4	4	4	4	3	3	3	4
C03	5	5	5	3	4	4	3	3	3	3	4	4	4	4	4	5	5	5	5	4
C04	4	4	5	5	5	4	4	3	3	3	3	3	4	4	4	5	5	5	4	4
C05	4	5	5	5	4	4	4	4	4	4	3	3	3	4	4	4	5	5	5	5

Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 208	BECERİ ÖĞRENİMİ	2	2	3
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Required					
Objectives of the Course : The aim of this course is to teach students the fundamental concepts of motor skill learning and development, to familiarize them					
Teaching Methods and Techniques : with effective methods and strategies for skill acquisition, and to provide knowledge and skills in the measurement and evaluation					
Prerequisites and co-requisites : of motor skills.					
Course Coordinator : Skills definition and concepts related to skills, learning process, learning types and studies related to learning, skill learning					
Name of Lecturers : stages, motor learning models, stages of motor skills, attention, human performance, affective support in performance skills,					
Assistants : transfer, motivation					
SBÖ 208 BECERİ ÖĞRENİMİ					
Prof. Dr. FİLİZ FATMA ÇOLAKOĞLU					

Recommended or Required Reading					
Resources : Magill, R.A.; Motor Learning concepts and application, Güngör, a.; Akyol, A.K., Subaşı, G., Ünver, G., Koç, G., Gelişim ve Öğrenme, 200					
: online					
:					
:					
: çevrim içi					

Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:	20	
Social Sciences	:	Field	:	80	

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	Introduction to the Course: Introduction to skill learning, basic concepts, and explanation of the fundam				
2	Concept of Skill: Definition and characteristics of skills, the relationship between performance and learnir				
3	Skill Classification: Classification of skills and the relationship between motor learning and skill acquisitor				
4	Learning Theories in Skill Acquisition: Behavioral approach, cognitive approach, and social learning appr				
5	Information Processing in Skill Learning: Perception, decision-making, and exec ution stages of moven				
6	Feedback (Feedback) Concept: Internal and external feedback, and the effect of feedback on the learnin				
7	Practice Methods: Distributed and massed practice; variable and blocked practice methods.				
8	Memory Systems and Forgetting: Types of memory, retention, and forgetting processes.				
9	Practice Methods in Skill Learning: Effective practice strategies for skill acquisition.				
10	Motivation, Attention, and Concentration: Their importance in skill learning and effects on performance.				
11	Individual Differences in Skill Learning: The effects of age, experience, physical and psychological factor:				
12	Development and Teaching of Motor Skills: Stages and methods of motor skill development.				
13	Skill Teaching in Sports and Physical Activities: Instructional strategies and practical applications.				
14	Measurement and Evaluation of Skill Performance: Methods for assessing and evaluating motor skill perf				

Course Learning Outcomes	
No	Learning Outcomes
C01	Having knowledge about skills and learning
C02	To be able to establish a relationship about learning and skill development
C03	To be able to comprehend the stages of skill learning
C04	Modeling the skills learning process
C05	Evaluates the individual, environmental, and instructional factors that affect skill learning.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	16	16

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	2	2	1	2	2	3	3	2	5	2	4	2	1	1	1	4	4	4
C01	4	4	2	2	1	2	2	3	3	2	5	2	4	2	1	1	1	4	4	4
C02	4	4	2	2	1	2	2	3	3	2	5	2	4	2	1	1	1	4	4	4
C03	4	4	2	2	1	2	2	3	3	2	5	2	4	2	1	1	1	4	4	4
C04	4	4	2	2	1	2	2	3	3	2	5	2	4	2	1	1	1	4	4	4
C05	4	4	4	2	2	2	3	3	3	2	4	4	4	3	3	3	2	2	2	2



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 224	BEDEN EĞİTİMİ VE SPORDA TEKNOLOJİ KULLANIMI	2	3	3
Mode of Delivery		: Face to Face			
Language of Instruction		: Turkish			
Level of Course Unit		: Bachelor's Degree			
Work Placement(s)		: No			
Department / Program		: Physical Education and Sports Teaching			
Type of Course Unit		: Elective			
Objectives of the Course		: To introduce students to the technologies used in the field of physical education and sports, to teach their contributions to			
Teaching Methods and Techniques		: education, training, and performance evaluation processes, and to develop skills in the effective use of digital tools.			
Prerequisites and co-requisites		: The role and importance of technology in physical education and sports; use of technological tools (smartwatches, sensors,			
Course Coordinator		: mobile apps, analysis software, etc.); digitalization in education, video analysis, measurement and evaluation technologies;			
Name of Lecturers		: exercise tracking, performance analysis, e-sports and virtual reality applications.			
Assistants		İMİ VE SPORDA TEKNOLOJİ KULLANIMI			
		Associate Prof.Dr. Mehmet YILDIZ			
Recommended or Required Reading					
Resources		: Demirci, A. (2022). Beden Eğitimi ve Spor Öğretiminde Öğretim Teknolojileri ve Materyal Tasarımı (2. basım). Ankara: Nobel Akaden			
		:			
		:			
		:			
		:			
Course Category					
Mathmatics and Basic Sciences		:	Education	:	
Engineering		:	Science	:	
Engineering Design		:	Health	:	
Social Sciences		:	Field	:	100
Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	The historical development, scope, and importance of technology use in physical education and sports are				
2	Digital tools, online platforms, and instructional technologies used in education are examined.				
3	Smartwatches, activity trackers, heart rate monitors, and other wearable technologies are discussed.				
4	The use of mobile applications in exercise planning, physical activity tracking, and monitoring student pe				
5	The use of video recording and movement analysis software in physical education and sports teaching is				
6	Technological measurement tools used in the assessment of physical fitness and sports performance are				
7	The processes of collecting, organizing, analyzing, and interpreting data using measurement tools are di				
8	Digital instructional materials, presentations, videos, and interactive content are developed for physical e				
9	Software used in the planning, monitoring, and evaluation of sports training is examined.				
10	The relationships among esports, movement-based digital games, and physical activity are discussed.				
11	The potential uses of virtual reality, augmented reality, and simulation technologies in physical education				
12	The use of artificial intelligence-supported applications in movement analysis, performance assessment, i				
13	Ethical principles, personal data protection, data security, and digital privacy in technology use are exam				
14	A technology-supported instructional or performance project addressing a need in physical education or				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the basic technologies used in physical education and sports and their areas of application.				
C02	Collects data using wearable technologies, mobile applications, and digital measurement tools and interprets the results.				
C03	Evaluates physical performance and technical skills using video and movement analysis software.				
C04	Develops digital materials and technology-supported content for physical education and sports teaching.				
C05	Acts in accordance with ethical principles, data security, personal data protection, and digital privacy in the use of technology.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	5	1	5
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	5	1	5
Mid-Term	0	%0	Report Preparing	4	1	4
Final examination	1	%50	Preparing a Presentation	5	1	5
Total		%100	Midterm Exam and Preperation for Midterm Exam	4	2	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	2	2	1	1	1	3	2	1	5	2	1	3	2	2	3	1	2	2	4	2
C01	2	2	2	1	1	1	1	2	2	2	5	3	3	3	4	4	4	3	3	3
C02	2	2	2	3	3	3	2	2	2	2	2	3	3	3	3	2	2	2	3	3
C03	3	3	3	3	4	4	4	3	2	3	3	2	2	2	3	3	3	3	3	3
C04	3	2	2	2	2	3	3	3	3	3	3	2	2	2	2	3	3	3	3	2
C05	2	2	3	3	3	3	3	2	2	2	3	3	3	3	3	2	2	2	2	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	4	2	8
	Total Work Load			67
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 232	GÖNÜLLÜLÜK	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : To instill a sense of volunteerism in students, to foster an understanding of community Teaching Methods and Techniques : service, to develop skills in active participation and leadership in voluntary work, and Prerequisites and co-requisites : to introduce volunteering practices particularly in the field of sports. Course Coordinator : The concept and historical development of volunteering, its impact on individuals and Name of Lecturers : society, ethics of volunteering, non-governmental organizations, social responsibility Assistants : projects, communication and leadership in volunteering, volunteering practices in the field of sports.					
SBÖ 232	GÖNÜLLÜLÜK	Associate Prof.Dr. Mehmet YILDIZ			

Recommended or Required Reading	
Resources	: Şentürk, M. (Ed.). (2022). Gönüllülük ve Gönüllülerle Birlikte Çalışmak. İstanbul: İstanbul University Press. rdoğan, E., Uyan-Semerç
	:
	:
	:

Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	: 20	Field	: 80

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	Introduction to the concept of volunteering		
2	Historical development of volunteering		
3	Social functions of volunteering		
4	Structure and functioning of NGOs		
5	Ethics of volunteering		
6	Communication skills in volunteering		
7	Leadership and teamwork		
8	Midterm exam		
9	Designing social responsibility projects		
10	Project management and resource utilization		
11	Volunteering in sports organizations		
12	Local and national volunteering networks		
13	Sharing volunteer experiences		
14	General evaluation and closing		

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the definition and importance of volunteering.
C02	Analyzes the impact of volunteering on individuals and society.
C03	Develops social responsibility projects.
C04	Evaluates volunteering practices in the field of sports.

C05 Plans and implements volunteering activities in accordance with social needs, ethical principles, and collaboration.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	2	4	3	2	4	1	1	1	4	3	4
C01	3	2	2	2	3	3	3	3	4	4	4	3	3	3	2	2	2	3	3	3
C02	3	4	4	4	3	3	3	2	2	2	2	3	3	3	4	4	4	3	3	3
C03	3	2	2	2	2	3	3	3	4	4	3	3	3	2	2	2	2	2	3	3
C04	3	4	4	4	4	3	3	3	3	3	4	4	4	4	2	4	3	3	3	3
C05	3	4	4	4	4	2	3	3	3	3	3	4	4	4	3	3	3	3	2	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 222	KARAKTER VE DEĞER EĞİTİMİ	2	2	3

Mode of Delivery	:	Face to Face
Language of Instruction	:	Turkish
Level of Course Unit	:	Bachelor's Degree
Work Placement(s)	:	No
Department / Program	:	Physical Education and Sports Teaching
Type of Course Unit	:	Elective
Objectives of the Course	:	The aim of this course is to help students develop an ethical perspective from both individual and societal perspectives by
Teaching Methods and Techniques	:	examining the concepts of character and values from both theoretical and practical angles. The course aims to enable students to
Prerequisites and co-requisites	:	analyze value systems, understand the relationship between universal and societal values, and design effective values education
Course Coordinator	:	practices in educational settings.
Name of Lecturers	:	Concepts of character, personality, values, virtue, morality, ethics, disposition, and temperament; character development and
Assistants	:	education; the role of family, school, and the environment in character development; the definition, classification, and
SBÖ 222	KARAKTER VE DEĞER EĞİTİMİ	characteristics of values; the individual, social, cultural, and moral foundations of values; approaches to values education (values transmission, values explanation, values analysis, character education, etc.); value education from the perspective of the philosophy of education; teaching methods and techniques used in character and value education; applications of value education
		in the physical education environment; values and the crisis of values in modern societies; the relationship between value education and culture; applications and research on value education in Turkey; the teacher's role as a role model in character and value education.
		Asist Prof.Dr. Nagihan KIRIKOĞLU

Recommended or Required Reading	
Resources	Arthur, J. (2005). Education with character. Routledge. Carr, D., & Harrison, T. (2015). Educating character through stories. Andrews UK Limited. Damon, W. (Ed.). (2013). Bringing in a new era in character education. Hoover Institution Press. Flavell, J. H. (2020). The developmental psychology of Jean Piaget. Barakaldo Books. Gibbs, J. C. (2019). Moral development and reality: Beyond the theories of Kohlberg, Hoffman, and Haidt. Oxford University Press. Kağan, M., & Yılmaz, N. (2019). Karakter ve değer eğitimi. Ankara: Pegem Akademi. Kohlberg, L. & Gilligan, C. (2014). Moral development.

Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	Conceptual Framework: Character, personality, values, virtue, ethics, disposition, temperament		
2	Character Development and Education		
3	Values and Their Classification		
4	The Role of Family, Environment, and School in Character and Value Development and Education		
5	Sources of values and their individual, social, cultural, and moral foundations		
6	Approaches and theories in character and values education		
7	Cross-cultural differences and the culture of coexistence in character and values education		
8	Theories and approaches to moral development		
9	Values and the crisis of values in modern society		
10	Teaching methods and techniques in character/values education		
11	Character and values education aligned with physical education and sports course objectives		
12	Character and values education in a sports		
13	Applications of character and values education		
14	Applications of character and values education in physical education and sports courses		

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts related to character and values education.
C02	Understands the individual and societal importance of values education.

C03	Explains theories of moral development.
C04	Compares approaches to values education.
C05	Explains methods for instilling values in the educational process.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	4	1	4
Mid-Term	0	%0	Report Preparing	4	1	4
Final examination	1	%50	Preparing a Presentation	4	1	4
Total		%100	Midterm Exam and Preperation for Midterm Exam	4	1	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	2	4	4	3	3	3	2	2	2	3	3	3	2	3	4	3	4	4	4	3
C01	2	2	2	3	3	3	2	2	2	2	2	3	3	3	3	2	2	2	2	3
C02	3	3	3	4	4	4	3	3	3	3	2	2	2	3	3	3	3	4	4	4
C03	4	3	3	3	3	4	4	4	3	3	3	2	4	4	4	4	3	3	3	3
C04	3	3	4	4	4	4	3	3	3	3	2	2	2	3	3	3	4	4	4	3
C05	3	3	2	2	2	3	3	4	4	4	3	3	3	4	4	4	3	3	4	4



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 226	KARŞILAŞTIRMALI EĞİTİM SİSTEMLERİ	2	2	3
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Elective					
Objectives of the Course : The aim of this course is to compare the education systems and evaluate the similarities and differences.					
Teaching Methods and Techniques : The aims and basic principles of the Turkish education system, legal regulations regarding education, the structure of the Turkish					
Prerequisites and co-requisites : education system, management theories and processes, school organization and management, personnel, students, teaching and					
Course Coordinator : management related works in school, social participation in school.					
Name of Lecturers :					
Assistants : RMALI EĞİTİM SİSTEMLERİ					
Prof. Dr. Neslihan Arkan Fidan					

Recommended or Required Reading

Resources	: İrfan Erdoğan, Çağdaş Eğitim Sistemleri, Sistem Yayıncılık, 20062. Rifat Okçabol, Türkiye Eğitim Sistemi, Ütopya Eğitim Dizisi, 20053
	: -
	: -
	: -
	: -

Course Category

Mathematics and Basic Sciences	: 0	Education	: 0
Engineering	: 0	Science	: 0
Engineering Design	: 0	Health	: 0
Social Sciences	: 0	Field	: 100

Weekly Detailed Course Contents

Week	Topics	Study Materials	Materials
1	The definition, aims, scope, and historical development of comparative education are discussed.		
2	The main approaches and methods used in comparative education research are examined.		
3	Indicators related to governance, financing, access, quality, and achievement used in comparing education systems are discussed.		
4	The effects of globalization and international organizations such as UNESCO, OECD, the World Bank, and the World Trade Organization on the Turkish education system are discussed.		
5	The Turkish education system is discussed in terms of its organizational structure, levels of education, teaching methods, and assessment processes.		
6	The structure of the Finnish education system, its teacher education model, and the factors affecting student achievement are discussed.		
7	The German education system is discussed in terms of its federal structure, school types, vocational education, and teacher education.		
8	The centralized structure, levels of education, curricula, and teacher education processes of the French education system are discussed.		
9	The education system in England is discussed in terms of school governance, assessment, inspection, and teacher education.		
10	The education system of the United States is examined in terms of local governance, school diversity, and teacher education.		
11	The education systems of Japan and South Korea are compared in terms of academic achievement, discipline, and teacher education.		
12	The education systems of Canada and Australia are examined in terms of multiculturalism, inclusive education, and teacher education.		
13	Physical education and sports curricula, teaching practices, and teacher education models in different countries are discussed.		
14	The strengths and weaknesses of the education systems examined are compared, and implications for the Turkish education system are discussed.		

Course Learning Outcomes

No	Learning Outcomes
C01	Explains the basic concepts, aims, and historical development of comparative education.
C02	Explains the main approaches, methods, and indicators used in comparing education systems.
C03	Compares the education systems of different countries in terms of governance, financing, levels of education, teacher education, and assessment processes.
C04	Evaluates the effects of international organizations and global developments on national education systems.
C05	Analyzes the strengths and weaknesses of different education systems and draws implications for the Turkish education system.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	2	1	2
Mid-Term	0	%0	Report Preparing	14	1	14
Final examination	1	%50	Preparing a Presentation	4	1	4
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	3	2	2	5	5	2	3	4	4	4	4	1	1	3	2	3	4	4
C01	4	4	4	3	3	3	2	2	2	3	3	3	2	2	3	3	3	3	3	3
C02	2	2	2	3	3	3	3	2	2	3	3	3	3	4	4	2	2	2	2	2
C03	3	3	3	3	2	2	3	3	4	4	3	3	2	2	2	2	3	3	3	2
C04	2	3	3	3	4	4	3	3	2	2	2	3	3	3	4	4	2	3	2	2
C05	2	3	3	3	4	3	4	3	3	3	2	2	2	2	3	3	3	4	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			70
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 228	OKUL DIŐI ÖĐRENME ORTAMLARI	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim is to enable prospective teachers, by gaining knowledge about out-of-school learning environments, to identify and Teaching Methods and Techniques : evaluate examples of activities in out-of-school learning environments relevant to their field. Prerequisites and co-requisites : The concepts of out-of-school education and learning; the scope and importance of out-of-school learning; teaching in out-of- Course Coordinator : school environments; teaching methods and techniques (project-based learning, station technique, etc.) and teaching materials Name of Lecturers : suitable for out-of-school learning environments; out-of-school learning environments (museums, science centers, zoos, botanical Assistants : gardens, planetariums, industrial facilities, national parks, science festivals, science camps, natural environments, etc.); development of out-of-school learning areas and environments; planning, implementation and evaluation of out-of-school learning					
SBÖ 228	OKUL DIŐI ÖĐRENME ORTAMLARI	Associate Prof.Dr. Neslihan ARIKAN FİDAN			

Recommended or Required Reading	
Resources	: MEB, 2020. Out-of-school learning environments primary school guide. https://ankara.meb.gov.tr/meb_iys_dosyalar/2020_01/090901 : - : - : - : -

Course Category			
Mathematics and Basic Sciences	: 0	Education	: 20
Engineering	: 0	Science	: 0
Engineering Design	: 0	Health	: 0
Social Sciences	: 0	Field	: 80

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	Introduction to the course content, concepts of out-of-school learning and education.		
2	Concepts of out-of-school learning and education - The scope and importance of out-of-school learning.		
3	Teaching methods and techniques (project-based learning, station technique, etc.) and teaching materials		
4	Museums. The concept and types of museums. Learning theories used in museum education ? Planning,		
5	Science and Technology Centers (STCs) .Important Science and Technology Centers in Turkey. Use of STCs		
6	Public and Private Sector (Industry) Organizations: The Use of Public and Private Sector (Industry) Organizations		
7	Science festivals and science camps, the use of science festivals and science camps in education, planning		
8	Nature Education, TÜBİTAK Nature Education, Examples of Nature Education, Out-of-School Learning Environments		
9	National Parks, the Concept of National Parks in the World and in Turkey, Important National Parks in Turkey		
10	Designing out-of-school learning lesson plans for the curriculum.		
11	Planning, implementing, and evaluating out-of-school learning activities.		
12	Presentations on the application of out-of-school learning environments.		
13	Presentations on the application of out-of-school learning environments.		
14	General assessment		

Course Learning Outcomes	
No	Learning Outcomes
C01	It provides information about fundamental concepts related to out-of-school learning environments.
C02	It provides information about nearby non-school learning environments (museums, science centers, zoos, botanical gardens, planetariums, industrial facilities, national parks, science festivals, science camps, etc.)
C03	They plan an activity that can be carried out in out-of-school learning environments.
C04	It describes different out-of-school learning environments.

C05 They implement and evaluate out-of-school learning activities.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	5	3	15
Practice	0	%0	Material Design and Implementation	5	3	15
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	6	1	6
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	3	3	3	3	3	5	5	3	1	3	1	1	1	3	2	3	4	4
C01	4	3	3	4	4	4	4	3	4	3	2	3	1	1	1	3	3	3	4	3
C02	5	5	4	3	5	3	5	4	3	4	1	2	2	1	1	2	2	3	3	2
C03	4	5	5	4	4	3	4	4	4	3	1	3	1	2	2	3	4	2	3	4
C04	5	4	4	5	5	4	4	5	5	4	1	4	1	2	1	4	3	3	4	5
C05	4	3	5	5	5	4	4	5	4	5	1	3	1	1	2	3	3	4	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			78
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 206	ÖLÇME VE DEĞERLENDİRME	2	2	2
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Required					
Objectives of the Course : To have knowledge of the basic concepts of measurement and evaluation, to understand these concepts and to be sufficient in					
Teaching Methods and Techniques : developing measurement tools used in education.					
Prerequisites and co-requisites : Basic concepts about measurement; scale and types of scale. The place of evaluation in the education system, the aims and					
Course Coordinator : elements of evaluation, types of evaluation, the qualifications sought in measurement tools; error and error types, reliability and					
Name of Lecturers : reliability calculation methods; types and calculation of validity, traditional measurement tools, complementary measurement and					
Assistants : evaluation approaches, measurement of cognitive, affective and psychomotor skills and difficulties encountered.					
SBÖ 206 ÖLÇME VE DEĞERLENDİRME					
Prof. Dr. Gökhan DELİCEÖĞLU					

Recommended or Required Reading					
Resources : Atılgan, H., Kan, A., and Doğan, D. (2007) Eğitimde Ölçme ve Değerlendirme. Ankara: Anı Yayıncılık.					
:					
:					
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Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	

1	Basic concepts related to measurement and evaluation are discussed.				
2	The purposes, basic elements, and types of measurement and evaluation are examined.				
3	Measurement errors, the concept and types of reliability, and methods of calculating reliability are discussed.				
4	The concept and types of validity and methods of determining validity are examined.				
5	The classification of learning outcomes according to cognitive, affective, and psychomotor domains is discussed.				
6	The principles of preparing a table of specifications and developing classroom assessment tools are examined.				
7	The preparation of multiple-choice tests and principles of item writing are discussed.				
8	True-false, matching, and short-answer assessment tools are examined.				
9	The preparation, administration, and evaluation of written and oral examinations are discussed.				
10	Complementary and alternative measurement and evaluation approaches are examined.				
11	Performance tasks, projects, portfolios, and rubric applications are discussed.				
12	Descriptive statistical methods used in evaluating measurement results are examined.				
13	Item analysis, standard scores, and the interpretation of measurement results are discussed.				
14	Grading and reporting measurement results and ethical principles in evaluation are examined.				

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts of measurement and evaluation.
C02	Evaluates assessment tools in terms of validity, reliability, and practicality.
C03	Develops a classroom assessment tool aligned with learning outcomes and a table of specifications.
C04	Uses traditional and alternative measurement and evaluation methods in appropriate educational contexts.
C05	Analyzes, interprets, and reports assessment results using basic statistical methods.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	4	1	4
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	3	3	2	3	2	3	4	4	3	4	2	2	3	4	4	3	4	4	4
C01	3	3	3	3	2	2	3	3	3	3	4	4	4	3	3	3	2	2	2	3
C02	3	3	4	4	4	3	3	2	2	2	2	3	3	3	4	4	4	3	3	3
C03	2	2	3	3	3	3	4	4	4	3	3	3	2	2	2	3	3	3	4	4
C04	4	3	3	3	3	4	4	4	3	3	3	4	4	4	3	3	3	3	3	4
C05	4	4	2	3	3	3	3	3	4	4	4	4	3	3	3	4	4	4	3	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			46
	ECTS Credit of the Course			2

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

04.07.2026 22:51

Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 204	SPOR MASAJI	3	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : To understand the importance of massage in sports, to follow the developments related to massage, to perform sports massage Teaching Methods and Techniques : according to the regions. Prerequisites and co-requisites : Definition of massage, historical development, importance, materials used, indications and contraindications of massage, massage Course Coordinator : types, competition and training massages, general principles of massage, massage manipulations and massage applications Name of Lecturers : according to body parts. Assistants :					
Prof. Dr. Ebru Olcay KARABULUT					

Recommended or Required Reading					
Resources	:	Hazır, M.: Spor Masajı, Bağırhan Yayınevi, Ankara 2001. ,Kanbir, O.: Klasik Masaj, Ekin Kitapevi, Bursa 1998. -			
	:	-			
	:				
	:				

Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:	40	
Social Sciences	:	Field	:	60	

Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		

1	Definitions, Masseur / Masseuse and Characteristics.	Masaj dersi için gereken, havlu, t			
2	Massage Rooms, Massage Table, Massage Planning				
3	Lubricant Substances to be Used in Massage				
4	Sports Massages, Massage Maneuvers in Sports, Effects of Sports Massage				
5	Back Massage	Towel, slippers, massage oil, wet			
6	Waist Massage	Towel, slippers, massage oil, wet			
7	Neck and Shoulder Massage	Towel, slippers, massage oil, wet			
8	General repetitions	Towel, slippers, massage oil, wet			
9	Massage of the Back of the Leg	Towel, slippers, massage oil, wet			
10	Front Leg Massage	Towel, slippers, massage oil, wet			
11	Breast Massage	Towel, slippers, massage oil, wet			
12	Abdominal Massage	Towel, slippers, massage oil, wet			
13	Arm Massage	Towel, slippers, massage oil, wet			
14	Facial Massage, Head Massage	Towel, slippers, massage oil, wet			

Recommended Optional Programme Components					
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SBÖ 116 HEALTH INFORMATION AND FIRST AID

SBÖ 105 HUMAN ANATOMY AND KINESIOLOGY

Course Learning Outcomes					
No	Learning Outcomes				
C01	1. Knows and applies the techniques of sports massage.				
C02	Knows the musculoskeletal system.				

C03	Knows and can explain the effects of massage on muscles, bones, and joints.
C04	Knows and can explain the effects of massage on the lungs, fat tissue, and skin.
C05	Knows and applies how to give massages before, during and after the competition.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	14	2	28
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	7	1	7
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5
C01	4	4	2	5	4	4	4	5	4	1	4	4	5	4	4	2	4	4	5	4
C02	4	4	2	5	4	4	4	5	4	1	4	4	5	4	4	2	4	4	5	4
C03	4	4	2	5	4	4	4	5	4	1	4	4	5	4	4	2	4	4	5	4
C04	4	4	2	5	4	4	4	5	4	1	4	4	5	4	4	2	4	4	5	4
C05	4	4	2	5	4	4	4	5	4	1	4	4	5	4	4	2	4	4	5	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			77
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 212	SPOR VE EGZERSİZ PSİKOLOJİSİ	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : Learning the purpose and function of sports psychology, recognizing the psychological barriers experienced before or after the competition. Teaching Methods and Techniques : Definition, basic concepts, purpose, development and current fields of study, cognitive, personality factors affecting performance Prerequisites and co-requisites : in sport, mental training, competition, exercise and mental health relationship. Course Coordinator : Name of Lecturers : Assistants : ZERİSİZ PSİKOLOJİSİ Prof. Dr. Emre Ozan TINGAZ					
Recommended or Required Reading					
Resources : Spor Psikolojisi, Prof.Dr. Orhan DOĞAN, Detay Yayıncılık. : Spor Psikolojisi, Prof.Dr. Orhan DOĞAN, Detay Yayıncılık : :					
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	Psychology, sports psychology concepts				
2	Psychoanalytic theory and its reflections on sports				
3	Stress, anxiety, and cognitive-behavioral approaches in sports				
4	Mindfulness and self-compassion in sport				
5	Personality disorders, structure, and personality and sport				
6	Abuse and neglect in sport				
7	Self-knowledge, development periods and sport				
8	Psychological perspectives of athletic injuries				
9	Motivation in sport				
10	Overtraining				
11	Interview with athlete and athlete's family				
12	Mental training				
13	Elimination of factors that hinder performance				
14	Psychological preparation of the athlete				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Knows the basic concepts.				
C02	Understands the relationship between mental health and exercise.				
C03	Ability to cope with psychological barriers before, during and after the competition.				
C04	Evaluates motivation, anxiety, stress, self-confidence, and attention processes in sport and exercise.				
C05	Applies basic psychological skills techniques to improve athletic performance and exercise participation.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	4	56
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	3	2	1	1	2	1	2	2	2	3	2	4	2	3	2	5	3	4	3
C01	3	3	2	1	1	2	1	2	2	2	3	2	4	2	3	2	5	3	4	3
C02	3	3	2	1	1	2	1	2	2	2	3	2	4	2	3	2	5	3	4	3
C03	3	3	2	1	1	2	1	2	2	2	3	2	4	2	3	2	5	3	4	3
C04	3	3	3	3	1	1	3	3	3	3	3	2	2	2	3	3	3	2	2	2
C05	2	3	3	2	2	2	2	3	3	3	2	2	2	3	3	3	2	2	2	3

ECTS Allocated Based on Student Workload			
Activities	Quantity	Duration	Total Work Load
Final Exam and Preperation for Final Exam	1	4	4
Total Work Load			64
ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes

Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 238	SPORDA ÇOCUK KORUMA	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim is to introduce students to the risks children may face in sports, to equip them with the necessary knowledge and skills Teaching Methods and Techniques : to create safe sports environments, to teach child protection principles, and to raise awareness about protecting children's rights in sports. Prerequisites and co-requisites : sports. Course Coordinator : Basic concepts of children's rights and protection; risks children may face in sports (neglect, abuse, bullying, etc.); creating safe Name of Lecturers : sports environments; child protection policies, reporting obligations; responsibilities of trainers, families and institutions; examples Assistants : of good practice. SBÖ 238 SPORDA ÇOCUK KORUMA Prof. Dr. Mustafa Yaşar ŞAHİN					

Recommended or Required Reading					
Resources	:	UNICEF. International Safeguards for Children in Sport. International Olympic Committee. Safeguarding Athletes from Harassment and Abuse in Sport. 2016.			
	:				
	:				
	:				
	:				

Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:		

Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		

1	Basic concepts and legal regulations related to children's rights, child protection, and child safeguarding				
2	The importance of safeguarding children in sport and the risk and protective factors affecting children				
3	Physical abuse, physical punishment, excessive training, and health risks in sport are discussed.				
4	Emotional abuse, neglect, peer bullying, and exclusion are examined.				
5	Sexual abuse, exploitation, grooming behaviours, and risk indicators in sport are discussed.				
6	The characteristics of safe sport environments and risk assessment processes for sport settings are examined.				
7	Ethical principles, codes of conduct, and professional boundaries for adults working with children are discussed.				
8	The child safeguarding responsibilities of coaches, physical education teachers, administrators, and other				
9	Protective measures related to safe recruitment, supervision, transportation, accommodation, changing				
10	Reporting obligations, record keeping, confidentiality, and referral procedures in child safeguarding cases				
11	The development, implementation, and monitoring of child safeguarding policies in sport organizations				
12	Cooperation among families, schools, sport clubs, federations, and relevant institutions in child safeguarding				
13	Risk indicators and appropriate intervention methods in suspected cases are evaluated through case studies				
14	A comprehensive child safeguarding and safe sport action plan for sport settings is developed and evaluated				

Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the basic concepts and legal regulations related to children's rights, child protection, and safe sport.				
C02	Identifies the risks of neglect, abuse, bullying, and exploitation that children may face in sport settings.				
C03	Evaluates the ethical responsibilities and professional boundaries of coaches, teachers, and sport personnel working with children.				
C04	Applies appropriate reporting, recording, confidentiality, and referral procedures in suspected child safeguarding cases.				
C05	Develops a child safeguarding policy and safe sport action plan for sport organizations.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	2	4	3	2	4	1	1	1	4	3	4
C01	3	3	2	2	2	3	3	2	2	2	3	3	3	2	2	2	3	3	3	3
C02	3	2	2	2	3	3	3	2	2	3	3	3	3	2	2	3	3	3	4	4
C03	4	3	2	3	2		3	3	3	4	4	4	3	3	4	4	3	3	3	2
C04	3	3	4	4	4	3	2	2	2	3	3	2	2	3	3	4	4	4	3	3
C05	2	3	3	3	3	3	3	2	3	3	3	4	4	3	4	4	4	3	2	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 234	TEMEL FİZİK	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim of this course is to enable students to understand the basic concepts, principles, and laws of physics and to apply this knowledge to topics related to physical education and sports, such as motion, force, balance, work, energy, power, pressure, and lever systems. Teaching Methods and Techniques : The course covers the basic concepts of physics and the scientific method; physical quantities, units, and measurement; motion, speed, velocity, and acceleration; force and Newton's laws of motion; balance, friction, and center of gravity; work, energy, and power; torque, rotational motion, simple machines, and lever systems in the human body; pressure and buoyancy; heat and temperature; electricity, magnetism, waves, and sound. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 234	TEMEL FİZİK	Prof.Dr. Pervin ÜNLÜ YAVAŞ			

Recommended or Required Reading					
Resources	:	Şahin, Y. ve Yıldırım, M. (Ed.). (2025). Mühendisler ve Fen Bilimciler İçin Fizik, Cilt 1. Ankara: Nobel Akademik Yayıncılık.	Kuhn, K. I.		
	:				
	:				
	:				

Course Category					
Mathematics and Basic Sciences	:	Education	:	20	
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	80	

Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	The definition and scope of physics, the scientific method, and the relationship between physics and sports				
2	Fundamental and derived physical quantities, systems of units, measurement, and measurement errors				
3	The concepts of position, distance, displacement, speed, velocity, and acceleration are discussed.				
4	Linear motion, uniform and uniformly accelerated motion, and motion graphs are examined.				
5	The concept of force, resultant forces, and Newton's laws of motion are discussed.				
6	Friction, weight, equilibrium, and conditions of equilibrium are examined in relation to sports movements				
7	The concepts of work, energy, and power, along with kinetic and potential energy, are discussed.				
8	The principle of conservation of energy and the transformation of mechanical energy in physical movements				
9	Rotational motion, torque, moment arm, center of gravity, and balance are discussed.				
10	The operating principles of simple machines and lever systems in the human body are examined.				
11	Pressure, fluid pressure, buoyancy, and the basic properties of fluids are discussed.				
12	The concepts of heat, temperature, phase changes, and thermal expansion are examined.				
13	Electric charge, electric current, voltage, resistance, and simple electric circuits are discussed.				
14	The basic characteristics of magnetism, electromagnetic forces, waves, and sound phenomena are examined				

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts of physics, physical quantities, and systems of units.
C02	Applies the concepts of motion, velocity, acceleration, force, and Newton's laws of motion at a basic level.
C03	Solves physical problems related to work, energy, power, equilibrium, torque, and simple machines.
C04	Explains the basic principles of pressure, buoyancy, heat, temperature, electricity, and magnetism.

C05 Relates basic principles of physics to human movement, physical education, and sports practices.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	2	4	3	2	4	1	1	1	4	3	4
C01	3	2	1	1	2	2	3	3	3	3	2	2	2	3	3	3	2	2	2	3
C02	3	2	2	2	3	3	3	4	4	3	3	2	2	2	3	3	4	4	4	3
C03	3	3	2	2	2	2	3	3	3	3	3	2	2	3	3	3	4	4	3	2
C04	2	2	2	3	3	3	4	4	4	3	3	3	4	4	3	3	3	3	4	4
C05	4	3	3	3	4	4	4	3	3	3	4	4	3	3	3	2	3	3	4	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 214	TÜRK EĞİTİM SİSTEMİ VE MEVZUATI	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of this course is to enable students to understand the historical development, aims, basic principles, organizational structure, and administrative structure of the Turkish education system; to become familiar with the main legislation regulating the education system; and to evaluate educational practices from legal and administrative perspectives. Teaching Methods and Techniques : The course covers the historical development, aims, and basic principles of the Turkish education system; its organizational and administrative structure; the duties and responsibilities of the Ministry of National Education; school administration and the duties of educational personnel; legal regulations concerning the teaching profession; student rights and responsibilities; discipline, supervision, guidance, and safety practices in educational institutions; the Constitution, the Basic Law of National Education, the Law of Educational Institutions, and other fundamental legislation related to education. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 214	TÜRK EĞİTİM SİSTEMİ VE MEVZUATI	Prof. Dr. Ebru ÇETİN			
Recommended or Required Reading					
Resources : Gülmez, Y. & Kaya, Y. (2022). Türk Eğitim Sistemi ve Okul Yönetimi. Nobel Yayıncılık. : : :					
Course Category					
Mathematics and Basic Sciences	:	Education	:	20	
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	80	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	The aims, scope, basic concepts, and general structure of the Turkish education system are discussed.				
2	The historical development of the Turkish education system from the Ottoman period to the present is e				
3	The right to education, constitutional regulations concerning education, and basic principles are discusse				
4	The general aims and basic principles of national education are examined within the framework of releva				
5	The structure, duties, and responsibilities of the central, provincial, and overseas organization of the Min				
6	The relationship among the Constitution, laws, regulations, directives, circulars, and other types of legisl				
7	The structure of school administration and the duties, authorities, and responsibilities of school administ				
8	Teachers? duties, authorities, responsibilities, and professional ethical principles are examined within the				
9	The appointment, assignment, leave, relocation, and career processes of educational personnel are disc				
10	Students? rights and responsibilities, attendance and absenteeism, reward, and disciplinary procedures a				
11	Legislation concerning assessment, evaluation, grade progression, examinations, and student achieveme				
12	Legal regulations concerning guidance, special education, inclusive education, and child protection are e				
13	Supervision, accountability, school safety, and occupational health and safety practices in educational ins				
14	The implications of educational legislation for school and teaching practices are evaluated through case :				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the historical development, aims, basic principles, and organizational structure of the Turkish education system.				
C02	Distinguishes the main types of legislation regulating the Turkish education system and the hierarchy among these regulations.				
C03	Evaluates the duties and responsibilities of the central, provincial, and overseas organization of the Ministry of National Education.				
C04	Explains the duties, authorities, rights, and responsibilities of school administrators, teachers, and students within the framework of relevant legislation.				

C05 Analyzes administrative and legal problems encountered in educational institutions according to relevant legislation and develops appropriate solutions.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	2	4	3	2	4	1	1	1	4	3	4
C01	3	3	3	2	2	2	3	3	3	2	2	2	3	3	3	2	2	2	3	3
C02	3	3	2	2	3	3	3	3	4	4	4	4	3	3	3	3	2	2	2	3
C03	3	3	3	3	4	4	3	3	3	2	2	2	2	3	3	3	4	4	4	3
C04	3	3	4	4	3	3	3	3	4	4	4	3	3	3	3	2	2	3	3	3
C05	3	4	4	4	3	3	3	3	3	4	4	4	4	3	3	3	3	4	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 236	TÜRK İŞARET DİLİ	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim of this course is to teach students the basic structure and rules of Turkish Sign Language, to help them develop effective communication skills with individuals who are deaf or hard of hearing, and to enable them to use Turkish Sign Language Teaching Methods and Techniques : appropriately in educational, physical education, and sports settings. Prerequisites and co-requisites : The course covers the historical development, basic characteristics, and grammatical structure of Turkish Sign Language; the manual alphabet, numbers, expressions of time, everyday communication patterns, question forms, expression of feelings and thoughts, and the use of facial expressions and body movements; signs related to family, education, health, occupations, and social life; physical education and sports terminology, sports branches, movement instructions, safety warnings, and effective communication practices with individuals who are deaf or hard of hearing in sports environments. Course Coordinator : Name of Lecturers : Assistants : Asist Prof.Dr. Pinar YAPRAK					

Recommended or Required Reading	
Resources	: Dikyuva, H., Makaroğlu, B. ve Anık, E. (2015). Türk İşaret Dili Dilbilgisi Kitabı. Ankara: T.C. Aile ve Sosyal Politikalar Bakanlığı Yayınları

Course Category	
Mathematics and Basic Sciences	: Education
Engineering	: Science
Engineering Design	: Health
Social Sciences	: Field
	: 100

Weekly Detailed Course Contents		
Week	Topics	Study Materials
1	The historical development, basic characteristics, and areas of use of Turkish Sign Language are discussed.	
2	The structural characteristics of Turkish Sign Language and its differences from Turkish are examined.	
3	The use of handshapes, palm orientation, movement, location, facial expressions, and body movements	
4	The Turkish Sign Language alphabet, representation of letters, and fingerspelling practices are discussed	
5	Numbers, ordinal numbers, age, dates, and expressions of measurement are examined.	
6	Greetings, introductions, self-introduction, and everyday communication expressions are practised.	
7	Signs related to family members, occupations, personal characteristics, and emotions are discussed.	
8	Signs and expressions related to time, place, direction, and transportation are practised.	
9	Question forms, affirmative and negative expressions, and basic sentence structures are examined.	
10	Basic signs used in education, school, and classroom settings are discussed.	
11	Signs related to physical education, sports branches, sports equipment, and basic movements are practised.	
12	Instructions, rules, directions, and safety warnings used in sports settings are discussed.	
13	Signs related to health problems, body parts, injuries, and emergency situations are practised.	
14	Dialogue, role-playing, and communication practices related to educational and sports settings are carried out.	

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts, structural characteristics, and areas of use of Turkish Sign Language.
C02	Uses the Turkish Sign Language alphabet, number signs, and basic everyday communication expressions accurately.
C03	Uses facial expressions, body movements, handshapes, orientation, location, and movement appropriately during communication.
C04	Communicates using basic signs and instructions used in educational, physical education, and sports settings.

C05 Engages in basic communication with individuals who are deaf or hard of hearing on topics related to daily life, health, education, and sports.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	2	4	3	2	4	1	1	1	4	3	4
C01	3	3	2	2	2	3	3	2	2	2	2	2	3	3	3	3	2	2	2	3
C02	3	3	2	2	2	3	3	3	3	3	2	2	2	2	3	3	3	3	3	2
C03	2	2	2	2	3	3	3	3	3	4	4	4	3	3	3	2	2	2	3	3
C04	4	4	4	3	3	4	4	3	3	3	3	4	4	4	3	3	3	4	4	4
C05	3	3	3	3	4	4	4	3	3	3	3	4	4	4	3	3	3	4	4	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
4	SBÖ 210	VOLEYBOL	4	2	3
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Required					
Objectives of the Course : It aims to teach students the fundamental techniques and tactics of volleyball, to familiarize them with the game rules, individual					
Teaching Methods and Techniques : skills, team strategies, and methods for assessing and evaluating game performance.					
Prerequisites and co-requisites : The course aims to teach students the fundamental techniques and tactics of volleyball and familiarize them with the game rules					
Course Coordinator : and scoring system. The content includes passing techniques (normal set, back set, forearm pass), serving types (underhand and					
Name of Lecturers : overhand/jump serve), spiking and blocking, defense and serve reception, offensive organization, team tactics and rotation, beach					
Assistants : volleyball passing, as well as mini-games and practical application of skills and strategies.					
SBÖ 210	VOLEYBOL	Prof. Dr. Serdar USLUProf. Dr. Filiz Fatma ÇOLAKOĞLU			

Recommended or Required Reading	
Resources	: Kırız, F. (2018). Voleybol Teknik ve Taktikleri. Ankara: Spor Yayınları. : ? Prentice, W. E. (2017). Principles of Athletic Training. McGraw-Hill. : ? Sheppard, J. & Nolan, S. (2016). Volleyball: Skills & Drills. Human Kinetics. : ? Ercan, H. (2015). Voleybol Antrenman Teknikleri ve Stratejileri. İstanbul: Spor Akademi Yayınları. :

Course Category	
Mathematics and Basic Sciences	:
Engineering	:
Engineering Design	:
Social Sciences	:
Education	:
Science	:
Health	:
Field	: 100

Weekly Detailed Course Contents		
Week	Topics	Study Materials

1	Introduction to the Course and Volleyball Rules: Court dimensions, player positions, basic game rules, sc	
2	Passing Techniques ? Normal Set: Exec ution of standard overhead sets.	
3	Passing Techniques ? Back Set: Exec ution of back sets.	
4	Passing Techniques ? Forearm Pass (Bump): Exec ution of forearm passes for ball control.	
5	Serving Techniques: Underhand serve, overhand/jump serve, and serving accuracy drills.	
6	Spiking Techniques: Offensive movements, directing the ball with speed and accuracy, spiking against a	
7	Blocking Techniques: Basic block, single and double block exercises, block coordination and timing.	
8	Planjör Pass: Controlled passing and ball direction drills.	
9	Defense and Reception: Serve reception, digging, and ball control with forearm pass	
10	Offensive Organization: Set-spike coordination, fast and combination attacks.	
11	Team Tactics and Rotation: Offensive and defensive strategies, player positions, and rotation rules.	
12	Match Applications: Mini matches, applied game rules, reinforcement of techniques and tactics	
13	Match Applications: Mini matches, applied game rules, reinforcement of techniques and tactics	
14	Match Applications: Mini matches, applied game rules, reinforcement of techniques and tactics.	

Course Learning Outcomes	
No	Learning Outcomes
C01	1 Applies the fundamental techniques and rules of volleyball.
C02	2. Improves individual and team performance in game situations. 3. Can make strategic decisions during a match.
C03	3. Performs serving, passing, spiking, and blocking techniques.
C04	4. Can observe and evaluate game performance.
C05	5. Can make strategic decisions during a match.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	14	2	28
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	3	3	9

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	2	3	3	2	2	1	1	4	3	2	3	2	2	1	1	2	2	3	2	2
C01	2	5	4	4	2	3	3	5	2	2	2	2	3	2	1	1	3	5	4	5
C02	3	5	4	4	2	3	3	5	2	2	2	2	3	2	1	1	3	5	4	5
C03	3	5	4	4	2	3	3	5	2	2	2	2	3	2	1	1	3	5	4	5
C04	3	5	4	4	2	3	3	5	2	2	2	2	3	2	1	1	3	5	4	5
C05	3	5	4	4	2	3	3	5	2	2	2	2	3	2	1	1	3	5	4	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	3	4	12
	Total Work Load			77
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5	SBÖ 303	BİYOMEKANİK	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of lesson; To provide students with the ability to analyze human movements by using the mechanic principles and basic physical laws of physical education and sports. Teaching Methods and Techniques : Course content; Principles of biomechanics in sports and movements of skeletal-muscular systems, the importance of biomechanics in athlete performance, safety of movement in sports and prevention of injuries, movement and movement patterns, muscle and nerve activities, contraction types, muscle, tendon mechanics and muscle contraction mechanics, circulation, respiratory mechanics, skeletal It covers the structure and chemistry of muscles, movement analysis, muscular strength, power, results and analysis of force in sports techniques, analysis of sports techniques. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 303	BİYOMEKANİK	Prof. Dr. Latif Aydos			

Recommended or Required Reading	
Resources	: Gordon Robertson, Graham Caldwell, Joseph Hamill, Gary Kamen, Saunders Whittlesey; Research Methods in Biomechanics, 2004. I : - : :

Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	The definition, scope, basic concepts, and relationship of biomechanics with physical education and spor		
2	Anatomical position, planes and axes of movement, directions, and basic joint movements are examined		
3	Linear motion is discussed in terms of position, displacement, speed, velocity, and acceleration.		
4	Angular motion is examined in terms of angular displacement, angular velocity, and angular acceleration		
5	The concept of force, internal and external forces, and the effects of Newton?s laws of motion on sports		
6	Friction, ground reaction force, center of gravity, equilibrium, and stability are examined.		
7	Torque, moment arm, lever systems, and examples of levers in the human body are discussed.		
8	The concepts of work, energy, and power and the role of mechanical energy in sports performance are €		
9	The concepts of momentum, impulse, and collision are related to running, jumping, throwing, and strikir		
10	The mechanical properties of muscles, tendons, ligaments, bones, and joints and their responses to load		
11	The biomechanical characteristics of walking, running, jumping, and landing movements are analyzed.		
12	Throwing, striking, pushing, and pulling movements are examined in terms of force, velocity, balance, ar		
13	Sport-specific movements in athletics, swimming, football, gymnastics, and weightlifting are evaluated bi		
14	Sports performance and injury risk are evaluated using video analysis and basic movement analysis metf		

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts of biomechanics, planes and axes of movement, and joint movements.
C02	Analyzes linear and angular motion in terms of displacement, velocity, and acceleration.
C03	Relates the principles of force, torque, balance, center of gravity, and levers to human movement.
C04	Evaluates walking, running, jumping, landing, throwing, and striking movements from a biomechanical perspective.

C05 Evaluates sports performance and injury risks using video and basic movement analysis methods.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	8	1	8
Final examination	1	%50	Preparing a Presentation	8	1	8
Total		%100	Midterm Exam and Preperation for Midterm Exam	8	1	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	3	5	5	3	4	5	5	3	4	3	5	3	2	5	2	5	3	4
C01	4	4	4	3	3	3	3	3	3	3	4	4	4	3	3	2	2	2	3	3
C02	3	4	4	4	4	3	3	3	4	4	4	4	4	3	3	4	4	4	3	3
C03	2	2	2	3	3	3	4	4	3	3	3	2	2	2	3	4	4	4	3	3
C04	3	3	3	4	4	4	3	3	3	2	2	3	3	3	3	4	4	4	3	3
C05	3	4	4	5	5	5	3	3	3	2	2	2	3	3	3	4	4	3	4	4

ECTS Allocated Based on Student Workload			
Activities	Quantity	Duration	Total Work Load
Final Exam and Preperation for Final Exam	8	1	8
Total Work Load			74
ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes

Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5	SBÖ 321	ÇOCUK VE EGZERSİZ	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim of the ?Child and Exercise? course is to teach the importance of appropriate physical activities and exercises that support children?s physical, mental, and social development. Within this course, it is aimed to: Teaching Methods and Techniques : Identify physical activities suitable for children?s age and developmental level Prerequisites and co-requisites : ? Support the development of motor skills through movement education Course Coordinator : ? Promote healthy lifestyle habits Name of Lecturers : ? Understand the effects of exercise on children?s health Assistants : ? Improve social skills through games and sports Growth and developmental characteristics in children Definition and importance of physical activity and exercise Motor development in children (balance, coordination, strength, flexibility, etc.) Age-appropriate exercises and games Exercise planning and program design Game-based movement education Developing physical activity and sports habits in children Physical and psychological effects of exercise Posture and fundamental movement skills Exercise safety and injury risks in children Exercise approaches for children with special needs Prof. Dr. Filiz Fatma ÇOLAKOĞLU					
Recommended or Required Reading					
Resources : Gallahue, D. L., Ozmun, J. C., & Goodway, J. D. (2012). Understanding Motor Development: Infants, Children, Adolescents, Adults. : - : :					
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:	30	
Social Sciences	:	Field	:	70	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	Introduction to child development and exercise				
2	Growth and developmental characteristics in children				
3	Basics of physical activity and exercise				
4	Motor development in children				
5	Fundamental movement skills				
6	Age-appropriate physical activities				
7	Game-based movement education				
8	Exercise planning for children				
9	Developing healthy lifestyle habits				
10	Physical effects of exercise				
11	Psychological and social effects of exercise				
12	Posture and body mechanics in children				
13	Exercise safety and injury prevention				
14	Exercise approaches for children with special needs				

Recommended Optional Programme Components	
SBÖ 202 ANTRENMAN BİLGİSİ	
SBÖ 402 EĞİTSEL OYUNLAR	
SBÖ 207 HAREKET EĞİTİMİ	
SBÖ 208 BECERİ ÖĞRENİMİ	
SBÖ 110 MOTOR GELİŞİM	
SBÖ 305 PHYSICAL FITNESS	
Course Learning Outcomes	
No	Learning Outcomes
C01	Understand child development and the importance of exercise
C02	Select and plan appropriate activities
C03	Apply exercise safely
C04	Adapts and evaluates exercise programs according to children's age and developmental characteristics.
C05	Evaluates children's motor development and physical fitness levels and develops recommendations to support their development.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	2	0
Projects	0	%0	Searching in Internet and Library	0	1	0
Practice	0	%0	Material Design and Implementation	0	1	0
Mid-Term	0	%0	Report Preparing	0	1	0
Final examination	1	%50	Preparing a Presentation	8	1	8
Total		%100	Midterm Exam and Preperation for Midterm Exam	8	1	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5
C01	4	3	5	3	3	2	2	3	2	1	5	2	3	2	1	1	1	5	4	3
C02	4	3	5	3	3	2	2	4	2	1	5	2	3	2	1	1	1	5	4	3
C03	4	3	5	3	3	2	2	4	2	1	5	2	3	2	1	1	1	5	4	3
C04	4	3	4	4	4	4	3	3	3	4	4	4	4	3	3	3	3	4	4	4
C05	3	3	3	3	4	2	2	2	3	3	3	4	4	3	3	3	4	4	4	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	8	1	8
	Total Work Load			66
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5	SBÖ 323	EĞİTİMDE AÇIK VE UZAKTAN ÖĞRENME	2	2	3
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Elective					
Objectives of the Course : The aim of this course is to provide students with theoretical knowledge and practical skills related to the history, fundamental					
Teaching Methods and Techniques : principles, and learning environments of open and distance learning, and to develop competencies for the planning and evaluation					
Prerequisites and co-requisites : of distance education processes.					
Course Coordinator : This course provides knowledge on the fundamental concepts, historical development, technological components, instructional					
Name of Lecturers : design, digital learning environments, and implementation processes of open and distance learning systems. It equips students					
Assistants : with theoretical and practical knowledge regarding the planning, implementation, and evaluation processes of distance education.					
SBÖ 323 EĞİTİMDE AÇIK VE UZAKTAN ÖĞRENME					
Instructor Dr. Kemal Arda Kurt					

Recommended or Required Reading					
Resources : Clark, R. C., & Mayer, R. E. (2016). e-Learning and the science of instruction: Proven guidelines for consumers and designers of mu					
:					
:					
:					
:					

Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	Introduction and Course Overview				
2	Definition and Importance of Open and Distance Learning				
3	Historical Development Process				
4	Distance Learning Models				
5	Learning Theories and Distance Education				
6	Distance Learning Environments and Technologies				
7	E-learning Design				
8	Instructional Design Practices				
9	Distance Teaching Materials				
10	Interaction and Feedback				
11	Evaluation Methods				
12	Student Monitoring and Guidance				
13	Quality, Ethics, and Legal Issues				
14	General Review and Evaluation				

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the fundamental concepts of open and distance learning.
C02	Analyzes the historical development of distance education.
C03	Compares different distance learning models.
C04	Identifies the technologies used in distance education.
C05	Plans, implements, and evaluates distance teaching processes.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	5	2	10
Projects	0	%0	Searching in Internet and Library	5	2	10
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	4	2	8
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	4	2	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	2	2	3	3	2	2	3	4	1	1	1	1	2	1	2	1	4	2	1	1
C01	2	3	1	3	3	1	2	4	1	1	2	1	1	2	2	1	2	1	2	3
C02	2	2	1	3	3	2	2	4	1	2	2	1	1	2	1	1	1	3	1	3
C03	2	2	2	3	3	2	3	3	3	1	1	1	2	1	2	1	3	2	2	1
C04	1	3	2	3	2	2	3	4	4	2	1	1	2	1	2	1	4	2	2	1
C05	2	2	3	3	3	2	3	3	1	2	2	1	2	1	2	1	4	3	1	2

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	4	2	8
	Total Work Load			72
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester		Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5		SBÖ 309	PROGRAM DEVELOPMENT IN EDUCATION	2	2	3
Mode of Delivery Language of Instruction Level of Course Unit Work Placement(s) Department / Program Type of Course Unit Objectives of the Course Teaching Methods and Techniques Prerequisites and co-requisities Course Coordinator Name of Lecturers Assistants		: Face to Face : Turkish : Bachelor's Degree : No : Physical Education and Sports Teaching : Required : To recognize the basic concepts and program types related to curriculum development, to explain the theoretical foundations of curriculum development, to analyze the relationships between the basic elements of the curriculum, to prepare a curriculum suitable for curriculum development stages, to recognize and explain curriculum evaluation approaches and models, in Turkey and in the world. To examine the curriculum development studies in education. : Basic concepts of program development; theoretical foundations of curriculum development; types of programs; philosophical, social, historical, psychological and economic foundations of curricula; Curriculum development and features of curricula; phases of program development; the core elements of the program (objective, content, process, evaluation) and the relationships among the elements; classification of objectives and their relationship to program elements; content editing approaches; identifying training needs; program development process and models; curriculum design approaches; program evaluation models; program literacy; duties and responsibilities of teachers in the development of curricula; Features of MEB curricula; implementation of curricula; New approaches and trends in curriculum development in the world and in Turkey.				
SBÖ 309		PROGRAM DEVELOPMENT IN EDUCATION		Prof. Dr. Oktay Akbaş		
Recommended or Required Reading						
Resources		: Demirel, Özcan. (2010). Kuramdan Uygulamaya Eğitimde Program Geliştirme. Ankara: Pegem Yayıncılık : Morris, L. L. ve C.T. Fitz-Gibbon : - : - : -				
Course Category						
Mathmatics and Basic Sciences Engineering Engineering Design Social Sciences		:	Education Science Health Field	:	100	
Weekly Detailed Course Contents						
Week	Topics			Study Materials	Materials	
1	Basic concepts related to curriculum, curriculum development, instructional programs, and course progr					
2	The basic components of a curriculum and the stages of the curriculum development process are examir					
3	Major curriculum designs and their basic characteristics are discussed.					
4	Curriculum development models and their areas of use in educational practice are examined.					
5	The concept of needs analysis, approaches to identifying needs, and needs assessment techniques are d					
6	The formulation of curriculum aims, objectives, learning outcomes, and target behaviors is examined.					
7	Content selection, approaches to content organization, and content analysis practices are discussed.					
8	The organization of teaching and learning processes and the selection of teaching methods and techniqu					
9	The planning of learning experiences in alignment with student characteristics, learning outcomes, and c					
10	The role of measurement and evaluation in curriculum development and the selection of appropriate ass					
11	Curriculum piloting, implementation, monitoring, and possible problems encountered during implemental					
12	Curriculum evaluation approaches, models, and the interpretation of evaluation results are examined.					
13	Existing physical education and sports curricula are analyzed in terms of aims, content, teaching and lea					
14	A sample curriculum for physical education and sports is designed, presented, and evaluated.					
Course Learning Outcomes						
No	Learning Outcomes					
C01	Explains the basic concepts, components, and processes related to curriculum and curriculum development.					
C02	Compares major curriculum designs and curriculum development models.					

C03	Conducts a needs analysis and formulates appropriate aims, objectives, and learning outcomes.
C04	Plans content, teaching-learning processes, and assessment components in a coherent and aligned manner.
C05	Analyzes curricula in physical education and sports and designs a sample curriculum for the field.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	3	1	3
Projects	0	%0	Searching in Internet and Library	3	1	3
Practice	0	%0	Material Design and Implementation	3	1	3
Mid-Term	0	%0	Report Preparing	3	1	3
Final examination	1	%50	Preparing a Presentation	3	1	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	3	1	3

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	4	4	5	4	4	5	2	3	3	3	5	2	5	3	5	3	3	3	5
C01	3	3	3	4	3	4	4	3	3	3	4	4	4	3	3	3	4	5	5	5
C02	3	3	3	4	4	4	3	3	3	4	4	4	2	2	2	3	3	3	4	4
C03	5	5	5	4	4	4	3	3	3	2	2	2	3	3	3	4	4	4	3	3
C04	3	4	4	4	2	2	2	3	3	3	4	4	4	5	5	5	3	3	3	2
C05	2	2	3	3	3	4	4	4	2	2	2	3	3	3	4	4	4	5	3	3



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5	SBÖ 333	FİZİKSEL OKURYAZARLIK	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : To teach students what physical literacy is, relate it to lifelong physical activity, and introduce instructional approaches in physical Teaching Methods and Techniques : education that promote physical literacy Prerequisites and co-requisites : Definition, components and development of the concept of physical literacy; the impact of physical literacy on lifelong physical Course Coordinator : activity; dimensions such as motor development, Name of Lecturers : motivation, self-confidence, physical competence and knowledge; evaluation and support of physical literacy in childhood, Assistants : adolescence and adulthood; applications in the context of physical education and sports.					
SBÖ 333	FİZİKSEL OKURYAZARLIK	Prof. Dr. İmdat YARIM			

Recommended or Required Reading	
Resources	: Whitehead, M. (Ed.). (2010). Physical literacy: Throughout the lifecourse. Routledge. : Edwards, L. C., Bryant, A. S., & Keegan, R. J. (Eds.). (2010). Physical literacy: Throughout the lifecourse. Routledge.

Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	The definition, scope, importance, and basic concepts of physical literacy are discussed.		
2	The theoretical and philosophical foundations of physical literacy are examined.		
3	The relationships among physical competence, fundamental movement skills, and motor development are examined.		
4	The relationships among motivation, self-confidence, self-efficacy, and participation in physical activity are examined.		
5	Knowledge, understanding, decision-making, and personal responsibility related to physical activity are discussed.		
6	The development and promotion of physical literacy in early childhood are examined.		
7	The relationships among fundamental movement skills, play, and physical literacy during childhood are discussed.		
8	Physical literacy, body image, motivation, and participation in physical activity during adolescence are examined.		
9	The relationship between physical literacy and lifelong physical activity during adulthood and older adulthood are discussed.		
10	Assessment tools and evaluation methods used in physical literacy are examined.		
11	School-based physical literacy practices and the whole-school approach are discussed.		
12	Teaching methods, activities, and lesson plans that support physical literacy in physical education are discussed.		
13	Inclusive physical literacy practices are designed for individuals of different ages, ability levels, and needs.		
14	A physical literacy development project for a school or target group is prepared, presented, and evaluated.		

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the definition, importance, and theoretical foundations of physical literacy.
C02	Explains the physical competence, motivation, confidence, knowledge, and understanding components of physical literacy.
C03	Evaluates the physical literacy levels of individuals at different ages and developmental stages.
C04	Applies teaching methods and activities that support physical literacy in physical education lessons.

C05 Plans and evaluates a physical literacy development program for individuals with different ages, ability levels, and needs.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	5	1	5
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	5	1	5
Mid-Term	0	%0	Report Preparing	4	1	4
Final examination	1	%50	Preparing a Presentation	5	1	5
Total		%100	Midterm Exam and Preperation for Midterm Exam	4	2	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	2	2	1	1	1	3	2	1	5	2	1	3	2	2	3	1	2	2	4	2
C01	3	3	3	4	4	4	3	3	3	2	2	2	3	3	3	4	4	3	3	3
C02	3		2	2	3	3	3	4	4	4	4	3	3	3	2	2	2	3	3	3
C03	4	4	4	3	3	3	3	4	4	4	3	3	3	2	2	2	3	3	3	4
C04	4	4	3	3	3	4	4	4	3	3	3	2	2	2	5	5	5	4	4	4
C05	3	3	3	3	4	4	3	5	5	5	3	3	3	4	4	4	5	3	3	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	4	2	8
	Total Work Load			67
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5	SBÖ 305	PHYSICAL FITNESS	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of this course is to enable students to learn the concept of physical fitness and its health-related components, to evaluate their physical fitness levels using scientific testing methods, and to develop healthy lifestyle habits by planning exercise programs tailored to their individual needs. Teaching Methods and Techniques : This course is based on the concept of physical fitness and its relationship to health, covering health-related components of physical fitness (body composition, cardiorespiratory endurance, muscle strength, muscle endurance, and flexibility) and their assessment tests. It also addresses the principles of physical activity and exercise planning, as well as fundamental training methods for improving these components.					
SBÖ 305	PHYSICAL FITNESS	Associate Prof.Dr. Kadir KESKİN			

Recommended or Required Reading	
Resources	: Zorba, E. (2005). Vücut yapısı ölçüm yöntemleri ve şişmanlıkla başa çıkma, Morpa yayıncılık. Zorba, E. & Saygın, Ö. (2017). Fiziksel . : : : :

Course Category	
Mathematics and Basic Sciences : Engineering : Engineering Design : Social Sciences :	Education : Science : Health : Field : 100

Weekly Detailed Course Contents		
Week	Topics	Study Materials
1	The Concept and Importance of Physical Fitness	
2	The Importance of Physical Fitness from a Health Perspective.	
3	Physical Fitness Parameters Related to Health	
4	Body Composition Measurements and Evaluation	
5	Cardiorespiratory Endurance Tests	
6	Muscle Strength Assessment Tests	
7	Muscle Endurance Tests	
8	Flexibility Tests and Evaluation	
9	Midterm Exam	
10	Principles of Physical Activity and Exercise Planning	
11	Methods of Developing Cardiorespiratory Endurance	
12	Methods of Developing Muscle Strength and Muscle Endurance	
13	Methods of Developing Flexibility and Mobility	
14	Final Exam	

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the concept of physical fitness, its health-related components, and its effects on human health
C02	Evaluates health-related physical fitness parameters using appropriate test methods and interprets the results obtained.
C03	Applies exercise methods aimed at improving cardiorespiratory endurance, muscle strength, muscle endurance, flexibility, and body composition.
C04	Plans a physical activity and exercise program suitable for individual characteristics.

C05 Evaluates the outcomes of the implemented physical activity and exercise program and modifies it according to individual progress.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	3	1	3
Projects	0	%0	Searching in Internet and Library	3	1	3
Practice	0	%0	Material Design and Implementation	3	1	3
Mid-Term	0	%0	Report Preparing	3	1	3
Final examination	1	%50	Preparing a Presentation	3	1	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	3	1	3

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	3	3	5	4	3	5	2	2	5	2	2	5	2	5	2	5	2	3	3
C01	3	3	3	4	4	4	2	2	2	2	3	3	3	2	2	2	3	3	3	4
C02	4	4	3	5	5	5	4	4	4	3	3	3	4	4	4	5	5	5	3	3
C03	3	4	4	4	5	5	5	3	3	3		4	4	4	4	3	3	3	4	4
C04	4	3	3	4	4	4	5	5	5	3	3	3	2	2	2	3	3	3	4	4
C05	3	3	3	4	4	4	3	3	3	2	2	2	3	3	3	4	4	4	5	5



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Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5	SBÖ 301	FUTBOL	4	2	3
Mode of Delivery		: Face to Face			
Language of Instruction		: Turkish			
Level of Course Unit		: Bachelor's Degree			
Work Placement(s)		: No			
Department / Program		: Physical Education and Sports Teaching			
Type of Course Unit		: Required			
Objectives of the Course		: Expressing game principles in soccer, applying fundamental technical skills and teaching offensive and defensive principles			
Teaching Methods and Techniques		: History and game knowledge of football, basic game principles, technical skills and offensive and defensive tactics			
Prerequisites and co-requisities		:			
Course Coordinator		:			
Name of Lecturers		: Associate Prof.Dr. Sümer Alvurdu			
Assistants		:			
Recommended or Required Reading					
Resources		: Fedayi Aksoy (2012), Futbol alt yapıda saha içi uygulamaları II, İstanbul: Ajax Eğitim Yayınları. İlyas Okan, Eğitsel Oyunlar ile Futbol			
		:			
		:			
		:			
		:			
Course Category					
Mathmatics and Basic Sciences		:	Education	:	
Engineering		:	Science	:	
Engineering Design		:	Health	:	
Social Sciences		:	Field	:	100
Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	History and rule of soccer				
2	Soccer game structure				
3	Temel teknik: pas ve top kontrolü				
4	Temel teknik: pas ve top kontrolü				
5	Temel teknik: top sürme, aldatma ve sonuçlandırma				
6	Temel teknik: top sürme, aldatma ve sonuçlandırma				
7	Savunma prensipleri ve oyuncu görevleri				
8	Savunma prensipleri ve taktiksel varyasyonlar				
9	Hücum prensipleri ve oyuncu görevleri				
10	Hücum prensipleri ve taktiksel varyasyonlar				
11	Futbolda dar alan oyunları: 3-3, 4-4				
12	Futbolda dar alan oyunları: 5-5, 6-6				
13	11-11 oyun uygulamaları				
14	11-11 oyun uygulamaları				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the general rules and fundamental game structure of soccer				
C02	Apply basic technical skills in soccer				
C03	Lists the basic offensive and defensive principles of soccer				
C04	Futbolda dar alan oyunundaki oyuncu görev ve sorumluluklarını açıklar				
C05	Analyzes the game systems of teams in soccer				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	14	2	28
Assignment	1	%20	Weekly Tutorial Hours	14	1	14
Practice	1	%40	Reading Tasks	5	1	5
Projects	0	%0	Searching in Internet and Library	5	1	5
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%40	Preparing a Presentation	2	3	6
Total		%100	Midterm Exam and Preperation for Midterm Exam	2	3	6

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	2	2	3	2	3	2	5	2	3	3	1	3	5	2	2	2	2	4	4	2
C01	2	1	2	2	3	2	4	1	3	2	1	3	4	2	1	2	2	4	4	1
C02	2	1	1	1	3	1	4	1	3	2	1	3	3	2	1	3	2	3	4	2
C03	2	2	2	2	2	2	4	1	2	3	2	3	4	2	1	3	2	3	4	2
C04	2	1	1	2	2	3	4	1	3	2	1	3	4	1	1	3	2	3	4	1
C05	2	2	2	2	3	3	4	2	3	3	2	2	5	2	1	3	2	3	3	2

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	2	3	6
	Total Work Load			70
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5	SBÖ 313	GÜREŞ / RİTMİK CİMNASTİK (KADIN)	3	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of this course is to enable students to learn the basic concepts, techniques, competition rules, and safety principles of wrestling and rhythmic gymnastics. The course also aims to help students perform basic stances, grips, and techniques in wrestling and fundamental body movements and routines in harmony with rhythm and music in rhythmic gymnastics. Teaching Methods and Techniques : The course covers the historical development, basic concepts, competition rules, and safety principles of wrestling and rhythmic gymnastics; basic stances, grips, falling techniques, standing and ground techniques, and technical combinations in wrestling; and fundamental positions, steps, leaps, balances, turns, flexibility movements, the use of rhythm and music, activities with and without apparatus, movement combinations, and routine development in rhythmic gymnastics. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 313	GÜREŞ / RİTMİK CİMNASTİK (KADIN)	Associate Prof.Dr. Mehmet YıldızProf.Dr. Sezen Çimen Polat			

Recommended or Required Reading

Resources	: Kaya, İ. (2024). Güreşte Bilimsel Antrenman Metotları ve Öğretim Teknikleri. Ankara: Gazi Kitabevi. Polat, S. Ç. ve Örs, B. S. (2020).
	:
	:
	:

Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	The historical development, basic characteristics, competition rules, and safety principles of wrestling and rhythmic gymnastics.		
2	Basic stances, grips, and movements on the mat in wrestling; and fundamental positions, body postures, and basic falls in rhythmic gymnastics.		
3	Falling, rolling, and partner safety exercises in wrestling; and basic step, hop, and leap exercises in rhythmic gymnastics.		
4	Gripping, unbalancing, and basic defensive techniques in wrestling; and balance and flexibility movements in rhythmic gymnastics.		
5	Basic standing techniques and leg attacks in wrestling; and turns and pivot movements in rhythmic gymnastics.		
6	Basic throwing techniques using the arms and trunk in wrestling; and combinations of leaps, balances, and turns in rhythmic gymnastics.		
7	Basic ground-control, turning, and pinning techniques in wrestling; and harmony among music, rhythm, and movement in rhythmic gymnastics.		
8	Combinations of standing and ground techniques in wrestling; and basic swings, rotations, throws, and catches in rhythmic gymnastics.		
9	Offensive, defensive, and counter-technique practices in wrestling; and basic hoop movements and body control in rhythmic gymnastics.		
10	Technical errors in wrestling are identified and corrective exercises are practised; rolling, bouncing, throwing, and catching in rhythmic gymnastics.		
11	Wrestling techniques are adapted to individual characteristics; and basic swings, mills, throws, and catch techniques in rhythmic gymnastics.		
12	Competition procedures, scoring, and basic refereeing practices in wrestling; and spirals, snakes, circles, and combinations in rhythmic gymnastics.		
13	Technical combinations and instructional practices are carried out in wrestling; and a short routine combination is developed in rhythmic gymnastics.		
14	Wrestling techniques or rhythmic gymnastics routines are performed and evaluated according to technical criteria.		

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts, historical development, competition rules, and safety principles of wrestling and rhythmic gymnastics.
C02	Performs basic stances, grips, falls, and techniques in wrestling and fundamental body movements, steps, leaps, balances, and turns in rhythmic gymnastics with proper technique.
C03	Performs wrestling techniques in appropriate combinations or arranges rhythmic gymnastics movements into a routine in harmony with music and rhythm.
C04	Identifies errors in basic technical practices and develops appropriate solutions in accordance with safety, assistance, and correction principles.

C05 Plans, implements, and evaluates a beginner-level instructional activity in wrestling or rhythmic gymnastics.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	1	14
Assignment	0	%0	Weekly Tutorial Hours	14	2	28
Practice	0	%0	Reading Tasks	5	2	10
Projects	0	%0	Searching in Internet and Library	5	2	10
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	4	2	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	4	4	4	4	3	3	3	5	5	5	4	4	4	4	3	3	4	4	4
C01	5	5	5	3	3	3	3	3	3	4	4	4	3	3	3	4	4	2	3	3
C02	4	4	4	4	4	3	3	3	3	3	2	2	2	3	3	3	2	2	2	3
C03	3	3	3	3	4	4	4	3	3	3	3	2	2	3	3	2	2	3	3	3
C04	4	4	3	3	3	3	2	2	2	3	3	3	4	4	3	3	3	4	4	4
C05	3	3	3	4	4	4	4	3	3	3	3	4	4	4	4	3	3	3	4	4

Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5	SBÖ 325	İLKÖĞRETİMDE BEDEN EĞİTİMİ	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim of this course is to enable students to understand the developmental characteristics of primary school children and to plan and implement physical education lessons appropriate to these characteristics. The course also aims to develop the knowledge and skills required to teach fundamental movement skills, physical fitness, games, and sports activities through a safe, educational, inclusive, and student-centered approach. Teaching Methods and Techniques : The course covers the physical, motor, cognitive, emotional, and social developmental characteristics of primary school children; the aims and basic principles of physical education at the primary school level; fundamental movement skills, games, rhythm, physical fitness, and sports activities; lesson planning, teaching methods and techniques, classroom management, equipment use, safety, and risk management; adaptations for individual differences and special needs; and the monitoring and assessment of student performance. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 325	İLKÖĞRETİMDE BEDEN EĞİTİMİ	Prof. Dr. Muhsin Hazar			

Recommended or Required Reading					
Resources : Beden Eğitimi ve Spor Öğretiminde Öğrenme ve Öğretimin Temelleri, İsmail Topkaya, Nobel Akademik, 2007 : : : :					
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	The aims, importance, scope, and basic principles of physical education in primary education are discussed				
2	The physical, motor, cognitive, emotional, and social developmental characteristics of primary school children				
3	The structure, aims, and learning outcomes of the primary school physical education curriculum are discussed				
4	The introduction, development, and conclusion stages of a physical education lesson and the principles of teaching				
5	The teaching of fundamental movement skills such as locomotor, stability, and object-control skills is practiced				
6	Activities involving walking, running, jumping, hopping, throwing, catching, and striking skills are practiced				
7	The selection, planning, and implementation of educational games appropriate to children's age and development				
8	The use of rhythm, music, dance, and creative movement activities in primary school physical education				
9	Activities aimed at developing health-related physical fitness components in children are examined.				
10	Teaching methods, instruction-giving, demonstration, and feedback techniques in physical education lessons				
11	The principles of classroom management, student participation, motivation, and creating a positive learning environment				
12	Equipment use, organization of the physical environment, safety, and risk management practices are discussed				
13	Inclusive and adapted physical education activities are developed according to individual differences and needs				
14	A physical education lesson for the primary school level is planned, implemented, and evaluated using appropriate methods				

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the physical, motor, cognitive, emotional, and social developmental characteristics of primary school children.
C02	Prepares physical education lesson plans appropriate to the primary school level and selects suitable teaching methods.
C03	Implements fundamental movement skills, games, rhythm, and physical fitness activities safely.

C04	Adapts physical education activities according to individual differences and special needs.
C05	Evaluates students' development and performance in physical education lessons using appropriate assessment methods.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	4	1	4
Mid-Term	0	%0	Report Preparing	4	1	4
Final examination	1	%50	Preparing a Presentation	4	1	4
Total		%100	Midterm Exam and Preperation for Midterm Exam	4	1	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	3	2	3	3	5	3	5	2	3	3	5	2	4	4	5	5	4	5	5
C01	3	3	3	2	2	2	3	3	3	3	4	4	4	5	5	5	4	4	4	5
C02	5	4	4	4	4	3	3	3	4	4	4	4	3	3	3	3	4	4	4	2
C03	2	2	3	3	3	4	4	4	3	3	3	4	4	4	4	3	3	3	4	4
C04	4	3	3	3	2	2	2	3	3	3	4	4	4	3	3	3	4	4	4	3
C05	3	3	3	4	4	4	4	3	3	3	4	4	4	5	5	5	3	3	2	2



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5	SBÖ 331	KARİYER PLANLAMA VE GİRİŞİMCİLİK	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim of this course is to enable students to recognize their interests, abilities, and professional goals, plan their careers consciously, and prepare for working life. The course also aims to provide students with basic knowledge and skills related to entrepreneurship, innovation, creativity, opportunity recognition, project development, and business start-up processes. Teaching Methods and Techniques : The course covers basic concepts related to career and career planning; self-awareness and the identification of interests, abilities, values, and personality characteristics; professions and career opportunities; résumé preparation, job search, interview, and effective communication skills; setting career goals and developing an individual career plan; entrepreneurship, entrepreneurial characteristics, creativity, and innovation; developing business ideas, opportunity analysis, business models, and entrepreneurship practices in the field of sports. Prerequisites and co-requisites : None Course Coordinator : Associate Prof.Dr. Alperen Name of Lecturers : Assistants :					
SBÖ 331 KARIYER PLANLAMA VE GİRİŞİMCİLİK					
Associate Prof.Dr. Alperen					
Recommended or Required Reading					
Resources : Tutar, H. (Ed.). (2024). Kariyer Planlaması ve Yönetimi (2. baskı). Ankara: Seçkin Yayıncılık. Öztemel, K. (2022). Kariyer Planlama ve Yönetimi. Ankara: Seçkin Yayıncılık.					
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	The concepts of career, profession, work, and career planning, along with the scope of the course, are discussed.				
2	Interests, abilities, values, personality traits, and strengths are examined as part of the self-awareness process.				
3	Career development theories and the factors affecting individual career decisions are discussed.				
4	Professions, fields of employment, and career opportunities in physical education and sports are examined.				
5	The processes of setting career goals, establishing short- and long-term objectives, and preparing an individual career plan are discussed.				
6	Job search methods, career platforms, professional networking, and skills for evaluating job advertisements are discussed.				
7	Practices involving the preparation of résumés, cover letters, letters of intent, and digital career profiles are discussed.				
8	Types of job interviews, interview techniques, effective communication, body language, and personal presentation skills are discussed.				
9	The concept of entrepreneurship, entrepreneurial characteristics, types of entrepreneurship, and the entrepreneurial process are discussed.				
10	Creativity, innovation, problem identification, and business idea development techniques are examined.				
11	Market research, target audience identification, opportunity analysis, and competitive assessment are discussed.				
12	Business models, value propositions, revenue streams, cost structures, and basic financing options are discussed.				
13	Business plan preparation, risk management, ethics in entrepreneurship, and social entrepreneurship are discussed.				
14	A career plan or entrepreneurship project related to physical education and sports is prepared, presented, and defended.				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Develops an individual career plan in line with personal interests, abilities, values, personality traits, and professional goals.				
C02	Evaluates professions, fields of employment, and career opportunities in physical education and sports.				
C03	Prepares a résumé, cover letter, and digital career profile and uses effective communication and personal presentation skills in job interviews.				
C04	Develops business ideas related to physical education and sports by applying the principles of entrepreneurship, creativity, and innovation.				

C05 Prepares a feasible entrepreneurship project by considering market research, opportunity analysis, business models, financing, and risk factors.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	5	1	5
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	5	1	5
Mid-Term	0	%0	Report Preparing	4	1	4
Final examination	1	%50	Preparing a Presentation	5	1	5
Total		%100	Midterm Exam and Preperation for Midterm Exam	4	2	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	2	2	1	1	1	3	2	1	5	2	1	3	2	2	3	1	2	2	4	2
C01	2	2	2	3	3	3	2	2	2	3	3	3	4	4		2	3	3	3	2
C02	2	2	3	3	3	4	4	4	3	3	3	4	4		5	5	3	4	4	4
C03	3	3	3	4	4	4	3	3	3	4	4	4	5	5	4	4	4	3	3	3
C04	2	2	2	3	3	3	3	3	4	4	4	1	1	2	2	2	3	3	2	2
C05	2	3	3	3	4	4	4	4	3	3	3	4	4	5	5	5	3	4	4	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	4	2	8
	Total Work Load			67
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



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FACULTY OF SPORTS SCIENCES
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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5	SBÖ 307	ÖZEL ÖĞRETİM YÖNTEMLERİ	4	2	4
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : In this course, teaching methods in the subject area, learning and teaching processes, the application of general teaching methods to the teaching of the subject area, the examination of the textbooks and researches in the subject area, and the application of special teaching methods with sample lesson plans are aimed. Teaching Methods and Techniques : The content of the course is comprehensive information about methods and lesson plan applications prepared about the method Prerequisites and co-requisites : within the framework of planning the teaching activities of physical education teaching. Course Coordinator : Name of Lecturers : Assistants :					
ÖZEL ÖĞRETİM YÖNTEMLERİ					
Associate Prof.Dr. Neslihan Arkan Fidan					
Recommended or Required Reading					
Resources : İlhan.E.L. Farklı Boyutlarıyla Öğretmenlik. Nobel Yayınları 2025					
Course Category					
Mathematics and Basic Sciences : Engineering : Engineering Design : Social Sciences : 10					
Education : 40 Science : Health : Field : 40					
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	Teaching methods and techniques in physical education and sports				
2	Measurement and evaluation in physical education				
3	Command method				
4	Practice method				
5	Paired working method				
6	Participation method				
7	Self-assessment (supervision) method				
8	Teaching models				
9	Guided method of invention				
10	Problem solving method				
11	Multiple intelligence theory				
12	Planned application examples prepared in accordance with the method				
13	Planned application examples prepared in accordance with the method				
14	General assessment				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Defines concepts such as teaching, learning and method.				
C02	Comprehends the spatial teaching methods.				
C03	Analyzes the learner's characteristics in terms of methods.				
C04	Performs Content Analysis in terms of methods.				
C05	Performs target acquisition analysis in terms of methods.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	1	8
Projects	0	%0	Searching in Internet and Library	8	1	8
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	8	1	8
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	8	2	16

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	3	5	2	3	5	3	5	4	5	4	4	5	2	3	5	4	5	4	5
C01	4	4	4	4	3	4	3	3	3	4	4	4	3	3	3	3	4	4	4	4
C02	5	5	5	4	4	4	3	3	3	2	2	2	3	3	3	4	4	4	4	3
C03	3	3	4	4	4	3	3	3	4	4	4	5	5	5	4	4	4	3	3	3
C04	4	4	4	5	5	5	4	4	4	3	3	4	4	4	3	3	3	4	4	4
C05	5	5	5	4	4	4	3	3	3	4	4	4	4	4	3	3	3	3	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	3	6	18
	Total Work Load			100
	ECTS Credit of the Course			4

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5	SBÖ 337	SERBEST ZAMAN EĞİTİMİ	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim of the course is to introduce students to the concept of leisure, develop their ability to use free time productively and creatively, and help them understand the individual and social significance of leisure education. Teaching Methods and Techniques : The concept of leisure, its historical development and sociological foundations; leisure time management and planning skills; the impact of leisure activities on individuals and society; recreational activities, sports games, outdoor sports and cultural events; the role of leisure education in physical education and sports. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
MAN EĞİTİMİ Research Assist.Dr. Ecem Türkmen					

Recommended or Required Reading	
Resources	: Karaküçük, S. (2020). Rekreasyon ve Serbest Zaman Değerlendirme. Gazi Kitabevi. : : :

Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials

1	Basic concepts related to leisure, recreation, and leisure education are discussed.		
2	The historical development of leisure and its relationship with social change are examined.		
3	The aims, basic principles, and importance of leisure education in individual development are discussed.		
4	The physical, mental, emotional, and social benefits of leisure activities are examined.		
5	Leisure awareness, attitudes and values toward leisure, and personal responsibility are discussed.		
6	Leisure skills, the identification of interests, and the development of individual preferences are examined		
7	Time management, balance in daily life, and methods of planning meaningful leisure are discussed.		
8	Motivation, constraints, and facilitating factors affecting participation in leisure activities are examined.		
9	Leisure education practices for children and young people are discussed.		
10	Lifelong leisure education practices for adults and older adults are examined.		
11	Inclusive and adapted leisure activities for individuals with special needs and disadvantaged groups are c		
12	Digital media, screen use, online activities, and digital leisure habits are examined.		
13	The planning and implementation of school-, family-, and community-based leisure education programs		
14	A leisure education program for the needs of a specific target group is developed and evaluated in terms		

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts and principles related to leisure, recreation, and leisure education.
C02	Evaluates the contributions of leisure activities to individuals? physical, mental, emotional, and social development.
C03	Analyzes the motivation, constraints, and facilitating factors affecting participation in leisure activities.
C04	Plans and implements inclusive leisure activities for groups with different ages, needs, and characteristics.
C05	Develops a leisure education program for a specific target group and evaluates its feasibility.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	2	4	3	2	4	1	1	1	4	3	4
C01	3	3	3	4	4	4	3	3	3	2	2	2	2	3	3	3	4	4	4	2
C02	2	2	2	2	3	3	4	4	4	5	5	3	3	4	4	3	3	2	2	3
C03	3	4	4	4	3	3	3	4	4	4	5	5	4	4	3	3	2	3	3	3
C04	2	2	2	3	3	4	4	3	4	2	3	4	4	3	2	3	3	4	4	4
C05	3	3	3	3	4	4	4	3	3	2	2	2	3	3	3	2	2	2	3	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester		Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5		SBÖ 335	SPORDA FAİR PLAY	2	3	3
Mode of Delivery		:	Face to Face			
Language of Instruction		:	Turkish			
Level of Course Unit		:	Bachelor's Degree			
Work Placement(s)		:	No			
Department / Program		:	Physical Education and Sports Teaching			
Type of Course Unit		:	Elective			
Objectives of the Course		:	To explain the concept and development of fair play in ancient and modern eras; to examine formal and informal fair play			
Teaching Methods and Techniques		:	behaviors; to analyze individual and social factors that hinder adherence to fair play; to explore the relationship between school			
Prerequisites and co-requisites		:	physical education and fair play; and to discuss the current state and developmental perspectives of fair play in Turkey.			
Course Coordinator		:	Additionally, to design fair play activities and to provide fair play education through physical education and sport.			
Name of Lecturers		:	The scope and semantic development of fair play; the historical development of the concept of fair play; concepts related to fair			
Assistants		:	play (such as morality, attitude, values, etc.); moral development; fair play education and its practices in school physical			
SBÖ 335		SPORDA FAİR PLAY				
		Prof. Dr. Gülfem SEZEN BALÇIKANLI				
Recommended or Required Reading						
Resources		:	Ateşoğlu, M., Sporda Erdemlik: Fair Play. Ankara, 1974			
		:				
		:				
		:				
		:				
Course Category						
Mathmatics and Basic Sciences		:	Education	:		
Engineering		:	Science	:		
Engineering Design		:	Health	:		
Social Sciences		:	Field	:	100	
Weekly Detailed Course Contents						
Week	Topics			Study Materials	Materials	
1	The concept and scope of fair play					
2	Concepts related to fair play					
3	The historical development of fair play					
4	Moral development					
5	The role of physical education in fair play education					
6	Fair play initiatives in Turkey.					
7	Mid Term					
8	Perspectives on developing a sense of fair play					
9	Fair play units (activities, games): Unit 1: fair play					
10	Sportspersonship					
11	Ethics					
12	Role Models					
13	Goal Setting					
14	Teamwork					
Course Learning Outcomes						
No	Learning Outcomes					
C01	Knows the concept of fair play,					
C02	understands the importance of fair play education,					
C03	Creates fair play activities,					
C04	implement fair play activities.					

C05 Evaluates fair play behaviors in sports and educational settings and proposes strategies for improvement.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria		
In-Term Studies	Quantity	Percentage
Mid-terms	1	%50
Assignment	0	%0
Practice	0	%0
Projects	0	%0
Practice	0	%0
Mid-Term	0	%0
Final examination	1	%50
Total		%100

ECTS Allocated Based on Student Workload			
Activities	Quantity	Duration	Total Work Load
Weekly Theoretical Course Hours	14	2	28
Weekly Tutorial Hours	0	0	0
Reading Tasks	5	1	5
Searching in Internet and Library	4	1	4
Material Design and Implementation	5	1	5
Report Preparing	4	2	8
Preparing a Presentation	5	1	5
Midterm Exam and Preperation for Midterm Exam	4	2	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	2	2	1	1	1	3	2	1	5	2	1	3	2	2	3	1	2	2	4	2
C01	2	2	2	3	3	2	2	2	3	3	3	4	4	3	3	2	2	2	2	3
C02	3	2	2	2	3	3	4	4	4	3	3	2	2	3	3	4	3	2	3	3
C03	4	3	2	3	4	4	2	2	2	2	3	3	3	2	2	3	3	3	3	4
C04	4	4	5	5	5	4	4	4	3	3	4	4	5	5	4	4	4	4	3	3
C05	3	4	4	4	5	5	4	3	3	3	2	3	3	4	2	3	3	3	4	3

Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester		Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
5		SBÖ 311	TÜRK SPOR TARİHİ	2	2	2
Mode of Delivery		:	Face to Face			
Language of Instruction		:	Turkish			
Level of Course Unit		:	Bachelor's Degree			
Work Placement(s)		:	No			
Department / Program		:	Physical Education and Sports Teaching			
Type of Course Unit		:	Required			
Objectives of the Course		:	Examining the sports played by the Turks from ancient times to the present and the stages these sports have gone through.			
Teaching Methods and Techniques		:	Evaluating the sports culture in the Turks and the treatment of these sports in the historical background.			
Prerequisites and co-requisites		:				
Course Coordinator		:				
Name of Lecturers		:	Prof. Dr. Özbay GÜVEN			
Assistants		:				
Recommended or Required Reading						
Resources		:	1.Kahraman,Â.,Osmanlı Devleti'nde Spor, Kültür Bakanlığı Yayınları:1697, Başvuru Kitapları Dizisi:27, Ankara, 1995 2.Kahraman,Â.,			
		:	-			
		:				
		:				
		:				
Course Category						
Mathmatics and Basic Sciences		:	Education	:		
Engineering		:	Science	:		
Engineering Design		:	Health	:		
Social Sciences		:	Field	:	100	
Weekly Detailed Course Contents						
Week	Topics	Study Materials		Materials		
1	Basic sources of Turkish sports history.					
2	Stages of sports in Turkish culture.					
3	Turkish sports culture in literary texts.					
4	Sports activities in Turkish sports history.					
5	Hunting sport in Turks					
6	Archery sport in Turks					
7	Wrestling sport in Turks					
8	Equestrian sport in Turks					
9	Javelin sport in Turks					
10	Çöğen/Çevgân/Polo sport in Turks					
11	Gökbörü sport in Turks					
12	Mace Lifting, Spear Throwing sport in Turks					
13	Other sports and games in Turkish sports culture					
14	Turkish sports history research					
Recommended Optional Programme Components						
SBÖ 209 PHYSICAL EDUCATION AND SPORTS HISTORY						
SBÖ 421 TÜRK DÜNYASINDA GELENEKSEL OYUNLAR VE SPOR KÜLTÜRÜ						
Course Learning Outcomes						
No	Learning Outcomes					
C01	Learning the historical periods, geographical regions, cultural, social, economic, political, institutionalization and organization of Turkish sports culture.					
C02	Understanding and being able to explain the principles of sports within the framework of Turkish sports history.					

C03	Understanding the place of sports in Turkish culture and being able to explain the development stages of sports.
C04	Being able to understand the effect of geography on the sports activities that Turks adopted and made a tradition.
C05	Understanding the historical development of hunting sports and establishing a relationship with traditional hunting.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	5	1	5
Projects	0	%0	Searching in Internet and Library	5	1	5
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	3	3	3	4	4	3	5	3	3	4	5	4	5	3	3	3	4	4
C01	4	4	4	3	3	4	4		5	5	4	4	3	3	4	5	4	4	3	4
C02	5	4	4	3	4	4	4	5	5	4	4	4	3	3	4	4	4	4	5	5
C03	5	4	4	5	5	5	5	5	4	4	4	4	3	3	2	3	3	4	4	4
C04	5	4	4	5	3	4	4	3	3	4	3	3	4	4	3	4	3	3	4	5
C05	5	5	3	4	3	4	4	4	4	3	3	2	2	2	3	3	4	4	5	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			52
	ECTS Credit of the Course			2

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
6	SBÖ 334	BEDEN EĞİTİMİ VE SPORDA DÜZELTİCİ EGZERSİZ	2	3	3
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Elective					
Objectives of the Course : To able to know the characteristics of human movement, evaluate movement limitations and disorders, and apply appropriate					
Teaching Methods and Techniques : exercise interventions to eliminate them.					
Prerequisites and co-requisites : Having knowledge about the imbalances, deficiencies, future changes and exercises related to the muscular system and the					
Course Coordinator : distribution of these disorders					
Name of Lecturers :					
Assistants : İMİ VE SPORDA DÜZELTİCİ EGZERSİZ					
Associate Prof.Dr. Kadir KESKİN					

Recommended or Required Reading

Resources	: Medya Okuryazarlığı Elkitabı Kemal İnal, Ütopya Yayınevi
	:
	:
	:

Course Category

Mathematics and Basic Sciences	: 0	Education	: 0
Engineering	: 0	Science	: 0
Engineering Design	: 0	Health	: 0
Social Sciences	: 0	Field	: 100

Weekly Detailed Course Contents

Week	Topics	Study Materials	Materials
1	Introduction to corrective exercise training	-	Adnan Altun, Erkan Yeşiltaş, Med
2	Introduction to movement science		
3	Movement disorders		
4	Assessing movement dysfunction in humans		
5	Health risk assessment		
6	Assessing static posture and mobility		
7	Assessing range of motion and strength characteristics		
8	Continuity of corrective exercise		
9	Preventive Techniques: Self-Administered Myofascial Release Exercise		
10	Activation and Integration Techniques		
11	Corrective Exercise Strategies- Corrective Strategies for Foot and Ankle Disorders		
12	Corrective Strategies for Lumbo-Pelvic-Hip Complex Disorders		
13	Corrective Strategies for Shoulder, Elbow, and Wrist Disorders		
14	Final Exam		

Course Learning Outcomes

No	Learning Outcomes
C01	Identifies exercises that can be used to improve common musculoskeletal imbalances
C02	Knows what self-myofascial release techniques are and when to use them
C03	Knows how stretching exercises can be used to increase mobility and range of motion
C04	Knows when to include strengthening exercises in corrective exercise programs
C05	Plans and implements an appropriate corrective exercise program based on movement assessment results.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	2	1	2
Mid-Term	0	%0	Report Preparing	14	1	14
Final examination	1	%50	Preparing a Presentation	4	1	4
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	4	2	4	3	3	5	3	4	4	3	3	2	1	3	1	3	4	4
C01	4	4	4	3	3	3	4	4	4	4	3	3	3	4	4	4	3	3	3	4
C02	4	4	3	3	3	4	4	4	4	3	3	3	3	4	4	4	3	3	3	4
C03	4	4	3	3	3	3	4	4	4	4	3	3	3	3	4	4	4	4	3	3
C04	3	3	3	3	4	4	4	4	4	3	3	3	3	3	4	4	4	3	3	3
C05	4	4	4	4	3	3	3	3	4	4	4	4	4	3	3	3	3	4	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			70
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	1	0
Projects	0	%0	Searching in Internet and Library	5	1	5
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	7	2	14
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	4	1	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	3	3	4	4	3	3	3	4	3	4	3	4	4	3	4	3	3	4	4
C01	3	3	3	3	4	4	4	4	3	3	3	3	4	4	4	5	5	5	4	4
C02	4	3	3	3	3	4	4	4	3	3	4	4	3	3	4	4	3	3	4	4
C03	4	5	5	4	4	3	3	3	3	4	4	4	4	3	3	3	4	4	4	3
C04	3	4	4	4	3	3	4	4	4	5	5	5	4	4	4	4	3	3	3	4
C05	4	4	4	4	3	3	3	4	4	4	3	3	4	4	4	3	3	4	5	5

Contribution of Learning Outcomes to Programme Outcomes	
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant	



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
6	SBÖ 314	BEDEN EĞİTİMİ VE SPORDA ARAŞTIRMA TEKNİKLERİ	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : To familiarize students with the fundamental trends, paradigms, and concepts specific to scientific research, as well as the structure and process of scientific research (identifying the research topic and problem, literature review, developing a research design, collecting and analyzing data, reporting research findings); and to develop students' skills and critical perspectives on various dimensions of scientific research through research projects. Teaching Methods and Techniques : Introduction to Scientific Research & Fundamentals of Scientific Research Scientific Approaches (Positivism & Qualitative Approach; Interpretive & Quantitative Approach) Fundamental Concepts in Scientific Research Selection of Research Topic and Problem Critical Literature Review Data Types and Data Collection Tools in Scientific Research: Survey & Observation Data Types and Data Collection Tools in Scientific Research: Interview & Documentation Measurement and Scales in Research Sample and Sample Types Quantitative and Quantitative Data Analysis Preparation of the Research Report Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Associate Prof.Dr. Neslihan ARIKAN FİDAN Assistants :					
SBÖ 314	BEDEN EĞİTİMİ VE SPORDA ARAŞTIRMA TEKNİKLERİ				

Recommended or Required Reading	
Resources	: Karasar, N. (2000). Scientific Research Method. Ankara: Nobel Publishing. : Kaptan, S. (1998). Scientific Research and Statistical Tech : : :

Course Category			
Mathematics and Basic Sciences	: 10	Education	: 20
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	: 20	Field	: 50

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	Basics of science		
2	Stages of scientific research		
3	Determination of the problem		
4	Sub problems and hypotheses		
5	Variables		
6	Assumption, limitation and definitions		
7	Research model		
8	Sample selection		
9	Collection and analysis of data		
10	Findings and discussion		
11	Conclusion and suggestions		
12	Ways to access scientific resources		
13	Scientific research and publication ethics		
14	Unethical behavior and causes		

Course Learning Outcomes	
No	Learning Outcomes
C01	Expresses the basics and stages of science
C02	Lists the research problem and its sub-steps
C03	Analyze scientific research

C04	Evaluates scientific research ethically
C05	Prepare a proposal on a scientific subject related to the field
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	5	3	15
Projects	0	%0	Searching in Internet and Library	6	3	18
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	4	2	8
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	1	2	4	3	5	1	1	1	1	3	4	3	4	2	5	4	1	3	4
C01	2	2	3	3	3	4	2	1	2	1	2	3	3	3	2	4	4	1	2	3
C02	3	1	4	4	2	5	3	2	2	2	3	4	3	4	2	5	5	2	2	3
C03	2	2	4	3	2	4	2	3	3	3	2	3	3	3	1	4	3	3	3	2
C04	3	2	2	2	2	3	4	3	2	2	3	4	3	3	1	4	5	2	3	4
C05	2	1	3	3	4	5	3	4	3	3	3	4	3	4	2	5	2	4	3	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			83
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
6	SBÖ 312	EGZERSİZ VE BESLENME	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of this course is to enable students to understand the relationship between physical activity, exercise, and nutrition on a scientific basis. Within the scope of the course, students are expected to learn about the effects of exercise on health, the principles of energy balance and nutrition, exercise and nutrition approaches for different individual groups, and to develop healthy lifestyle behaviors applicable in daily life. Teaching Methods and Techniques : Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : This course addresses the relationship between physical activity and exercise and nutrition. It examines the physiological foundations of exercise, energy systems, macronutrients, micronutrients, energy balance, and metabolism. Principles of pre-, during-, and post-exercise nutrition, athlete nutrition, and exercise and nutrition approaches in different age and specific groups (children, the elderly, individuals with chronic diseases) are evaluated. Furthermore, the effects of physical activity on health, national and international physical activity programs, and healthy eating and exercise practices in daily life are discussed. Assistants :					
SBÖ 312	EGZERSİZ VE BESLENME	Prof. Dr. Ebru ÇETİN			

Recommended or Required Reading	
Resources	: 1.Wilmore, J., Costill, D., Kenney, W. L. Spor ve Egzersiz Fizyolojisi. Spor Yayınevi ve Kitabevi. Ankara, 2020,Related literature : : : :

Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	Concepts, definitions, and basic principles of physical activity and exercise.		
2	Introduction to exercise physiology, energy systems.		
3	Basic principles of nutrition, macronutrients and micronutrients.		
4	Energy balance, metabolism, and body composition.		
5	Digestion of nutrients		
6	carbohydrates		
7	Lipids		
8	proteins		
9	vitamins		
10	minerals		
11	water and fluid balance		
12	Nutrition before, during, and after exercise		
13	Basic principles of sports nutrition		
14	Types of exercises and individual programming.		

Course Learning Outcomes	
No	Learning Outcomes
C01	It explains basic concepts related to physical activity and exercise.
C02	It evaluates the relationship between exercise, nutrition, and health.
C03	It explains energy systems and the effects of nutrients on exercise.

C04	They apply nutritional principles before, during, and after exercise.
C05	It develops exercise and nutrition recommendations suitable for different age and specific groups.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	4	1	4
Mid-Term	0	%0	Report Preparing	4	1	4
Final examination	1	%50	Preparing a Presentation	4	1	4
Total		%100	Midterm Exam and Preperation for Midterm Exam	4	1	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	3	3	2	1	5	3	2	4	3	2	4	1	1	1	4	3	4
C01	3	3	2	2	3	3	3	2	2	2	3	3	3	2	2	2	3	3	3	2
C02	2	2	3	3	3	2	2	2	3	3	3	2	2	3	3	3	3	2	2	3
C03	3	3	2	2	2	3	3	3	3	2	2	3	3	3	2	2	2	3	3	3
C04	2	2	2	3	3	3	3	3	2	3	2	3	3	4	4	4	3	3	3	2
C05	2	3	3	3	4	4	4	3	3	3	4	4	4	3	3	3	2	2	2	4



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
6	SBÖ 326	EĞİTİM FELSEFESİ	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim of this course is to be able to define the philosophy of education in the context of the concept content and fields of philosophy, to comprehend the reflections of critical thinking and philosophical perspective on education, to understand the differences between the content and methods in philosophy, theology, science and art. Teaching Methods and Techniques : Basic subjects and problem areas of philosophy; philosophy of existence, knowledge, morals/values and education; basic philosophical movements (idealism, realism, naturalism, empiricism, rationalism, pragmatism, existentialism, analytical philosophy) and education; educational philosophy and educational movements: Perennialism, essentialism, progressivism, existential education, critical/radical education; Educational views of some philosophers in the Islamic world and in the West; human nature, individual differences and education; education in terms of some political and economic ideologies; The currents of thought and education that are effective in the modernization process in Turkey; Philosophical foundations of the Turkish education system SBÖ 326 EĞİTİM FELSEFESİ Instructor Dr. Hüseyin Kocasarıç					
Recommended or Required Reading					
Resources : Çakır, V.O. (2014). Sporun Sosyolojik Temelleri. Spor Yayınevi, Ankara. Arscott, D. (2014). Olympics and Interesting History. Akılç : - : - : - : -					
Course Category					
Mathematics and Basic Sciences	: 0	Education	: 0		
Engineering	: 0	Science	: 0		
Engineering Design	: 0	Health	: 0		
Social Sciences	: 0	Field	: 100		
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	The definition, basic characteristics, functions, and major branches of philosophy are discussed.				
2	The relationship of epistemology, ontology, axiology, and logic with education is examined.				
3	The definition, aims, scope, and importance of educational philosophy in educational practices are discussed.				
4	The relationship of education with social, political, economic, and cultural systems is evaluated from a philosophical perspective.				
5	The educational views, aims, and teacher-student roles of idealism and realism are examined.				
6	The effects of pragmatism and progressivism on curriculum, the teaching process, and the concept of science are examined.				
7	Perennialism and essentialism are compared in terms of educational aims, content, methods, and approaches.				
8	Naturalism and Jean-Jacques Rousseau's educational thought are examined from the perspective of child development.				
9	The relationship of existentialism and libertarian education with the individual, choice, responsibility, and freedom is examined.				
10	The views of reconstructionism and critical pedagogy on education, society, and social transformation are examined.				
11	The basic characteristics of dialectical materialism and polytechnic education are discussed.				
12	The philosophical foundations of postmodernism, constructivism, and contemporary educational approaches are examined.				
13	The philosophical foundations of education in pre-Islamic Turkish societies and the Ottoman period are examined.				
14	The philosophical foundations of the Turkish education system during the Republican era and Atatürk's reforms are examined.				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the basic concepts and branches of philosophy and their relationship with education.				
C02	Compares major educational philosophies in terms of aims, content, methods, and teacher-student roles.				
C03	Evaluates educational practices from a philosophical perspective in relation to their social, political, economic, and cultural dimensions.				

C04	Analyzes the philosophical foundations of contemporary educational approaches and practices.
C05	Evaluates the historical and philosophical foundations of the Turkish education system and Atatürk's approach to education.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	2	1	2
Mid-Term	0	%0	Report Preparing	14	1	14
Final examination	1	%50	Preparing a Presentation	4	1	4
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	3	2	2	4	4	2	3	4	4	4	4	1	1	3	2	3	4	4
C01	4	4	3	3	3	2	2	3	3	3	3	4	4	4	3	3	3	2	2	4
C02	3	3	3	2	2	2	3	3	3	3	4	4	4	3	3	2	2	2	2	3
C03	3	3	3	3	2	2	2	3	3	3	3	2	2	3	3	3	3	3	4	4
C04	4	3	3	4	4	3	3	3	2	2	3	3	3	3	3	3	2	2	2	3
C05	3	3	3	4	4	4	3	3	3	2	2	2	3	3	3	4	4	4	3	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			70
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
6	SBÖ 324	ETKİLİ DERS ANLATIM TEKNİKLERİ	2	3	3
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Elective					
Objectives of the Course : To equip students with effective presentation techniques in teaching, and to help them improve communication, use of materials,					
Teaching Methods and Techniques : and classroom management skills during					
Prerequisites and co-requisites : their lessons.					
Course Coordinator : Effective communication in teaching, instructional methods and techniques, presentation skills, body language, voice control,					
Name of Lecturers : instructional material preparation, classroom management, interaction and feedback during instruction; development of					
Assistants : effective presentation skills specifically for physical education and sports lessons.					
SBÖ 324 ETKİLİ DERS ANLATIM TEKNİKLERİ					
Associate Prof.Dr. Hasan AKA					

Recommended or Required Reading					
Resources : Demirel, Ö. (2023). Öğretim İlke ve Yöntemleri: Öğretme Sanatı (26. baskı). Ankara: Pegem Akademi. Demirci, A. (2022). Beden Eğ					

Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	

1	The basic concepts of effective lesson delivery, the instructional process, and the role of the teacher are				
2	The basic principles of effective communication and its importance in the instructional process are exami				
3	The characteristics of teaching methods and techniques and the principles for selecting appropriate met				
4	The formulation of learning outcomes and the planning of the introduction, development, and conclusio				
5	Presentation skills, clear and comprehensible speaking, and verbal expression techniques are discussed.				
6	The effective use of tone of voice, stress, intonation, body language, gestures, and facial expressions is				
7	Questioning techniques and strategies for increasing student participation and supporting thinking are di				
8	The principles of effective classroom management, time management, and creating a positive learning e				
9	The selection, preparation, and effective use of instructional materials are discussed.				
10	The effective and ethical use of technology-supported instructional tools in lesson delivery is examined.				
11	Interaction, feedback, error correction, and strategies for supporting student performance during instruc				
12	Techniques for explanation, demonstration, giving instructions, and ensuring safety in physical education				
13	Sample lesson and presentation plans for physical education are prepared, and microteaching practices				
14	Microteaching practices are improved through self-assessment, peer assessment, and reflective feedback				

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic principles of effective lesson delivery and the role of the teacher in the instructional process.
C02	Prepares lesson plans aligned with learning outcomes and selects appropriate teaching methods and techniques.
C03	Effectively applies verbal presentation, voice use, body language, questioning, and feedback techniques.
C04	Uses explanation, demonstration, instruction-giving, classroom management, and safety skills in physical education lessons.
C05	Evaluates and improves microteaching practices through self-assessment, peer assessment, and reflective feedback.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	5	4	2	2	5	3	2	4	3	2	4	1	1	1	4	3	4
C01	3	3	2	2	3	3	2	3	3	3	3	2	2	2	3	3	3	4	4	4
C02	4	4	4	3	3	3	4	3	3	3	2	2	3	3	4	4	4	4	3	3
C03	3	4	4	4	3	3	3	3	4	4	4	4	3	3	3	3	4	4	4	4
C04	4	3	3	3	3	4	4	4	4	3	3	3	3	4	4	4	3	3	3	4
C05	4	4		3	3	3	4	3	4	4	4	3	3	3	4	4	4	3	3	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

04.07.2026 22:52

Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
6	SBÖ 336	FİZİKSEL AKTİVİTE VE HALK SAĞLIĞI	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim of this course is to enable students to understand the effects of physical activity on public health, to recognize community-based physical activity approaches, and to develop strategies to increase individuals' physical activity levels. Teaching Methods and Techniques : This course addresses the effects of physical activity on individual and public health. It examines health problems caused by physical inactivity, the role of physical activity in the prevention of chronic diseases, physical activity recommendations for different age groups, exercise-based approaches in public health, and national/international physical activity policies. Additionally, community-based intervention programs and strategies to promote physical activity are emphasized. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Prof. Dr. Halil İbrahim CİCİOĞLU Assistants :					

Recommended or Required Reading					
Resources	:	Kohl III, H. W., Murray, T. D., & Salvo, D. (2025). Foundations of physical activity and public health. Human Kinetics.			
	:				
	:				
	:				

Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	The basic concepts, scope, and importance of physical activity and public health are discussed.				
2	The concepts of physical activity, exercise, physical fitness, and sedentary behavior, along with types of				
3	The physiological and preventive effects of physical activity on individual and public health are discussed				
4	The role of physical activity in the prevention and management of chronic diseases is examined.				
5	The relationships among physical activity, energy balance, overweight, and obesity are discussed.				
6	The effects of physical activity on mental health, stress, anxiety, depression, and quality of life are exam				
7	The effects of exercise on the cardiovascular system and its importance in preventing cardiovascular dise				
8	Physical activity recommendations for children, adolescents, adults, older adults, and special populations				
9	Physical activity recommendations and policies of the World Health Organization and other international				
10	Physical activity levels, public health practices, and national physical activity policies in Türkiye are exam				
11	The planning, implementation, and evaluation of community-based physical activity programs are discus				
12	Individual, social, and environmental factors affecting participation in physical activity and strategies for				
13	The economic burden of physical inactivity and the cost-effectiveness of physical activity programs are d				
14	A physical activity project aimed at improving public health is developed, presented, and evaluated accor				

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts related to physical activity, exercise, physical fitness, and sedentary behavior.
C02	Evaluates the effects of physical activity on physical health, mental health, and quality of life.
C03	Analyzes the role of physical activity in the prevention of chronic diseases, obesity, and cardiovascular risks.
C04	Evaluates physical activity recommendations and public health policies for groups of different ages and characteristics.

C05 Develops a public health program or project aimed at increasing physical activity levels in the community.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	4	2	8
Practice	0	%0	Material Design and Implementation	2	2	4
Mid-Term	0	%0	Report Preparing	2	4	8
Final examination	1	%50	Preparing a Presentation	1	2	2
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	4	5	5	4	4	3	2	3	2	5	4	3	2	3	4	5	3	4
C01	4	4	4	3	3	4	4	4	4	3	3	4	4	4	3	3	3	4	4	4
C02	3	3	3	4	4	4	4	3	3	3	4	4	4	3	3	3	4	4	4	3
C03	3	3	3	4	4	4	4	3	3	4	4	4	4	3	3	3	4	4	4	3
C04	3	3	4	4	4	5	5	5	4	4	4	3	3	3	4	4	4	5	5	5
C05	4	4	4	4	4	4	5	5	5	3	4	4	5	5	5	4	4	5	5	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	5	5
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
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P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
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P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes			



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
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P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

04.07.2026 22:52

Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
6	SBÖ 332	MEDYA OKURYAZARLIĞI	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim of this course is to enable students to evaluate media tools and media content from a critical perspective, access accurate and reliable information, and understand the production processes and social effects of media messages. The course also aims to help students use traditional and digital media ethically, consciously, and responsibly and analyze media content related to sports and physical education. Teaching Methods and Techniques : The course covers basic concepts related to media and media literacy; traditional media, new media, and social media; the production, presentation, and interpretation of media messages; news, advertising, propaganda, and public opinion formation; information pollution, misinformation, disinformation, and fact-checking methods; digital identity, privacy, security, copyright, and ethics; representation, stereotypes, and social effects in the media; sports media, sports news, athlete representation, and body image; critical analysis of media content; and responsible media content production. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 332	MEDYA OKURYAZARLIĞI	Undefined Hünkar MUTLU			

Recommended or Required Reading

Resources	: Medya Okuryazarlığı Elkitabı Kemal İnal, Ütopya Yayınevi : : : :
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Course Category

Mathematics and Basic Sciences	: 0	Education	: 0
Engineering	: 0	Science	: 0
Engineering Design	: 0	Health	: 0
Social Sciences	: 0	Field	: 100

Weekly Detailed Course Contents

Week	Topics	Study Materials	Materials
1	Basic concepts related to media and media literacy, along with the aims and importance of media literacy.		
2	The historical development of media literacy in the world and Türkiye, along with relevant institutions and organizations.		
3	The basic characteristics of traditional media, new media, and social media and the differences among them.		
4	Media literacy models and basic techniques used in the critical analysis of media content are examined.		
5	News, advertising, propaganda, and public opinion formation processes are evaluated through sample media content.		
6	Digital games, media violence, cyberbullying, and their effects on children and young people are discussed.		
7	Misinformation, disinformation, information pollution, and fact-checking methods are examined.		
8	Digital identity, personal data protection, privacy, data security, and filtering practices are discussed.		
9	Values, moral development, ethical principles, and copyright in media use are examined.		
10	Research conducted in the field of media literacy and current research findings are evaluated.		
11	The media literacy curriculum, learning outcomes, and sample annual plans are examined.		
12	Resources, tools, and instructional materials that can be used in media literacy education are evaluated.		
13	A resource pool and responsible media content for media literacy education are developed.		
14	Family media literacy education, sports media, athlete representations, and body image are discussed.		

Course Learning Outcomes

No	Learning Outcomes
C01	Explains the basic concepts of media and media literacy and the characteristics of different media types.
C02	Critically analyzes media messages in terms of their purpose, target audience, forms of representation, and social effects.
C03	Distinguishes misinformation, disinformation, and information pollution and uses fact-checking methods to access reliable information.

C04	Acts in accordance with privacy, data security, copyright, and ethical principles in the use of digital media.
C05	Critically evaluates media content related to sports and physical education and produces responsible media content.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
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P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	2	1	2
Mid-Term	0	%0	Report Preparing	14	1	14
Final examination	1	%50	Preparing a Presentation	4	1	4
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	4	2	4	3	3	5	3	4	4	3	3	2	1	3	1	3	4	4
C01	4	4	4	4	3	3	3	4	4	4	4	3	3	3	4	4	4	3	3	3
C02	4	4	4	4	3	3	3	3	3	4	4	4	3	3	3	2	2	3	3	3
C03	3	3	3	4	4	4	4	3	3	3	4	4	4	3	3	3	4	4	4	3
C04	3	3	4	4	3	3	3	4	4	4	3	3	3	3	4	4	4	4	3	3
C05	3	4	4	4	4	3	3	3	3	4	4	4	3	3	4	4	4	4	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			70
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
6	SBÖ 302	SAĞLIKLI YAŞAM İÇİN EGZERSİZ PROGRAMLAMA	2	3	3
Mode of Delivery		: Face to Face			
Language of Instruction		: Turkish			
Level of Course Unit		: Bachelor's Degree			
Work Placement(s)		: No			
Department / Program		: Physical Education and Sports Teaching			
Type of Course Unit		: Required			
Objectives of the Course		: To equip students with the ability to assess individuals' fitness levels and design and implement exercise programs that support a			
Teaching Methods and Techniques		: healthy lifestyle.			
Prerequisites and co-requisities		: Fundamentals of exercise for health, components of physical fitness (endurance, strength, flexibility, body composition), health			
Course Coordinator		: screening, risk assessment, goal setting, designing and applying personalized exercise programs considering individual differences;			
Name of Lecturers		: exercise recommendations for chronic conditions and promotion of healthy lifestyle behaviors.			
Assistants		SAĞLIKLI YAŞAM İÇİN EGZERSİZ PROGRAMLAMA			
		Prof. Dr. İmdat YARIM			
Recommended or Required Reading					
Resources		: Physiological Assessment of Human Fitness ? Peter Maud,ACSM?s Guidelines & Resource Manual (American College of Sports Medicine)			
		:			
		:			
		:			
		:			
Course Category					
Mathmatics and Basic Sciences		:	Education	:	
Engineering		:	Science	:	
Engineering Design		:	Health	:	
Social Sciences		:	Field	:	100
Weekly Detailed Course Contents					
Week	Topics		Study Materials	Materials	
1	Week 1: Relationship between healthy living and physical activity				
2	Components of physical fitness				
3	Physiological foundations of exercise				
4	Pre-exercise assessment and risk analysis				
5	Goal setting and motivation				
6	Aerobic exercise programs				
7	Strength and resistance training				
8	Strength and resistance training				
9	Flexibility and balance exercises				
10	Exercise intensity and progression principles				
11	Exercise for the elderly and special populations				
12	Exercise for conditions like obesity, hypertension, diabetes				
13	Behavior change and exercise habit development				
14	General review and practical program presentations				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Identifies and assesses components of physical fitness.				
C02	Explain the principles of exercise programing				
C03	Develops personalized exercise plans based on health risks.				
C04	Describes the effects of exercise on chronic diseases.				
C05	Applies behavior change strategies that support exercise adherence.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	4	8
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	4	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	2	5	3	2	4	1	1	1	4	3	4
C01	3	2	5	1	1	1	2	2	2	2	3	3	3	2	2	2	3	3	3	2
C02	2	2	2	3	3	3	3	3	4	4	3	3	3	3	2	2	3	3	3	4
C03	4	4	4	3	3	3	4	4	4	3	3	3	4	4	4	4	3	3	3	4
C04	4	4	3	3	3	4	4	4	4	4	3	3	3	4	4	4	4	3	3	3
C05	4	3	4	4	4	4	3	3	3	4	4	4	4	3	3	3	4	4	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	6	6
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

04.07.2026 22:52

Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
6	SBÖ 310	SINIF YÖNETİMİ	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim is to equip prospective teachers with fundamental knowledge and skills in effective classroom management, in line with the vision of the Turkish Century Education Model to cultivate "competent and virtuous individuals," and to enable them to create a democratic, fair, and student-centered learning ecosystem. Teaching Methods and Techniques : the vision of the Turkish Century Education Model to cultivate "competent and virtuous individuals," and to enable them to create a democratic, fair, and student-centered learning ecosystem. Prerequisites and co-requisites : create a democratic, fair, and student-centered learning ecosystem. Course Coordinator : Name of Lecturers : This includes developing a unique management approach by synthesizing it with the "Holistic Education" philosophy of the Turkish Century Education Model; designing the learning environment not merely as a physical space, but as an ecosystem that supports student motivation, sense of belonging, and social-emotional skills, in accordance with the "Peaceful School" concept; developing competence in developing proactive strategies that focus on root cause analysis, justice, compassion, and respect, instead of reactive approaches in managing undesirable behaviors; transforming the teacher's role in the classroom from "authority" to "guide and role model," internalizing a vision of teacher leadership that can make calm and pedagogically sound decisions in times of crisis, in light of professional ethical principles; and understanding the leverage effect of educational technologies in classroom management. The goal is to offer the ability to integrate digital learning tools into the classroom process in a way that does not disrupt the traditional structure, but rather enhances interaction and academic achievement. Assistants : This course covers fundamental concepts of classroom management, classroom communication and interaction, the definition of classroom management, the differences and characteristics of classroom management beyond simply maintaining discipline, in-class and out-of-classroom factors affecting the classroom environment, classroom management models, developing and implementing rules in the classroom, physically organizing the classroom, managing undesirable behavior in the classroom, managing time in the classroom, classroom organization, and creating a positive classroom environment conducive to learning (examples and suggestions). Prof. Dr. Ulviye BİLGİN					
Recommended or Required Reading					
Resources : 1. Kaya, Z. (2019). Sınıf Yönetimi. Ankara: Pegem Akademi Yayıncılık. 2. Kıran, H. (2018). Sınıf Yönetimi. Ankara: Anı : - : - : - : -					
Course Category					
Mathematics and Basic Sciences	:	Education	:	70	
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	: 15	Field	:	15	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	Fundamental Concepts and Principles in Classroom Management				
2	. Elements and Structural Characteristics of Classroom Management				
3	Theories, Models, Learning Approaches, and Management Design in Classroom Management				
4	Factors Affecting Classroom Management (Social, Psychological, and Educational)				
5	Dimensions of Classroom Management - Management of the Physical Environment of the Classroom				
6	Dimensions of Classroom Management - Management of Instruction				
7	Dimensions of Classroom Management - Time Management and Establishing Routines				
8	Midterm Exam				
9	Dimensions of Classroom Management ? Classroom Relationships, Management of Communication (Com				
10	Dimensions of Classroom Management ? Management of Student Behavior, Motivation, and Participation				
11	Discipline Matters in School, Practices, Management, and Creating a Positive Classroom Climate				
12	Differentiated Instruction and Effective Classroom Management				
13	Digital Tools, Technology, Measurement, and Evaluation in Classroom Management				
14	Holistic Approach to Common Problems Arising in Classrooms and Solution-Oriented Approaches (Case S				

Course Learning Outcomes	
No	Learning Outcomes
C01	Analyzes the fundamental concepts, elements, and structural characteristics of classroom management comparatively in light of traditional and contemporary management theories.
C02	Evaluates the social, psychological, and educational factors affecting classroom management within the framework of the "Holistic Education" approach of the Turkish Century Education Model.
C03	Designs the physical environment and teaching processes (materials, methods) according to pedagogical principles for a student-centered and inclusive learning ecosystem.
C04	Transforms effective time management techniques and functional classroom routines into an implementation plan to maximize academic learning time.
C05	Builds a positive learning climate using empathetic and democratic communication in classroom relationships; employs conflict resolution and motivation strategies.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	10	2	20
Projects	0	%0	Searching in Internet and Library	10	2	20
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	1	1

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	5	4	2	3	2	2	4	2	4	5	1	1	4	5	4
C01	3	2	5	1	1	5	4	2	3	2	2	4	2	4	5	1	1	4	5	4
C02	3	2	5	1	1	5	4	2	3	2	2	4	2	4	5	1	1	4	5	4
C03	3	2	5	1	1	5	4	2	3	2	2	4	2	4	5	1	1	4	5	4
C04	3	2	5	1	1	5	4	2	3	2	2	4	2	4	5	1	1	4	5	4
C05	3	2	5	1	1	5	4	2	3	2	2	4	2	4	5	1	1	4	5	4



Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
6	SBÖ 304	SPOR FELSEFESİ	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : To explain the philosophy and development of sport. Teaching Methods and Techniques : Felsefenin temel kavramları, ana başlıkları, felsefenin tarihsel gelişimi, felsefenin sporla ilişkisi, insanın bedensel etkinlikte bulunmasının felsefi yönden önemi, felsefe düşüncesinin beden kültürüne, oyun ve spor olgularına bakışı ve bunların değerlendirilmesi, spor ve estetik, spor ve etik, sporda ahlâkî davranışların sporda şiddeti azaltmadaki rolü, spor kültür ve uygarlık, olimpiik spor kültüründe ritüeller ve semboller, sporda amatörlük ve profesyonellik incelenecektir. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants : FESİ Prof. Dr. Gülfem SEZEN BALÇIKANLI					

Recommended or Required Reading

Resources	: Related literature : : : :
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Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	Fundamental philosophical concepts		
2	Philosophy of sport		
3	The definition of sport from the perspective of sport philosophy.		
4	Philosophy of movement and play		
5	Aesthetics in sport from a philosophical perspective.		
6	The philosophy of fair play in sports		
7	Mid Term		
8	Olympism: Concepts and Definitions		
9	The Birth of the Modern Olympics and Olympism		
10	The Olympic Charter, the fundamental principles of Olympism.		
11	Olympic Movement		
12	Sports Ethics		
13	Professionalism and ethics issues in sports.		
14	Amateurism and ethical issues in sports.		
15	General Review		

Course Learning Outcomes	
No	Learning Outcomes
C01	It explains the problems of philosophy.
C02	Understanding the philosophical significance of engaging in physical activity.
C03	It examines the main outlines of the philosophy of sport.
C04	It discusses the relationship between philosophy and the philosophy of sport.

C05 understands and defines Olympism and the Olympic spirit.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	7	1	7
Projects	0	%0	Searching in Internet and Library	7	1	7
Practice	0	%0	Material Design and Implementation	7	1	7
Mid-Term	0	%0	Report Preparing	6	1	6
Final examination	1	%50	Preparing a Presentation	6	1	6
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	4	4	4	2	5	4	4	5	2	2	5	5	2	5	2	5	5	5	5
C01	4	4	4	3	2	4	4	4	3	3	3	4	4	4	3	2	3	4	4	4
C02	5	5	4	4	3	3	3	4	4	3	3	3	4	4	4	3	3	4	4	4
C03	5	5	5	5	3	4	4	5	5	2	3	4	4	4	4	3	5	5	4	4
C04	3	3	3	4	3	4	5	5	4	3	4	3	3	3	4	4	4	3	3	3
C05	4	4	4	4	3	5	5	4	4	3	3	5	5	4	4	2	3	3	3	3

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
6	SBÖ 306	SPOR SOSYOLOJİSİ	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The relationship between the basic concepts of sociology and sports, and their different aspects in athletes, sports institutions and sports activities. Teaching Methods and Techniques : The relationship between the basic concepts of sociology and sports, athletes, sports clubs, all kinds of sports units, the appearance of events and facts in sports activities, understanding the relationship between the phenomenon of sports that manifests itself and makes it permanent in social life and other institutions of society, sports and culture, sports and population structure, sports and society, sports and education, sports and economic life, deviation and violence in sports, sports and media, popular culture and sports, sports industry, sports and politics, the institutionalization of sports from a historical perspective, amateurism and professionalism in sports will be examined. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 306	SPOR SOSYOLOJİSİ	Prof. Dr. Özbay GÜVEN			
Recommended or Required Reading					
Resources : 1. Yiannakis, A., Melnick, M, J., Contemporary Issues in Sociology of Sport, Human Kinetics, 2001. 2.Snyder, E. E., Spretizer, E. A., S : : :					
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	Culture, Society and Sports.				
2	Subjects and Concepts Related to Sociology.				
3	Methods and Techniques in Sociology of Sports.				
4	Social Processes and Sports.				
5	Sports Education and Society-Individual Relations.				
6	Identification in Sports, Sense of Us and Other.				
7	Deviance and Violence in Sports.				
8	Sports and Media from a Sociological Perspective.				
9	Popular Culture and Sports.				
10	Sports Industry and Commercialization of Sports.				
11	National and International Dimensions of the Relationship between Sports and Politics.				
12	Sports as a Subsystem.				
13	Amateurism and Professionalism in Athletes.				
14	Institutionalization of Sports from a Sociological and Historical Perspective.				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Learning the relationship and appearance of the basic concepts of sociology with sports				
C02	Learning the basic sociological concepts, facts and processes.				
C03	Explaining the socio-cultural and socio-economic factors that cause social events and facts.				
C04	Explaining the relationship between sociology and sports in a social dimension.				

C05 Realizing the importance of the functions that sports fulfill in social life from a sociological perspective.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	1	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	6	3	18
Projects	0	%0	Searching in Internet and Library	5	3	15
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	3	3	3	4	4	3	5	3	3	4	5	4	5	3	3	3	4	4
C01	4	3	3	4	4	3	3	3	4	4	4	3	3	4	4	4	3	3	3	4
C02	4	4	4	3	3	3	4	4	4	3	3	3	4	4	4	3	3	3	4	4
C03	4	4	4	3	3	3	3	3	4	4	4	3	3	3	4	4	5	5	5	4
C04	4	4	3	3	4	4	4	3	3	4	4	4	5	5	5	4	4	4	4	5
C05	5	5	4	4	4	4	5	5	5	4	4	3	3	3	4	4	4	5	5	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

04.07.2026 22:52

Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
6	SBÖ 308	TOPLUMA HİZMET VE SOSYAL SORUMLULUK UYGULAMALARI	3	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : Students; importance of community service practices, preparing projects for identifying current problems of society and producing solutions, participating in scientific events such as panels, conferences, congresses, symposiums as audience, speaker or organizer, taking part in various projects voluntarily within the framework of social responsibility, implementation of community service activities in schools. It is aimed to gain basic knowledge and skills. Teaching Methods and Techniques : Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : The importance of community service practices, preparing projects to identify current problems of the society and produce solutions, participating in scientific events such as panels, conferences, congresses, symposiums as audience, speaker or organizer, taking part in various projects voluntarily within the framework of social responsibility, implementation of community service activities in schools. It is aimed to gain basic knowledge and skills. Assistants : SBÖ 308 TOPLUMA HİZMET VE SOSYAL SORUMLULUK UYGULAMALARI Prof. Dr. Ebru ÇETİN					

Recommended or Required Reading					
Resources	:	Aziz Şeker, (2009).Topluma Hizmet Uygulamaları Yayınevi: Nobel Akademik Yayıncılık	:		
	:	-	:		
	:		:		
	:		:		

Course Category					
Mathematics and Basic Sciences	:		Education	:	
Engineering	:		Science	:	
Engineering Design	:		Health	:	
Social Sciences	:		Field	:	100

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	Introduction of the Course Objective Method				
2	Project identification				
3	Project identification				
4	Project identification				
5	Project Work				
6	Project Work				
7	Project Work				
8	Interim Assessment				
9	Project Work				
10	Project Work				
11	Project Work				
12	Project Work				
13	Project Work				
14	Project Evaluation				

Course Learning Outcomes	
No	Learning Outcomes
C01	To determine the current problems of the society and to prepare projects to produce solutions
C02	Taking social responsibility.
C03	Developing and experiencing the joy of helping others by assisting them.
C04	Ability to work as a team with teammates

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	4	3	12
Assignment	0	%0	Weekly Tutorial Hours	10	3	30
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	4	2	8
Mid-Term	0	%0	Report Preparing	4	2	8
Final examination	1	%50	Preparing a Presentation	10	1	10
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	1	1

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	3	3	3	4	3	4	4	3	4	4	3	4	4	3	4	3	4	4
C01	4	4	4	4	3	3	3	4	4	4	4	3	3	3	4	4	4	3	3	3
C02	4	4	4	3	3	3	4	4	4	3	3	3	4	4	4	3	3	3	4	4
C03	5	5	5	4	4	4	4	3	3	3	4	4	4	5	5	4	4	5	4	5
C04	4	4	4	5	5	4	4	3	3	3	4	4	4	5	5	4	4	4	5	5
C05	4	4	4	5	5	4	4	4	3	3	3	4	4	4	5	5	5	4	5	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	1	1
	Total Work Load			70
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
7	SBÖ 431	ANTRENMAN PLANLAMA VE PERİYOTLAMA	2	3	3
Mode of Delivery		: Face to Face			
Language of Instruction		: Turkish			
Level of Course Unit		: Bachelor's Degree			
Work Placement(s)		: No			
Department / Program		: Physical Education and Sports Teaching			
Type of Course Unit		: Elective			
Objectives of the Course		: The aim of this course is to provide students with the theoretical knowledge and practical skills required for training planning and			
Teaching Methods and Techniques		: periodization. Students should be able to			
Prerequisites and co-requisites		: effectively plan training processes and use appropriate training models to enhance athletes' performance.			
Course Coordinator		: This course provides theoretical and practical knowledge on training planning and periodization. Students learn fundamental			
Name of Lecturers		: concepts such as training load, intensity,			
Assistants		: volume, and density, and gain the competence to tailor training programs based on individuals' physical characteristics and goals.			
SBÖ 431		ANTRENMAN PLANLAMA VE PERİYOTLAMA	Furthermore, students gain insight into training periods, rest durations, and loading systems, and explore various training models		
		ANTRENMAN PLANLAMA VE PERİYOTLAMA	enhance athletes' performance.		
		Prof. Dr. İmdat YARIM			
Recommended or Required Reading					
Resources		: Bompa, T. O., & Buzzichelli, C. (2019). Periodization-: theory and methodology of training. Human kinetics.			
		:			
		:			
		:			
		:			
Course Category					
Mathmatics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	
Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	Basic concepts, aims, and principles of training planning and periodization are discussed.				
2	The relationships among training load, intensity, volume, frequency, and density are examined.				
3	Basic training principles such as overload, adaptation, individualization, specificity, continuity, and progre				
4	The structure and planning of training sessions, microcycles, mesocycles, and macrocycles are examined				
5	The characteristics and areas of application of traditional, block, and nonlinear periodization models are i				
6	The aims, content, and duration of the preparation, competition, and transition periods are discussed.				
7	The planning of training programs for the development of strength and power is examined.				
8	The planning of training for the development of aerobic and anaerobic endurance is discussed.				
9	Training programs for the development of speed, agility, and quickness are prepared.				
10	The integration of technical and tactical training with physical preparation is examined.				
11	Rest, recovery, tapering, and methods of achieving peak performance before competition are discussed.				
12	Planning principles appropriate to growth, development, and training age in children and adolescent athl				
13	Athlete performance monitoring, training-load evaluation, and modification of plans according to results				
14	An annual training and periodization program for a specific sport and target period is prepared, presente				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the fundamental concepts and principles of training planning and periodization.				
C02	Analyzes the relationships among training load, intensity, volume, frequency, and density.				
C03	Designs an appropriate training program according to the athlete?s individual characteristics, performance level, and goals.				
C04	Plans training periods, microcycles, mesocycles, and macrocycles in accordance with rest and recovery principles.				

C05 Monitors and evaluates athlete performance and training load using appropriate measurement methods and modifies the program according to the results.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	2	4
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	6	6

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	5	5	2	4	5	3	2	1	4	3	4	3	3	2	4	4	3	4
C01	3	3	3	4	4	4	4	3	3	2	2	2	3	3	3	4	4	4	3	3
C02	3	2	2	3	3	3	4	4	4	4	3	3	2	2	3	3	4	4	4	4
C03	4	3	3	3	4	4	4	3	3	3	4	4	4	4	3	3	3	4	4	4
C04	3	3	4	4	4	5	5	5	4	3	3	4	4	5	5	4	4	3	3	3
C05	4	4	4	5	5	5	4	4	3	3	4	4	5	5	5	4	4	4	3	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	8	8
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
7	SBÖ 423	BEDEN EĞİTİMİ VE SPORDA ORGANİZASYON TEKNİKLERİ	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : Teaching the management of personnel within the body of Physical Education and Sports organizations. Teaching Methods and Techniques : Management processes of personnel within the body of Physical Education and Sports organizations. Prerequisites and co-requisites : Course Coordinator : Prof. Dr. Ebru ÇETİN Name of Lecturers : Assistants : İMİ VE SPORDA ORGANİZASYON TEKNİKLERİ					
Recommended or Required Reading					
Resources : Can, H., Kavuncubaşı, Ş.; İnsan Kaynakları Yönetimi, Siyasal Kitabevi, 5. Baskı, Ankara, 2005. : : : :					
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	The concept of organization in physical education and sports, along with the aims, types, and basic char				
2	The planning stages of sports organizations and the basic principles of the organizational process are ex				
3	The organizing committee, subcommittees, division of duties, authority, and responsibilities are discusse				
4	The determination of the aims, target group, scope, location, and timing of an organization is examined.				
5	Budget preparation, income and expenditure planning, financing, and sponsorship processes in sports or				
6	The selection, preparation, organization, and use planning of sports facilities and competition venues are				
7	Registration procedures for participants, athletes, teams, and officials, along with accreditation and infor				
8	The planning of transportation, accommodation, nutrition, materials, equipment, and other logistical ser				
9	Human resources, volunteer management, communication, and teamwork in sports organizations are dis				
10	Promotion, public relations, media management, digital communication, and publicity activities in organiz				
11	Protocol, opening and closing ceremonies, award ceremonies, and ceremonial procedures in sports organ				
12	Safety, health services, emergency planning, risk management, and crisis management processes are ex				
13	Legal, ethical, and environmental responsibilities related to sports organizations and sustainable organiz				
14	A physical education or sports organization is planned, and the project is presented and evaluated in ter				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the basic concepts, types, and planning stages of physical education and sports organizations.				
C02	Plans the division of duties, budget, facilities, time, and resources for a sports organization.				
C03	Organizes participant management, logistical services, communication, promotion, protocol, and volunteer management processes.				
C04	Evaluates safety, health, risk, crisis, ethical, and sustainability considerations in sports organizations.				
C05	Prepares, presents, and evaluates a physical education or sports organization project for a specific target group.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	8	1	8
Final examination	1	%50	Preparing a Presentation	8	1	8
Total		%100	Midterm Exam and Preperation for Midterm Exam	8	1	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	5	3	3	3	4	5	5	4	5	3	5	2	5	3	5	3	2	4	5
C01	3	3	3	4	4	4	3	3	3	4	4	4	5	5	4	4	4	3	3	3
C02	4	4	3	3	3	4	4	4	5	5	4	4	3	3	2	2	3	3	4	4
C03	4	4	4	4	3	3	3	2	2	3	3	4	4	4	5	5	5	4	4	3
C04	3	4	3	4	4	3	5	4	3	3	4	5	5	4	4	4	3	4	3	4
C05	3	4	4	4	5	5	5	4	3	3	3	4	4	5	5	4	3	3	4	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	8	1	8
	Total Work Load			74
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester		Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
7		SBÖ 405	BEDEN EĞİTİMİ VE SPORDA ÖĞRETİM PROGRAMLARI	3	3	4
Mode of Delivery		:	Face to Face			
Language of Instruction		:	Turkish			
Level of Course Unit		:	Bachelor's Degree			
Work Placement(s)		:	No			
Department / Program		:	Physical Education and Sports Teaching			
Type of Course Unit		:	Required			
Objectives of the Course		:	To understand the fundamental concepts and types of programs related to curriculum development in physical education and			
Teaching Methods and Techniques		:	sports, to explain the theoretical foundations of curriculum development, to analyze the relationships between the basic elements			
Prerequisites and co-requisites		:	of an educational program, to prepare a curriculum draft in accordance with the stages of curriculum development, to understand			
Course Coordinator		:	and explain curriculum evaluation approaches and models, and to examine curriculum development studies in education in Türkiye			
Name of Lecturers		:	and around the world.			
Assistants		:	Program geliştirmeyle ilgili temel kavramlar; program geliştirmenin teorik temelleri; program türleri; öğretim programlarının felsefi,			
SBÖ 405		BEDEN EĞİTİMİ VE SPORDA ÖĞRETİM PROGRAMLARI	sosyal, tarihi, psikolojik ve ekonomik temelleri; program geliştirme ve öğretim programlarının özellikleri; program geliştirmenin aşamaları; programın temel öğeleri (hedef, içerik, süreç, değerlendirme) ve öğeler arasındaki ilişkiler; hedeflerin sınıflandırılması ve programın öğeleriyle ilişkisi; içerik düzenleme yaklaşımları; eğitim ihtiyaçlarının belirlenmesi; program geliştirme süreci ve program geliştirilmesinde öğretilerin görev ve sorumlulukları; MEB öğretim programlarının özellikleri; öğretim programlarının uygulanması; dünyada ve Türkiye'de program geliştirmede yeni yaklaşımlar ve yönelimler.			
		Prof. Dr. Ulviye BİLGİN				
Recommended or Required Reading						
Resources		:	Demirel, Ö. (2019). Curriculum Development in Education - From Theory to Practice. Ankara: Pegem Academy, Ministry of National			
		:				
		:				
		:				
		:				
Course Category						
Mathmatics and Basic Sciences		:	Education	:	20	
Engineering		:	Science	:		
Engineering Design		:	Health	:		
Social Sciences		:	Field	:	80	
Weekly Detailed Course Contents						
Week	Topics			Study Materials	Materials	
1	Elements of the curriculum and fundamental concepts related to the curriculum					
2	The development of physical education and sports curricula from the past to the present					
3	The approach, content, and skills aimed at development of the current physical education and sports cur					
4	Curriculum Design					
5	Curriculum Development Models					
6	Methods and Techniques Used in the Curriculum					
7	Content analysis and organization					
8	Organizing Learning-Teaching Processes					
9	Organizing testing situations					
10	Testing, implementing, evaluating, and ensuring the continuity of the program					
11	Measurement and evaluation approaches					
12	Teacher competencies					
13	Examining sample programs					
14	Program development applications					
Course Learning Outcomes						
No	Learning Outcomes					
C01	Explains the basic concepts and types of curricula related to curriculum development.					
C02	Explains the theoretical foundations of curriculum development.					

C03	Analyzes the relationships between the elements of the curriculum.
C04	Prepares a curriculum draft in accordance with the stages of curriculum development.
C05	Evaluates curriculum development studies in Turkey and around the world.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	5	3	15
Projects	0	%0	Searching in Internet and Library	5	3	15
Practice	0	%0	Material Design and Implementation	5	2	10
Mid-Term	0	%0	Report Preparing	5	1	5
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5
C01	4	1	5	1	1	4	4	2	2	1	1	3	4	2	4	3	3	2	2	4
C02	4	2	4	1	1	5	5	2	2	1	1	2	5	2	4	3	3	2	2	4
C03	3	1	3	1	2	4	2	5	3	1	1	2	4	1	5	3	4	1	2	5
C04	4	2	3	2	1	2	3	4	2	3	2	4	4	1	3	4	5	2	1	4
C05	5	3	5	3	3	5	4	3	4	2	3	3	5	2	4	4	4	3	3	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			101
	ECTS Credit of the Course			4

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



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FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
7	SBÖ 403	EĞİTİMDE AHLAK VE ETİK	2	2	2
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of this course is to enable students to learn the basic concepts, theories, and principles of morality and ethics and to Teaching Methods and Techniques : analyze ethical issues that may arise in education and the teaching profession. The course also aims to help students develop Prerequisites and co-requisites : behaviors consistent with professional responsibility, justice, equality, honesty, respect, confidentiality, and impartiality and make Course Coordinator : ethical decisions in physical education and sports settings. Name of Lecturers : The course covers basic concepts related to morality, ethics, values, virtue, conscience, and responsibility; major ethical theories; Assistants : moral development and values education; ethical principles in education; professional ethics in teaching and teachers? ethical responsibilities; student rights, equality, justice, discrimination, confidentiality, and impartiality; ethical issues in teacher-student, teacher-parent, and professional relationships; academic integrity, plagiarism, and information ethics; ethics in digital analysis of case studies. Associate Prof.Dr. Ersin Eren AKGÖZ					

Recommended or Required Reading					
Resources : Aydın, İ. (2024). Eğitim ve Öğretimde Etik (14. baskı). Ankara: Pegem Akademi. İlğan, A. vd. (2024). Eğitimde Ahlak ve Etik (5. bas : : :					

Course Category					
Mathematics and Basic Sciences	:	Education	:	80	
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	20	

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	The concepts of morality, ethics, values, virtue, conscience, responsibility, and ethical dilemmas are disci				
2	The differences between morality and ethics and the functions of ethics in individual and social life are e				
3	Major ethical theories such as deontological ethics, utilitarianism, virtue ethics, and rights-based approac				
4	Theories of moral development and factors affecting individuals? ethical decision-making processes are e				
5	The aims, basic principles, approaches, and place of values education in curricula are discussed.				
6	The principles of justice, equality, honesty, respect, responsibility, impartiality, and human dignity in edu				
7	Professional ethics in teaching, teachers? professional responsibilities, and ethical competencies are disci				
8	Student rights, children?s rights, discrimination, equal opportunity, and inclusive education are examinec				
9	Boundaries, trust, confidentiality, privacy, and reward and punishment practices in teacher-student relati				
10	Ethical issues that may arise in teacher-parent, teacher-colleague, and teacher-administrator relationship				
11	Academic integrity, plagiarism, cheating, fairness in assessment, and the ethical use of information are d				
12	Privacy, personal data protection, social media use, and artificial intelligence ethics in digital educational				
13	Fair play, doping, violence, discrimination, equal opportunity, and athlete rights in physical education an				
14	Ethical dilemmas encountered in educational and sports settings are analyzed through case studies, and				

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts of morality, ethics, values, virtue, conscience, and responsibility.
C02	Compares major ethical theories and approaches to moral development.
C03	Analyzes ethical issues encountered in the teaching profession according to the principles of justice, equality, honesty, confidentiality, and impartiality.

C04	Develops reasoned decisions and solutions to ethical dilemmas in educational and sports settings.
C05	Acts in accordance with student rights, children's rights, academic integrity, and ethical responsibilities in professional practice.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	9	1	9

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	5	4	3	5	4	2	5	5	5	2	3	2	3	3	5	4	4	5
C01	4	4	4	5	5	3	3	3	4	4	4	5	5	5	4	3	2	2	2	3
C02	3	3	4	4	4	4	3	4	3	3	3	4	4	4	5	4	4	3	3	4
C03	4	5	5	4	3	3	4	4	4	3	3	3	4	4	4	3	3	4	4	5
C04	5	5	3	3	3	4	4	4	5	5	5	4	4	3	3	3	2	3	3	2
C05	3	3	2	2	2	3	3	4	4	3	3	2	2	2	2	2	3	3	3	4

Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

04.07.2026 22:52

Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
7	SBÖ 435	FİZİKSEL UYGUNLUK DEĞERLENDİRME TEKNİKLERİ	2	3	3
Mode of Delivery : Face to Face					
Language of Instruction : Turkish					
Level of Course Unit : Bachelor's Degree					
Work Placement(s) : No					
Department / Program : Physical Education and Sports Teaching					
Type of Course Unit : Elective					
Objectives of the Course : To equip students with the knowledge and skills to scientifically assess individuals' physical fitness levels.					
Teaching Methods and Techniques : This course covers the fundamental principles, methods, and techniques for assessing individuals' physical fitness levels. It					
Prerequisites and co-requisites : provides practical knowledge on the measurement					
Course Coordinator : and evaluation of aerobic capacity, muscular strength, flexibility, body composition, and motor skills. The course focuses on the					
Name of Lecturers : planning, administration, interpretation, and					
Assistants : reporting of physical fitness tests.					
SBÖ 435 FİZİKSEL UYGUNLUK DEĞERLENDİRME TEKNİKLERİ					
Associate Prof.Dr. Kadir Keskin					

Recommended or Required Reading					
Resources : Gibson, A. L., Wagner, D. R., & Heyward, V. H. (2024). Advanced fitness assessment and exercise prescription. Human kinetics.					

Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	Concept and Importance of Physical Fitness				
2	Components of physical fitness				
3	Basic concepts of measurement and evaluation.				
4	Test selection and standard test conditions				
5	Body composition measurement techniques				
6	Muscle strength and endurance tests				
7	Flexibility tests				
8	Midterm exam				
9	Aerobic capacity assessment methods				
10	Speed, agility, and balance tests				
11	Fitness assessments for children and the elderly.				
12	Practical test examples and data collection.				
13	Analysis and reporting of measurement results.				
14	General review and evaluation				

Course Learning Outcomes	
No	Learning Outcomes
C01	Defines the concept and components of physical fitness.
C02	Explains the importance of physical fitness for individual health and performance.
C03	Explains the basic principles of physical fitness assessment tests.
C04	It applies measurement methods to components such as body composition, muscle strength, flexibility, and cardiovascular endurance.
C05	It plans and conducts physical fitness tests accurately and reliably.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	2	4
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	6	6

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	5	5	2	4	5	3	2	1	4	3	4	3	3	2	4	4	3	4
C01	3	3	3	4	3	4	4	4	3	3	3	3	4	4	4	5	5	4	4	3
C02	3	2	3	3	4	4	4	4	5	5	3	4	3	3	3	4	4	4	4	3
C03	3	3	3	3	2	2	2	3	3	3	4	4	4	3	3	3	2	2	3	3
C04	3	4	4	4	2	2	2	3	3	4	4	5	5	5	4	4	3	3	4	5
C05	5	4	3	3	4	4	4	3	3	3	3	3	4	4	4	5	3	3	3	3

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
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P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
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P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
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P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
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Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
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Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	2	4
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	6	6

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	5	5	2	4	5	3	2	1	4	3	4	3	3	2	4	4	3	4
C01	4	4	4	3	3	3	4	4	4	4	5	5	5	4	4	4	4	3	3	3
C02	4	4	4	3	3	4	4	3	5	5	5	4	4	3	3	3	3	4	4	4
C03	3	3	3	4	4	4	4	4	4	5	5	5	3	3	2	2	2	2	3	3
C04	4	5	3	3	4	4	5	4	3	3	2	2	3	3	4	5	5	4	3	3
C05	3	4	4	5	4	3	2	3	3	4	4	4	3	3	4	3	3	2	2	4



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
7	SBÖ 407	OKULLARDA REHBERLİK	2	2	2

Mode of Delivery	:	Face to Face
Language of Instruction	:	Turkish
Level of Course Unit	:	Bachelor's Degree
Work Placement(s)	:	No
Department / Program	:	Physical Education and Sports Teaching
Type of Course Unit	:	Required
Objectives of the Course	:	The aim of this course is to enable students to understand the basic concepts, aims, principles, and functioning of school
Teaching Methods and Techniques	:	guidance services and to become familiar with guidance practices that support students' academic, personal-social, and career
Prerequisites and co-requisites	:	development. The course also aims to provide pre-service teachers with the knowledge and awareness necessary to recognize
Course Coordinator	:	student needs, make appropriate referrals, and cooperate with school counseling services and families.
Name of Lecturers	:	The course covers basic concepts related to guidance and psychological counseling; the aims, principles, types, and service areas
Assistants	:	of guidance; the structure and functioning of school guidance services; educational, personal-social, and career guidance; student
	:	assessment techniques; individual differences, adjustment problems, and the recognition of developmental and risk-related
	:	situations; guidance for students with special needs and disadvantaged students; cooperation among teachers, school counseling
	:	services, administrators, and families; referral processes, confidentiality, ethical principles, crisis situations, peer bullying, and
	:	school-based preventive guidance practices.
SBÖ 407	OKULLARDA REHBERLİK	Prof. Dr. Ebru ÇETİN

Recommended or Required Reading		
Resources	:	Can, G. (Ed.). (2024). Okullarda Psikolojik Danışma ve Rehberlik (20. baskı). Ankara: Pegem Akademi. eşilyaprak, B. (2024). 21. Yü
	:	
	:	
	:	

Course Category			
Mathematics and Basic Sciences	:	Education	: 80
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 20

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	Basic concepts related to guidance and psychological counseling, along with the aims, importance, and b		
2	The historical development of guidance services, their place in the education system, and the structure c		
3	Guidance service areas and the services of student assessment, information, referral, follow-up, and eva		
4	The aims and scope of educational guidance and practices supporting students' academic development .		
5	Self-awareness, self-confidence, communication, adjustment, and problem-solving skills within personal-		
6	Career guidance, career development, occupational choice, and the referral of students according to thei		
7	Student assessment techniques, including observation, interviews, questionnaires, scales, sociometry, ar		
8	The recognition of individual differences, developmental characteristics, learning difficulties, and school e		
9	Guidance services for students with special needs, disadvantaged students, and students at risk are disci		
10	Preventive guidance practices concerning peer bullying, violence, addiction, absenteeism, and school dro		
11	Cooperation among teachers, psychological counselors, school administrators, and families in school guik		
12	Referral, follow-up, confidentiality, privacy, and ethical principles in guidance services are examined.		
13	School-based psychosocial support and guidance practices in cases of crisis, trauma, loss, disaster, and e		
14	A preventive and developmental classroom guidance activity addressing students' developmental needs		

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts, aims, principles, and service areas of guidance and psychological counseling.
C02	Relates educational, personal-social, and career guidance services to students' developmental needs.
C03	Evaluates students' individual differences, adjustment problems, and risk situations using appropriate observation and student assessment techniques.

C04	Carries out appropriate referral processes by cooperating with the school counseling service, families, administrators, and relevant professionals when guidance is required.
C05	Plans preventive and developmental guidance activities in accordance with confidentiality, student rights, and professional ethical principles in school settings.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
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P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
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P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	8	1	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	4	4	3	5	4	1	4	3	2	1	1	2	5	3	5	2	3	5	4
C01	3	3	3	4	4	3	3	2	2	2	3	3	4	4	2	2	2	2	3	3
C02	3	3	2	2	3	3	4	3	3	2	2	2	2	3	3	3	2	2	2	2
C03	3	3	1	1	1	2	2	3	3	2	2	1	1	1	2	2	1	1	1	2
C04	2	2	3	3	3	2	2	2	3	3	2	2	1	1	1	2	2	3	3	4
C05	2	2	3	3	2	2	3	3	4	4	5	4	3	3	4	4	5	4	3	2

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	8	1	8
	Total Work Load			58
	ECTS Credit of the Course			2

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
7	SBÖ 409	ÖĞRETMENLİK UYGULAMASI I	8	4	10
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : It is aimed to lay the groundwork for the teaching practice course, to have information about the school administration and Teaching Methods and Techniques : coursework, to monitor and implement the activities organized at the school, and to transform the observed practices into a Prerequisites and co-requisites : report. Course Coordinator : Getting to know the organizational structure, functioning and teaching of the school with a systematic approach, having Name of Lecturers : information about the school's management and the work at the school and the resources at the school, knowing the educational Assistants : activities in the classroom and school through observation, being able to plan and implement short-term activities that can be SBÖ 409 : used in classroom teaching, and preparing reports. ÖĞRETMENLİK UYGULAMASI I Prof. Dr. Ebru ÇETİN					

Recommended or Required Reading					
Resources	:	1.	YÖK (2000). Okul Deneyimi. Ankara. 2.	Mosstan, M., Ashworth, S., Çeviri:Eda Tüzemen,Gıyasettin Demirhan, Bed	
	:	-			
	:				
	:				

Course Category					
Mathematics and Basic Sciences	:		Education	:	
Engineering	:		Science	:	
Engineering Design	:		Health	:	
Social Sciences	:		Field	:	100

Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	Introduction to the course and activity evaluation form				
2	Meeting with school administrators and relevant course teachers				
3	Teaching practicum and report				
4	Teaching practicum and report				
5	Teaching practicum and report				
6	Teaching practicum and report				
7	Teaching practicum and report				
8	Teaching practicum and report				
9	Teaching practicum and report				
10	Teaching practicum and report				
11	Teaching practicum and report				
12	Teaching practicum and report				
13	Teaching practicum and report				
14	General evaluation				

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the organizational structure and functioning of the practicum school and the duties and responsibilities of teachers.
C02	Observes and evaluates different methods and techniques used in the teaching process.
C03	Plans and implements short-term activities that can be used in classroom teaching.
C04	Prepares reports on observed classroom management, teaching activities, and student behavior.

C05 Collaborates with the mentor teacher to evaluate teaching practices and draws conclusions for professional development.

Program Learning Outcomes

No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and executes sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	14	2	28
Practice	0	%0	Reading Tasks	14	2	28
Projects	0	%0	Searching in Internet and Library	14	2	28
Practice	0	%0	Material Design and Implementation	14	2	28
Mid-Term	0	%0	Report Preparing	14	2	28
Final examination	1	%50	Preparing a Presentation	14	2	28
Total		%100	Midterm Exam and Preperation for Midterm Exam	8	3	24

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	4	5	5	3	5	4	5	4	5	3	5	4	5	4	5	4	4	5	4
C01	5	5	5	4	4	4	5	5	5	4	4	4	5	5	5	4	4	5	5	5
C02	4	4	4	5	5	5	4	4	3	3	4	4	5	5	4	4	3	3	3	4
C03	5	5	4	5	4	4	3	4	4	5	4	4	5	3	3	4	4	5	4	5
C04	4	5	4	5	4	4	4	4	4	4	5	5	5	4	4	3	3	4	4	5
C05	5	5	4	4	4	4	5	5	5	4	4	5	5	5	4	4	5	5	4	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	8	3	24
	Total Work Load			244
	ECTS Credit of the Course			10

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
7	SBÖ 401	ÖZEL EĞİTİM VE KAYNAŞTIRMA	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of the course is to provide students with fundamental knowledge and skills in the field of special education and inclusive education; to teach methods and strategies that address the educational needs of individuals with disabilities. It is intended that students will be able to develop effective educational programs for individuals with disabilities and gain knowledge about the implementation of inclusive education practices. Teaching Methods and Techniques : Prerequisites and co-requisites : Course Coordinator : This course covers the basic concepts, methods, and strategies related to special education and inclusive education. Students will learn about the educational needs of individuals with disabilities, inclusive education practices, and legal regulations in special education. The course also covers various special education models, teaching methods, and individualized education plans (IEPs). Name of Lecturers : The integration of individuals with special needs into society and educational processes in inclusive classrooms are also included in the course content. Prof. Dr. Ekrem Levent İlhan					

Recommended or Required Reading	
Resources	: Diken, H.İ (Editör) Özel Eğitim ve Kaynaştırma , Pegem Yayıncılık, 2025 ,İlhan. E.L. (Editör) Özel Gereksinimli Bireyler İçin Uyarlanmıştır : : : :

Course Category			
Mathematics and Basic Sciences	:	Education	: 50
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	: 20	Field	: 30

Weekly Detailed Course Contents		
Week	Topics	Study Materials
1	Definition and History of Special Education and Inclusive Education	
2	Basic Concepts and Principles in Special Education	
3	Fundamentals of Inclusive Education	
4	Educational Needs of Individuals with Disabilities	
5	Individualized Education Plans (IEPs)	
6	Learning Disabilities and Educational Strategies	
7	Educational Methods for Individuals with Physical and Sensory Disabilities	
8	Intellectual Disabilities and Educational Approaches	
9	Behavioral Disabilities and Intervention Strategies	
10	Practices in Inclusive Classrooms	
11	Teaching Methods and Materials in Special Education	
12	Integration of Individuals with Disabilities into Society	
13	Ethics and Legal Regulations in Special Education	
14	Professional Roles and Collaboration in Special Education	

Course Learning Outcomes	
No	Learning Outcomes
C01	Define the fundamental concepts related to special education and inclusive education.
C02	Analyze the educational needs of individuals with disabilities.
C03	Gain knowledge about inclusive education practices.

C04	Develop individualized education plans (IEPs).
C05	Facilitate the integration of individuals with special needs into society.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	14	2	28
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	3	2	5	1	1	2	1	5	3	4	4	3	2	4	1	1	1	4	3	4
C01	3	3	3	2	1	1	1	1	1	2	2	2	1	1	2	2	3	3	3	3
C02	4	4	4	3	3	2	2	2	2	2	2	3	3	3	4	3	3	3	2	2
C03	2	3	3	3	2	3	3	3	4	4	4	4	3	3	2	2	3	3	4	4
C04	4	3	3	4	4	3	3	4	3	3	3	2	2	2	2	2	2	3	3	3
C05	4	4	4	2	2	3	2	2	2	3	3	3	4	2	2	3	3	4	2	2

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			70
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
7	SBÖ 427	TEMEL MÜZİK EĞİTİMİ	2	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Elective Objectives of the Course : The aim of this course is to teach students how to use music in physical education and sports. Students will learn to integrate Teaching Methods and Techniques : music and rhythm into sports activities and reach the level of preparing effective music-based exercise and dance programs. Prerequisites and co-requisites : This course aims to understand the importance and impact of music in physical education and sports. It covers basic music Course Coordinator : knowledge, fundamental elements such as rhythm, Name of Lecturers : melody, and harmony, the use of music in sports, and how music can be incorporated into physical education through exercise Assistants : and dance. Students will gain the ability to integrate music into physical education and sports activities.					
SBÖ 427		TEMEL MÜZİK EĞİTİMİ	Instructor Dr. Sefa Demir		

Recommended or Required Reading	
Resources	: Özgül, İ. (2024). Müzik Eğitimi ve Öğretimi (11. baskı). Ankara: Pegem Akademi. Sarıç, A. G. (2017). Oyun, Dans ve Müzik. Ankara:
	:
	:
	:

Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	The definition, basic elements, functions, and educational importance of music are discussed.		
2	The production and basic characteristics of sound and the concepts of pitch, intensity, duration, and timbre		
3	The notation system, staff, clefs, and basic note values are discussed.		
4	Basic practices involving meter, beat, rhythm, tempo, and rests are carried out.		
5	Simple rhythmic patterns are read and performed through clapping, percussion instruments, and body percussion		
6	Basic solfège, sight-reading, and vocalization practices are carried out.		
7	The C major scale, whole and half steps, and basic musical symbols are examined.		
8	The human voice, voice types, proper breathing, posture, and basic vocal training exercises are discussed		
9	The characteristics of children's songs and the selection of songs appropriate to age and developmental level		
10	Song-teaching methods and practices for teaching lyrics, melody, and rhythm are carried out.		
11	Major instrument families are introduced, and simple rhythm instruments suitable for school settings are		
12	The relationship among music, rhythm, and movement is discussed through physical education, play, and		
13	Musical games, creative movement, rhythmic activities, and group music practices are planned and implemented		
14	A basic music education activity including song, rhythm, and movement for a specific age group is prepared		

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the basic concepts, elements, functions, and educational importance of music.
C02	Uses musical notation, rhythm, meter, tempo, beat, and basic musical symbols accurately.
C03	Performs basic rhythmic patterns through body percussion, vocalization, and simple rhythm instruments.
C04	Selects children's songs appropriate to age and developmental level and applies basic song-teaching methods.
C05	Plans, implements, and evaluates a music activity appropriate for physical education, play, or dance settings by combining music, rhythm, and movement.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	8	2	16
Projects	0	%0	Searching in Internet and Library	2	3	6
Practice	0	%0	Material Design and Implementation	2	2	4
Mid-Term	0	%0	Report Preparing	1	4	4
Final examination	1	%50	Preparing a Presentation	1	3	3
Total		%100	Midterm Exam and Preperation for Midterm Exam	1	6	6

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	5	5	2	4	5	3	2	1	4	3	4	3	3	2	4	4	3	4
C01	4	4	3	3	3	2	2	3	3	4	4	5	4	4	3	3	4	3	3	4
C02	2	2	3	3	3	2	2	2	2	1	1	1	2	2	3	3	3	2	2	3
C03	3	3	3	3	3	4	4	4	3	3	3	2	2	3	3	3	3	3	3	3
C04	4	4	4	4	4	3	3	4	3	4	3	3	4	4	4	4	4	3	3	3
C05	4	4	4	4	4	3	3	3	4	4	5	5	5	4	4	3	4	4	3	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	1	8	8
	Total Work Load			75
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
7	SBÖ 421	TÜRK DÜNYASINDA GELENEKSEL OYUNLAR VE SPOR KÜLTÜRÜ	2	2	3
Mode of Delivery		: Face to Face			
Language of Instruction		: Turkish			
Level of Course Unit		: Bachelor's Degree			
Work Placement(s)		: No			
Department / Program		: Physical Education and Sports Teaching			
Type of Course Unit		: Elective			
Objectives of the Course		: An examination of traditional games and sports culture in the Turkic world from ancient times to the present, and the stages			
Teaching Methods and Techniques		: these games and sports have undergone.			
Prerequisites and co-requisities		: This study evaluates traditional games and sports culture in the Turkic world, exploring the historical background of these games			
Course Coordinator		: and sports.			
Name of Lecturers		:			
Assistants		AŞINDA GELENEKSEL OYUNLAR VE SPOR KÜLTÜRÜ			
		Prof. Dr. Özbay GÜVEN			
Recommended or Required Reading					
Resources		: 9. Küçükyıldız, A., Türk Zekâ Oyunları:1 Köçürme Mangala, Delta Kültür Yayınevi, Ankara, 2015. 10. Bozbay, H. (2013). ?Geçmişten			
		: -			
		: -			
		: -			
		: -			
		: -			
Course Category					
Mathmatics and Basic Sciences		: 0	Education	: 0	
Engineering		: 0	Science	: 0	
Engineering Design		: 0	Health	: 0	
Social Sciences		: 0	Field	: 100	
Weekly Detailed Course Contents					
Week	Topics	Study Materials		Materials	
1	Certain Characteristics of Turkish Culture.				
2	The influence of historical periods and geographical regions on traditional games and sports culture in th				
3	Türk Dünyasında şenlikler, kutlamalar ve eğlencelerde geleneksel oyunlar ve sporlar				
4	The fundamental sources of traditional games and sports culture in the Turkic world.				
5	Traditional games and sports in the Turkic world as depicted in literary texts.				
6	Traditional games and sporting activities in the Turkic world and the stages they have gone through.				
7	Mangala is a traditional game in the Turkic world.				
8	Traditional Ashik game in the Turkic world.				
9	Traditional Archery in the Turkic World				
10	Traditional Wrestling in the Turkic World				
11	Türk Dünyasında Atçılık ve Binicilik				
12	Equestrian Javelin in the Turkic World				
13	Chogan/Cevgan/Polo sport in the Turkic World				
14	Gökbörü Game in the Turkic World				
Recommended Optional Programme Components					
SBÖ 209 PHYSICAL EDUCATION AND SPORTS HISTORY					
SBÖ 311 TÜRK SPOR TARİHİ					
Course Learning Outcomes					
No	Learning Outcomes				
C01	To study traditional games and sports culture in the Turkic world, including their historical periods, geographical regions, cultural, social, economic, political, institutionalization, and organization.				
C02	Understanding and explaining the principles of games and sports within the framework of traditional games and sports culture in the Turkic world.				

C03	Understanding the place of traditional games and sports culture in the Turkic world, and being able to explain the developmental stages of traditional games and sports.
C04	Understanding the influence of geography on games and sporting activities adopted and traditionalized in the Turkic world.
C05	To understand the historical development of the traditional Mangala game in the Turkic world and to establish its relationship with similar traditional games.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	6	3	18
Projects	0	%0	Searching in Internet and Library	5	3	15
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	3	3	3	4	4	3	5	3	3	4	5	4	5	3	3	3	4	4
C01	4	4	4	3	3	4	4	4	5	5	5	4	4	3	3	3	4	4	4	5
C02	5	5	5	5	4	4	4	4	3	4	4	4	5	5	5	5	4	4	5	4
C03	5	5	5	4	4	4	4	4	3	4	4	5	5	4	4	4	4	3	3	3
C04	4	4	5	5	5	5	3	3	4	4	4	4	4	3	3	4	4	4	4	5
C05	5	5	5	5	5	4	4	4	3	4	4	5	5	5	4	4	4	5	5	5

Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

04.07.2026 22:53

Semester		Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
7		SBÖ 425	TÜRK EĞİTİM TARİHİ	2	2	3
Mode of Delivery		:	Face to Face			
Language of Instruction		:	Turkish			
Level of Course Unit		:	Bachelor's Degree			
Work Placement(s)		:	No			
Department / Program		:	Physical Education and Sports Teaching			
Type of Course Unit		:	Elective			
Objectives of the Course		:	The aim of this course is to enable students to understand the historical development of the Turkish education system,			
Teaching Methods and Techniques		:	educational approaches, institutions, practices, and prominent educators in different periods. The course also aims to help			
Prerequisites and co-requisites		:	students evaluate changes in education from past to present in relation to political, social, and cultural developments and			
Course Coordinator		:	understand the historical foundations of the current education system.			
Name of Lecturers		:	The course covers education in pre-Islamic Turkish societies; education in the early Turkish-Islamic states; educational institutions			
Assistants		:	during the Seljuk and Ottoman periods; primary schools, madrasas, the Enderun School, and military schools; education during			
SBÖ 425		TÜRK EĞİTİM TARİHİ	the Ottoman modernization process; educational policies and institutions during the Tanzimat and the First and Second Constitutional periods; education in the early Republican era; the Law on the Unification of Education, the Alphabet Reform, the Nation Schools, and the Village Institutes; teacher education, curricula, and educational policies during the Republican period; prominent thinkers and educators who contributed to Turkish educational history; and the historical development of the contemporary Turkish education system.			
			Associate Prof.Dr. Mehmet Yıldız			
Recommended or Required Reading						
Resources		:	AKYÜZ, Y. Türk Eğitim Tarihi, Alfa Yay., İstanbul, 2001. BİNBAŞIOĞLU, C., Eğitim Düşüncesi Tarihi, Anı Yay., Ankara: 2004. KOÇER			
		:	-			
		:	-			
		:	-			
		:	-			
Course Category						
Mathematics and Basic Sciences		:	0	Education	:	0
Engineering		:	0	Science	:	0
Engineering Design		:	0	Health	:	0
Social Sciences		:	0	Field	:	100
Weekly Detailed Course Contents						
Week	Topics			Study Materials	Materials	
1	The subject, scope, aims, sources, and research methods of Turkish educational history are discussed.					
2	Educational approaches, learning environments, and teaching practices in pre-Islamic Turkish societies a					
3	Education in the early Turkish-Islamic states, the emergence of the madrasa tradition, and major educat					
4	Educational institutions, madrasas, the Ahi organization, and non-formal education practices during the 5					
5	Primary schools, madrasas, the Enderun School, and palace education in the classical Ottoman period ar					
6	Military, vocational, guild, and public education practices during the Ottoman period are examined.					
7	Educational modernization movements and the emergence of new types of schools in the Ottoman Empi					
8	Educational policies during the Tanzimat period, the General Education Regulation, and reforms in educa					
9	Educational thought, teacher education, and developments in educational institutions during the First an					
10	Education during the Turkish National Struggle, the Education Congress, and the preparation process of					
11	The Law on the Unification of Education, educational unity, and the secularization process in the early Re					
12	The Alphabet Reform, Nation Schools, public education, and efforts to increase literacy are examined.					
13	The Village Institutes, teacher education policies, and curricula during the Republican period are discuss					
14	Prominent thinkers and educators who contributed to Turkish educational history and the development c					
Course Learning Outcomes						
No	Learning Outcomes					
C01	Explains the basic concepts, scope, sources, and major periods of Turkish educational history.					
C02	Compares educational approaches and institutions in pre-Islamic Turkish societies and Turkish-Islamic states.					

C03	Evaluates educational institutions, practices, and modernization movements during the Seljuk and Ottoman periods.
C04	Analyzes educational reforms, teacher education policies, and developments in educational institutions during the Republican period.
C05	Evaluates the historical foundations of the contemporary education system by relating developments in Turkish educational history to political, social, and cultural changes.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	4	1	4
Projects	0	%0	Searching in Internet and Library	4	1	4
Practice	0	%0	Material Design and Implementation	2	1	2
Mid-Term	0	%0	Report Preparing	14	1	14
Final examination	1	%50	Preparing a Presentation	4	1	4
Total		%100	Midterm Exam and Preperation for Midterm Exam	7	1	7

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	3	3	3	5	5	2	3	4	4	4	4	1	1	3	2	3	4	4
C01	4	4	4	4	3	3	4	4	3	3	3	4	4	4	4	3	3	3	4	4
C02	3	3	4	4	4	4	3	3	3	3	3	3	4	4	4	4	5	5	5	4
C03	4	3	3	3	3	4	4	4	4	4	3	3	3	3	4	4	4	5	5	4
C04	4	3	4	4	4	5	4	4	3	3	4	4	3	4	4	4	5	5	5	4
C05	4	3	3	4	4	4	4	4	4	4	3	3	4	4	4	3	4	4	3	4

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	7	1	7
	Total Work Load			70
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
8	SBÖ 410	BEDEN EĞİTİMİ VE SPOR YÖNETİMİ	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : Teaching the management of personnel within the body of Physical Education and Sports organizations. Teaching Methods and Techniques : Management processes of personnel within the body of Physical Education and Sports organizations. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Asist. Prof. Dr. Fatih YENEL Assistants : İMİ VE SPOR YÖNETİMİ					
Recommended or Required Reading					
Resources : Can, H., Kavuncubaşı, Ş.; İnsan Kaynakları Yönetimi, Siyasal Kitabevi, 5. Baskı, Ankara, 2005. : : :					
Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	Basic concepts of management and sports management, along with the aims and scope of the course, a				
2	The historical development of management science and major management approaches are examined.				
3	The management functions of planning, organizing, directing, coordinating, and controlling are discussed.				
4	The basic characteristics, aims, structures, and organizational forms of sports organizations are examined.				
5	The historical development and current organizational structure of physical education and sports management.				
6	The duties of the Ministry of Youth and Sports, sports federations, local governments, sports clubs, and				
7	Decision-making, problem-solving, and strategic planning processes in sports management are discussed.				
8	Leadership, managerial roles, authority, responsibility, and delegation in sports organizations are examined.				
9	Communication, motivation, conflict management, and teamwork in sports organizations are discussed.				
10	Human resource management, personnel selection, assignment, and performance evaluation processes in				
11	The planning, operation, maintenance, safety, and effective use of sports facilities are discussed.				
12	The planning, implementation, and evaluation of sports organizations and events are examined.				
13	Budgeting, financing, sponsorship, marketing, and resource development processes in sports management.				
14	Ethics, governance, risk management, crisis management, and current issues in sports management are				
Course Learning Outcomes					
No	Learning Outcomes				
C01	Explains the basic concepts, functions, and approaches related to management and sports management.				
C02	Evaluates the organizational structure of physical education and sports management in Türkiye and the duties of relevant institutions.				
C03	Applies planning, decision-making, leadership, communication, and human resource processes in sports organizations.				
C04	Analyzes the processes related to the planning, operation, safety, and evaluation of sports facilities and events.				
C05	Develops solutions to ethical, financial, managerial, and organizational problems encountered in sports management.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	8	1	8
Final examination	1	%50	Preparing a Presentation	8	1	8
Total		%100	Midterm Exam and Preperation for Midterm Exam	8	1	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	3	3	3	3	3	4	3	3	4	3	4	3	3	4	3	4	4	3	4
C01	4	4	4	3	3	3	3	2	2	3	3	2	3	4	4	3	3	3	2	2
C02	3	3	3	4	4	3	3	3	2	2	3	3	2	2	3	3	3	4	4	3
C03	3	4	4	3	3	2	2	2	2	3	3	2	2	3	3	3	2	2	3	3
C04	3	3	3	2	2	2	3	3	3	2	2	2	3	3	4	4	3	3	4	4
C05	4	4	4	3	3	2	2	2	3	3	3	2	2	3	3	3	3	3	3	3

ECTS Allocated Based on Student Workload			
Activities	Quantity	Duration	Total Work Load
Final Exam and Preperation for Final Exam	8	1	8
Total Work Load			74
ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes

Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
8	SBÖ 404	BİTİRME PROJESİ	4	2	4
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : This course aims to enable students to learn the scientific research process through practical application, to guide them in planning and conducting original research relevant to their field, and to equip them with the skills to prepare a final project in accordance with academic writing conventions. Furthermore, the course aims to enable students to carry out the processes of problem identification, literature review, data collection and analysis, and the interpretation and reporting of findings using a holistic approach. Teaching Methods and Techniques : As part of this course, students will gain practical experience in identifying a research topic, formulating a research question, conducting a literature review, establishing a theoretical framework, determining a research method, selecting a population and sample, developing data collection tools or identifying appropriate scales, and carrying out data collection (surveys, observations, etc.). Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 404	BİTİRME PROJESİ	Additionally, the course covers obtaining ethical approval and permission to use scales, analyzing data, interpreting findings, writing the discussion and conclusions, using academic language, and creating in-text citations and a reference list (APA, etc.). Throughout the course, page layout, formatting rules (font size, line spacing, etc.), and reporting standards are demonstrated in practice, and each student prepares their own final project step by step. Prof. Dr. Ebru ÇETİN			

Recommended or Required Reading	
Resources	: Karasar, N. (2009). Scientific research methods. Ankara: Nobel Academic Publishing., Tabachnick, B., & Fidell, L. (2013). Using multivariate statistics. Boston: Allyn and Bacon.

Course Category			
Mathematics and Basic Sciences	:	Education	: 25
Engineering	:	Science	: 25
Engineering Design	:	Health	: 25
Social Sciences	: 25	Field	: 25

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
1	Identifying the research problem and selecting a topic		
2	Defining the scope of the research and formulating the objectives		
3	Literature Review		
4	Literature Review		
5	Establishment of the theoretical framework		
6	Determining the research method and design		
7	The universe, sample and data collection plan		
8	Midterm exam		
9	The development of data collection tools and/or the selection of a scale		
10	The implementation of the data collection tool and the data collection process		
11	Organising data and preparing it for analysis		
12	Data analysis and the derivation of findings		
13	Interpretation of the findings and writing of the discussion section		
14	Conclusions, recommendations and the preparation of the academic report		

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains and applies the fundamental stages of the scientific research process.

C02	Identifies a research topic and problem appropriate to the field of sports science.
C03	Conducts a literature review and makes effective use of academic sources.
C04	Selects an appropriate research method and carries out the data collection process.
C05	Prepares a research report (introduction, methods, findings, conclusions) in accordance with scientific writing conventions.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
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P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
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P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	2	28
Assignment	0	%0	Weekly Tutorial Hours	14	2	28
Practice	0	%0	Reading Tasks	7	2	14
Projects	0	%0	Searching in Internet and Library	7	2	14
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	7	2	14
Final examination	1	%50	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	2	2	4

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	5	1	3	2	2	4	4	3	1	2	3	1	3	2	5	1	5	2	2	3
C01	5	2	2	2	2	3	3	3	2	2	2	3	3	3	2	2	2	3	3	3
C02	2	2	2	3	3	3	4	4	5	5	5	5	4	4	4	5	5	4	4	5
C03	5	3	3	4	4	3	3	3	4	4	4	3	4	4	4	3	3	4	4	4
C04	3	3	4	4	4	3	3	4	4	4	4	3	3	3	3	4	4	4	4	3
C05	3	4	4	4	4	4	4	3	3	4	4	4	4	3	3	3	5	5	5	5



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

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Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
8	SBÖ 402	EĞİTSEL OYUNLAR	3	3	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : It is aimed to teach the definition and history of educational play, the importance of play, the contribution of play to child development, play environment, tools and equipment, teaching basic movements with play, use of educational play in physical education classes, use of educational play in sports education. Teaching Methods and Techniques : Definition, history, importance of play for children, its effect on child development, play environment and tools, teaching basic movements with play, game selection, games that develop coordination, games with rhythmic activities, preparing and playing game materials. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 402		EĞİTSEL OYUNLAR	Prof. Dr. Muhsin HAZAR		

Recommended or Required Reading	
Resources	: Ağbuğa B. Aslan, Ş. (2010). İlköğretim Okulları İçin Oyunlarla Beden Eğitimi. Ankara: Nobel Yayın Dağıtım. : - : : :

Course Category			
Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	:
Social Sciences	:	Field	: 100

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials

1	The definition, historical development, basic characteristics, and importance of play in children's lives are		
2	The effects of play on children's physical, cognitive, social, emotional, and psychological development are		
3	The developmental characteristics of children aged six to eight and games appropriate for this age group		
4	The developmental characteristics of children aged nine to eleven and games appropriate for this age group		
5	The developmental characteristics of children aged twelve to fourteen and games appropriate for this age group		
6	The definition, structural characteristics, aims, and classification of educational games are examined.		
7	The place, importance, and principles of using educational games in physical education and sports teaching		
8	Criteria for selecting games appropriate to learning outcomes, student characteristics, and the physical environment		
9	The processes of planning, explaining, demonstrating, implementing, and concluding educational games		
10	Classroom management, safety, equipment use, time management, and group formation principles in educational games		
11	The adaptation of educational games according to student level, number of participants, environment, and		
12	Motivation, cooperation, discipline, reward, feedback, and sportsmanship principles in educational games		
13	Inclusive and adapted educational games that support the participation of students with special needs are		
14	An educational game for a specific age group and learning outcome is designed, implemented, and evaluated		

Course Learning Outcomes	
No	Learning Outcomes
C01	Explains the physical, cognitive, social, and emotional effects of play on child development.
C02	Selects educational games appropriate to the developmental characteristics of different age groups.
C03	Plans educational games aligned with learning outcomes, student characteristics, and the physical environment.
C04	Implements educational games in accordance with the principles of safety, classroom management, cooperation, and sportsmanship.
C05	Designs, adapts, and evaluates educational games for different needs and sports branches.

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
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P09	It supports the development of a sports culture in line with Olympic and ethical values.
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P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	8	1	8
Final examination	1	%50	Preparing a Presentation	8	1	8
Total		%100	Midterm Exam and Preperation for Midterm Exam	8	1	8

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	4	3	3	4	4	3	4	4	3	4	4	3	4	4	4	5	4	4
C01	4	4	4	3	3	3	4	4	4	3	3	3	4	4	4	3	3	4	4	5
C02	5	5	4	4	4	3	3	3	4	4	4	4	4	3	3	4	5	5	5	5
C03	4	4	4	5	5	5	4	4	4	4	3	3	4	4	4	3	3	4	4	4
C04	5	5	5	4	4	3	3	3	4	4	4	3	3	4	5	5	5	4	4	5
C05	3	3	4	4	4	3	3	4	4	4	3	3	4	4	4	5	5	4	5	4

ECTS Allocated Based on Student Workload			
Activities	Quantity	Duration	Total Work Load
Final Exam and Preperation for Final Exam	8	1	8
Total Work Load			74
ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes

Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

04.07.2026 22:53

Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
8	SBÖ 406	ÖĞRETMENLİK SEMİNERİ	2	2	3
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of this course is to enable pre-service teachers to examine current issues and problems related to the teaching profession from a scientific perspective, improve their professional knowledge and experience, conduct literature-based research, and transform the knowledge they obtain into an effective seminar presentation. The course also aims to develop students' academic communication, critical thinking, discussion, presentation, and professional self-assessment skills. Teaching Methods and Techniques : The course covers the basic characteristics of the teaching profession and professional competencies; teacher identity, professional ethics, and professional development; current issues in education and physical education; access to scientific information and reliable sources; literature review, selection of a research topic, and use of sources; academic writing, citation, and bibliography preparation; development of a seminar paper and presentation plan; effective presentation techniques, use of visual materials, discussion, and feedback; and the preparation, presentation, and evaluation of individual seminars. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 406	ÖĞRETMENLİK SEMİNERİ	Prof. Dr. Muhsin HAZAR			

Recommended or Required Reading					
Resources	:	Güneş ve Diğerleri(2006) Okul Deneyimi Anı Yayıncılık Ankara	:		
	:	-	:		
	:		:		
	:		:		

Course Category					
Mathematics and Basic Sciences	:	Education	:		
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	100	

Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	The aims, scope, implementation process, and assessment criteria of the teaching seminar course are di				
2	The basic characteristics of the teaching profession, teacher competencies, and teacher identity are exar				
3	Professional ethics in teaching, professional responsibilities, and ethical issues that may arise in educatio				
4	Current issues and problems in education, physical education, and sports teaching are examined.				
5	The processes of selecting and delimiting a seminar topic and formulating a research question are discus				
6	Access to scientific information, the use of academic databases, and criteria for selecting reliable sources				
7	Techniques for reviewing the literature, classifying sources, taking notes, and synthesizing information ai				
8	Academic writing principles, text organization, and the characteristics of scientific expression are discuss				
9	Scientific ethics, plagiarism, direct and indirect citation, and bibliography preparation rules are examined				
10	The introduction, main body, and conclusion of the seminar paper are prepared and evaluated in terms c				
11	Effective presentation preparation, visual material design, and academic presentation techniques are disc				
12	Skills related to oral expression, body language, time management, answering questions, and managing				
13	Preliminary presentations of student seminars are delivered, followed by peer and instructor feedback.				
14	Seminar studies are presented and evaluated in terms of content, use of sources, academic expression, i				

Course Learning Outcomes	
No	Learning Outcomes
C01	Evaluates current issues, problems, and developments related to the teaching profession from a scientific perspective.
C02	Selects and delimits a seminar topic in education and physical education and formulates a research question.
C03	Uses academic databases to access reliable sources and analyzes the relevant literature.

C04	Prepares a seminar paper in accordance with scientific ethics, academic writing, citation, and referencing rules.
C05	Presents the seminar study using effective presentation techniques and evaluates it in light of feedback.
Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.
P19	It supports the social and moral development of students through physical education and sports.
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
P09	It supports the development of a sports culture in line with Olympic and ethical values.
P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	3	42
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	1	%50	Preparing a Presentation	14	1	14
Total		%100	Midterm Exam and Preperation for Midterm Exam	14	1	14

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	3	4	3	3	4	4	3	4	4	3	4	4	3	4	4	4	5	4
C01	4	4	4	3	3	4	4	4	3	3	4	4	4	3	3	4	5	5	4	5
C02	4	4	3	3	3	4	4	4	4	3	3	4	4	3	3	4	4	5	5	5
C03	5	4	4	4	5	5	5	4	4	4	5	5	5	5	4	4	4	3	4	4
C04	4	4	4	4	5	4	3	3	3	4	4	3	3	4	4	5	5	4	5	5
C05	4	4	4	5	5	4	4	4	3	3	4	4	4	5	4	5	4	4	4	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	14	1	14
	Total Work Load			84
	ECTS Credit of the Course			3

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

04.07.2026 22:53

Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
8	SBÖ 408	ÖĞRETMENLİK UYGULAMASI II	8	6	10
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The objective of this course is to enable teacher candidates to develop their professional skills by directly applying the theoretical knowledge of pedagogy, field education, and sports sciences acquired during their undergraduate education within institutions affiliated with the Ministry of National Education. Within the scope of this course, it is aimed for teacher candidates to analyze physical education and sports curricula, design active learning-oriented lesson plans and materials tailored to students' developmental characteristics and individual differences, execute effective classroom management and assessment-evaluation strategies in real classroom settings, familiarize themselves with school administration and legal legislation, and construct their professional identities through reflective thinking. Teaching Methods and Techniques : Examination of the administrative structure, school management, official legislation, boards, and committees in the practicum school; analysis of field-specific curricula across different educational levels; preparation of daily lesson plans and design of original instructional materials suitable for the target audience, individual differences, and individuals with special needs; conducting lesson delivery and independent teaching processes in real classroom environments; implementation of effective classroom management strategies in the field; development and utilization of formative and summative assessment-evaluation tools in class; experiencing in-school counseling, social clubs, and national ceremonies/organizations; preparation of the teaching practice portfolio in line with peer observation, self-assessment, and reflective teaching practices. Evaluating the importance of methods, techniques, models and materials used in teaching physical education lesson Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants :					
SBÖ 408	ÖĞRETMENLİK UYGULAMASI II	Examining teacher-student behaviors and relationships Observing and evaluating the role of the teacher in learning, the importance of student motivation and classroom interaction. Interaction between candidate teacher and classroom teacher and students: observation, discussion and evaluation Implementation: Lesson plan preparation, meeting and discussion with the classroom teacher and the faculty member responsible for the internship Preparing and applying small trial lessons Preparing and applying a sample lesson in line with corrections and criticisms Making a visual presentation to inform the students with the lessons given, the knowledge, observations and experiences gained during the term. Associate Prof.Dr. Okan Burçak ÇELİK			
Recommended or Required Reading					
Resources : Güneş ve Diğerleri(2006) Okul Deneyimi Anı Yayıncılık Ankara : - : - : - : -					
Course Category					
Mathematics and Basic Sciences	:	Education	:	50	
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	:	Field	:	50	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	Orientation and School Familiarization: Introduction to the school administration, mentor teacher, and st				
2	Classroom Management and Routines Observation: Observation of the mentor teacher's instructional sty				
3	Curriculum and Learning Outcomes Analysis: Review of the textbooks, annual plans, and the specific lear				
4	İlk Kısmi Öğretim Deneyimi: Uygulama öğretmeninin gözetiminde dersin belirli bir bölümünün (Giriş, dikk				
5	First Full-Hour Teaching (Planned Instruction): Independent execution of a pre-approved, single-hour l				
6	Instructional Material Development and Implementation: Designing a subject-specific material (digital or				
7	Teaching Across Different Grade Levels: Attending lessons at various age/grade levels to observe develo				
8	Assessment and Evaluation Practices: Preparing and implementing classroom formative assessment tool				
9	Students with Special Needs Observation / IEP: Observation of mainstreamed/inclusive students and exa				
10	Counseling and Extracurricular Activities: Examination of the school counseling service, duties of the hon				
11	School Administration, Regulations, and Formalities: Learning administrative processes, the e-school syst				
12	Peer Observation and Evaluation: Observing the teaching session of a peer from the same cohort and pr				

Weekly Detailed Course Contents			
Week	Topics	Study Materials	Materials
13	Full-Day Responsibility and Closing: Taking full-day responsibility for all lessons, recess duties, and teach		
14	Submission of Portfolio and Final Reflection: Finalizing the teaching practice portfolio, saying farewell to i		
Course Learning Outcomes			
No	Learning Outcomes		
C01	Explains the current regulations of the Ministry of National Education, the operational procedures of school administration/boards, and the theoretical foundations of the national curriculum in their		
C02	Designs active learning-oriented daily lesson plans and original instructional materials by considering students' age group characteristics, readiness levels, and individual differences.		
C03	Implements designed lesson plans in a real classroom setting using contemporary methods and techniques, and execute s effective classroom management strategies throughout the process.		
C04	Applies formative assessment and evaluation tools in the field to determine students' achievement levels regarding learning outcomes during and at the end of the lesson.		
C05	Independently conducts all classroom and school-wide teaching duties in line with professional ethical principles; contributes to professional development by critically evaluating their own and peers		
Program Learning Outcomes			
No	Learning Outcome		
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.		
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.		
P04	It analyzes the physiological systems related to movement and physical activity.		
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.		
P20	They take responsibility in individual and team work, and effectively carry out their duties in collaboration with stakeholders.		
P19	It supports the social and moral development of students through physical education and sports.		
P07	It evaluates knowledge and concepts related to its field and related disciplines using scientific and technological methods.		
P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.		
P05	It provides basic first aid for sports injuries and health problems.		
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.		
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.		
P15	Uses Turkish effectively both orally and in writing.		
P14	It implements physical education programs adapted for individuals with special needs.		
P11	It guides students by using appropriate criteria in talent identification processes.		
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.		
P09	It supports the development of a sports culture in line with Olympic and ethical values.		
P08	It regulates the basic training planning and implementation processes for various sports branches.		
P13	In line with lifelong learning, they continuously improve themselves.		
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.		
P18	It organizes teaching processes by taking into account the individual differences of students.		

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%50	Weekly Theoretical Course Hours	14	4	56
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	14	4	56
Projects	0	%0	Searching in Internet and Library	14	2	28
Practice	0	%0	Material Design and Implementation	14	2	28
Mid-Term	0	%0	Report Preparing	14	2	28
Final examination	1	%50	Preparing a Presentation	14	2	28
Total		%100	Midterm Exam and Preperation for Midterm Exam	14	1	14

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	4	2	2	4	3	2	3	3	3	3	4	3	4	2	3	4	3	4
C01	5	1	5	1	1	4	1	1	1	1	1	1	1	1	4	1	1	1	1	1
C02	1	4	5	1	1	1	1	1	1	1	1	1	1	4	1	1	1	5	1	1
C03	1	5	4	1	1	1	1	1	1	1	1	1	1	4	1	1	1	1	5	1
C04	1	1	5	1	1	1	4	1	1	1	4	1	1	1	1	1	1	1	1	1
C05	1	1	1	1	1	5	1	1	1	5	1	5	5	1	1	1	1	1	1	5

	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	14	1	14
	Total Work Load			252
	ECTS Credit of the Course			10

Contribution of Learning Outcomes to Programme Outcomes
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
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P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	0	%0	Weekly Theoretical Course Hours	0	0	0
Assignment	0	%0	Weekly Tutorial Hours	0	0	0
Practice	0	%0	Reading Tasks	0	0	0
Projects	0	%0	Searching in Internet and Library	0	0	0
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	0	0	0
Final examination	0	%0	Preparing a Presentation	0	0	0
Total		%0	Midterm Exam and Preperation for Midterm Exam	0	0	0

Contribution of Learning Outcomes to Programme Outcomes						



	ECTS Allocated Based on Student Workload			
	Activities	Quantity	Duration	Total Work Load
	Final Exam and Preperation for Final Exam	0	0	0
	Total Work Load			0
	ECTS Credit of the Course			0

Contribution of Learning Outcomes to Programme Outcomes



Gazi University
FACULTY OF SPORTS SCIENCES
Physical Education and Sports Teaching

04.07.2026 22:53

Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits
8	SBÖ 412	YETENEK SEÇİMİ VE YÖNLENDİRME	3	3	4
Mode of Delivery : Face to Face Language of Instruction : Turkish Level of Course Unit : Bachelor's Degree Work Placement(s) : No Department / Program : Physical Education and Sports Teaching Type of Course Unit : Required Objectives of the Course : The aim of this course is to enable students to understand talent in sport as a multidimensional concept and to make evidence-based athlete selection and guidance decisions based on assessment and evaluation results. Teaching Methods and Techniques : This course examines the concept of talent in sport, as well as talent identification and orientation processes, within a scientific framework. It explores methods for evaluating athletes and directing them to appropriate sports based on anthropometric, motor, physiological, and psychological criteria. Prerequisites and co-requisites : Course Coordinator : Name of Lecturers : Assistants : ÇİMİ VE YÖNLENDİRME Associate Prof.Dr. Sümer ALVURDU					
Recommended or Required Reading					
Resources : Talent Search Selection and Orientation in sport; K. Karl, Translated by: Hale HARPUTLUOĞLU, Pubirgan Publishing House, 2001 : - Höner, O., Larkin, P., Leber, T., & Feichtinger, P. (2023). Talent identification and development in sport. Cham: Springer International Publishing. : - Baker, J., Cobley, S., Schorer, J., & Wattie, N. (Eds.). (2017). Routledge handbook of talent identification and development in sport. : Related thesis, articles, researches. :					
Course Category					
Mathmatics and Basic Sciences	:	Education	:	20	
Engineering	:	Science	:		
Engineering Design	:	Health	:		
Social Sciences	: 10	Field	:	70	
Weekly Detailed Course Contents					
Week	Topics	Study Materials	Materials		
1	Yetenek tanımı ve seçimine yönelik kavramsal bilgiler		Conceptual information regarding		
2	Yetenek belirleme, yetenek tespiti, seçme ve geliştirme kavramları arasındaki tanımlar ve farklılıklar		The definition and differences bet		
3	Yetenek Belirleme ve Geliştirme Yaklaşımları		Talent Identification and Develop		
4	Türkiye Sportif Yetenek Taraması ve Spora Yönlendirme Programı		Talent Identification and Sports G		
5	Yetenek transferi		Talent transfer		
6	Biyo-gruplama		Bio-Banding		
7	Bağıl Yaş Etkisi		Relative Age Effect		
8	Uzun Vadeli Sporcu Gelişimi		Long Term Athlete Development		
9	Yetenek Seçiminde Kullanılan Ölçme Araçları		Measurement Tools Used in Talen		
10	Farklı ülkelerde yetenek seçimi sistemleri		Talent selection system in differer		
11	Anahtar Performans Göstergeleri		Key Performance Instrument		
12	Branşlara özgü yetenek seçimi kriterleri		Talent selection criteria specific to		
13	Yetenek belirleme aşamaları ve vaka analizleri		Talent identification process and c		
14	Yetenek belirleme aşamaları ve vaka analizleri		Talent identification process and c		
Course Learning Outcomes					
No	Learning Outcomes				
C01	Define the concepts of talent and performance				
C02	Administers and interprets basic tests and measurements.				
C03	Prepare athlete evaluation reports.				
C04	Recommend for referral to the appropriate sports.				
C05	Analyzes test and measurement results according to age, developmental level, and sport-specific characteristics to identify talented athletes.				

Program Learning Outcomes	
No	Learning Outcome
P12	It contributes to school and community development through its understanding of social responsibility, sustainability, and entrepreneurship.
P17	It effectively utilizes information and communication technologies by integrating them into teaching processes.
P04	It analyzes the physiological systems related to movement and physical activity.
P03	It analyzes curricula for different educational levels, and plans and implements measurement and evaluation and basic research processes.
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P06	They evaluate current and scientific information related to their field and the teaching profession in accordance with ethical principles.
P05	It provides basic first aid for sports injuries and health problems.
P02	It applies fundamental knowledge, skills, techniques, tactics, and strategies related to individual and team sports in the teaching processes.
P01	It analyzes and evaluates the fundamental principles, concepts, aims, and problems related to the education system and the field of physical education and sports.
P15	Uses Turkish effectively both orally and in writing.
P14	It implements physical education programs adapted for individuals with special needs.
P11	It guides students by using appropriate criteria in talent identification processes.
P10	It plans and execute s sporting events during national holidays, ceremonies, and celebrations.
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P08	It regulates the basic training planning and implementation processes for various sports branches.
P13	In line with lifelong learning, they continuously improve themselves.
P16	They use at least one foreign language at a level sufficient for professional communication related to their field.
P18	It organizes teaching processes by taking into account the individual differences of students.

Assessment Methods and Criteria			ECTS Allocated Based on Student Workload			
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%40	Weekly Theoretical Course Hours	14	3	42
Assignment	1	%20	Weekly Tutorial Hours	14	0	0
Practice	0	%0	Reading Tasks	2	5	10
Projects	0	%0	Searching in Internet and Library	2	5	10
Practice	0	%0	Material Design and Implementation	0	0	0
Mid-Term	0	%0	Report Preparing	2	6	12
Final examination	1	%40	Preparing a Presentation	0	0	0
Total		%100	Midterm Exam and Preperation for Midterm Exam	2	8	16

Contribution of Learning Outcomes to Programme Outcomes																				
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant																				
	P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	P11	P12	P13	P14	P15	P16	P17	P18	P19	P20
All	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
C01	4	4	4	3	3	4	4	4	4	3	3	3	3	3	3	3	3	3	3	4
C02	4	4	4	4	3	3	3	3	3	3	3	3	3	4	4	4	4	4	4	3
C03	4	4	4	4	4	4	4	4	4	3	3	3	3	4	4	4	4	4	4	4
C04	4	4	4	4	3	4	4	4	3	3	4	4	3	3	4	4	3	3	4	4
C05	3	4	3	3	3	4	4	3	3	3	4	4	3	3	4	4	3	4	3	4

