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| **COURSE DESCRIPTION FORM** | |
| **Course Code and Name** | **SYB 217 ARTISTIC GYMNASTICS** |
| **Course Semester** | Fall-Spring |
| **Catalog Content** | Definition, history of artistic gymnastic, presentation of artistic gymnastic apparatus and fundamental gymnastic exercises |
| **Textbook** | Federation International of Gymnastics (FIG) Evaluation Rules, Suveren S., Suveren S, Artistic Gymnastics Teaching Methods (Ladies-Men) Nobel Publishing, Ankara 2010 |
| **Supplementary Textbooks** | - |
| **Credit** | 3 |
| **Prerequisites of the Course**  **( Attendance Requirements)** | Attendance Required |
| **Type of the Course** | Elective |
| **Instruction Language** | Turkish |
| **Course Objectives** | Gaining fundamental knowledge and skills about artistic gymnastics |
| **Course Learning Outcomes** | 1. Can apply the theory and applications of some fundamental technical movements.  2. Teaching the theory and applications of some fundamental technical movements  3. Know artistic gymnastics apparatus and norms  4. Know the Olympic Order of apparatus  5. Artistic gymnastics assessment rules at the level of assistant judge. |
| **Instruction Methods** | Formal learning |
| **Weekly Schedule** | 1. Introduction to general knowledge and apparatus about artistic gymnastics  2. Floor Fundamental exercises (Female - Male)  3. Floor Fundamental exercises (Female - Male)  4. Pammel Horse (Male) and Uneven Bars(Female) Fundamental Exercises  5. Ring (Male) and Uneven Bars (Female) Fundamental Exercises  6. Vault Table (Female - Male) Fundamental exercises  7. Vault Table (Female - Male) Fundamental exercises  8. Midterm Exam  9. Parallel Bars (Male) Balance Beam (Female) Fundamental Exercises  10.Parallel Bars (Male) Balance Beam (Female) Fundamental Exercises  11. High Bar (Male) Fundamental Exercises / Floor choreography (Female)  12. Motion repetition and series applications  13. Motion repetition and series applications  14. Motion repetition and series applications |
| **Teaching and Learning Methods**  *(These are examples. Please fill which activities you use in the course)* | Weekly theoretical course hours  Weekly applied course hours  Reading Activities  Internet browsing, library work  Preparation of Midterm and Midterm Exam  Final Exam and Preparation for Final Exam 2 |
| **Assessment Criteria** | |  |  |  | | --- | --- | --- | |  | **Numbers** | **Total Contribution (%)** | | Midterm Exams | 1 | 50 | | Assignment |  |  | | Application |  |  | | Projects |  |  | | Practice |  |  | | Quiz |  |  | | Percent of In-term Studies (%) | 1 | 50 | | Percentage of Final Exam to Total Score (%) | 1 | 50 | | Attendance |  |  | |
| **Workload** | |  |  |  |  | | --- | --- | --- | --- | | **Activity** | **Total Number of Weeks** | **Duration (weekly hour)** | **Total Period Work Load** | | Weekly Theoretical Course Hours | 14 | 1 | 14 | | Weekly Tutorial Hours | 14 | 2 | 28 | | Reading Tasks | 6 | 1 | 6 | | Studies | 6 | 1 | 6 | | Material Design and Implementation |  |  |  | | Report Preparing |  |  |  | | Preparing a Presentation |  |  |  | | Presentations |  |  |  | | Midterm Exam and Preparation for Midterm Exam | 3 | 3 | 9 | | Final Exam and Preparation for Final Exam | 4 | 3 | 12 | | Other ( should be emphasized) |  |  |  | | Total Workload |  |  | 75 | | Total Workload / 25 |  |  | 3,00 | | Course Credit (ECTS) |  |  | **3** | |
| **Contribution Level Between Course Learning Outcomes and Program Outcomes** | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | No | Program Outcomes | 1 | 2 | 3 | 4 | 5 | | 1 | CO 1 | X |  |  |  |  | | 2 | CO 2 | X |  |  |  |  | | 3 | CO 3 | X |  |  |  |  | | 4 | CO 4 |  | X |  |  |  | | 5 | CO 5 |  | X |  |  |  | | 6 | CO 6 |  | X |  |  |  | | 7 | CO 7 |  |  |  |  | X | | 8 | CO 8 | X |  |  |  |  | | 9 | CO 9 | X |  |  |  |  | | 10 | CO 10 |  | X |  |  |  | | 11 | CO 11 |  |  | X |  |  | | 12 | CO 12 |  |  | X |  |  | | 13 | CO 13 |  |  | X |  |  | | 14 | CO 14 | X |  |  |  |  | | 15 | CO 15 |  |  |  | X |  | | 16 | CO 16 |  | X |  |  |  | | 17 | CO17 |  | X |  |  |  | | 18 | CO18 | X |  |  |  |  | | 19 | CO19 | X |  |  |  |  | | 20 | CO20 | X |  |  |  |  | | 21 | CO 21 |  |  |  | X |  | | 22 | CO 22 |  |  |  | X |  | |
| **The Course’s Lecturer(s) and Contact Informations** | Faculty Academic Staff |