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| **COURSE DESCRIPTION FORM** | |
| **Course Code and Name** | **SYB 101 INTRODUCTION TO PHYSICAL EDUCATION AND SPORT SCIENCES** |
| **Course Semester** | 1st Semester |
| **Catalog Content** | The emergence in the history, the developments, and the current situation of the physical education and sports in the world. |
| **Textbook** | Physical Activity Sciences, Editors: Bouchard, C., McPherson, B., Taylor, A.W., Human Kinetics Books, Champaign, 1991. |
| **Supplementary Textbooks** | Lumpkin, A., Physical Education and Sport A Contemporary Introduction, Second Edition, Times Mirror/Mosby College Publishing, St-Louis, 1991 |
| **Credit** | 4 |
| **Prerequisites of the Course**  **(Attendance Requirements)** | Attendance Required |
| **Type of the Course** | Compulsory |
| **Instruction Language** | Turkish |
| **Course Objectives** | The aim of this course is to understand the development of physical education and sport, related concepts, occupational fields, education and performance. |
| **Course Learning Outcomes** | 1. Learning the basic concepts of PE and sport  2. Learning the historical background of PE and sports  3. Learning terms used in PE and sports |
| **Instruction Methods** | Formal learning |
| **Weekly Schedule** | 1. First meeting: information about the course  2. Historical development of PE and Sports.  3. History of Turkish sports.  4. Development of PE and Sport in Turkey.  5. PE and meaning of sport and basic thoughts  6. BE and sport related terminology  7. Midterm exam.  8. Ancient and modern Olympics.  9. Types and branches of sports  10. Contribution of PE and sport to human development.  11. Motor development  12. Education and philosophy  13. Sport philosophy  14. Community based PE and sports  15 Career paths in PE and sports |
| **Teaching and Learning Methods** | Weekly theoretical course hours  Reading Activities  Internet browsing, library work  Report preparing  Preparation of Midterm and Midterm Exam  Final Exam and Preparation for Final Exam |
| **Assessment Criteria** | |  |  |  | | --- | --- | --- | |  | **Numbers** | **Total Contribution (%)** | | Midterm Exams | 1 | 50 | | Assignment |  |  | | Application |  |  | | Projects |  |  | | Practice |  |  | | Quiz |  |  | | Percent of In-term Studies (%) | 1 | 50 | | Percentage of Final Exam to Total Score (%) | 1 | 50 | | Attendance |  |  | |
| **Workload** | |  |  |  |  | | --- | --- | --- | --- | | **Activity** | **Total Number of Weeks** | **Duration (weekly hour)** | **Total Period Work Load** | | Weekly Theoretical Course Hours | 14 | 3 | 42 | | Weekly Tutorial Hours |  |  |  | | Reading Tasks | 12 | 1 | 12 | | Studies | 12 | 1 | 12 | | Material Design and Implementation |  |  |  | | Report Preparing | 10 | 1 | 10 | | Preparing a Presentation |  |  |  | | Presentations |  |  |  | | Midterm Exam and Preparation for Midterm Exam | 2 | 4 | 8 | | Final Exam and Preparation for Final Exam | 2 | 5 | 10 | | Other (should be emphasized) |  |  |  | | Total Workload |  |  | 94 | | Total Workload / 25 |  |  | 3,76 | | Course Credit (ECTS) |  |  | 4 | |
| **Contribution Level Between Course Learning Outcomes and Program Outcomes** | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | No | Program Outcomes | 1 | 2 | 3 | 4 | 5 | | 1 | CO 1 |  | X |  |  |  | | 2 | CO 2 | X |  |  |  |  | | 3 | CO 3 | X |  |  |  |  | | 4 | CO 4 |  |  | X |  |  | | 5 | CO 5 |  |  | X |  |  | | 6 | CO 6 |  | X |  |  |  | | 7 | CO 7 |  |  |  | X |  | | 8 | CO 8 |  |  | X |  |  | | 9 | CO 9 | X |  |  |  |  | | 10 | CO 10 | X |  |  |  |  | | 11 | CO 11 |  |  |  | X |  | | 12 | CO 12 |  | X |  |  |  | | 13 | CO 13 |  |  |  |  | X | | 14 | CO 14 |  | X |  |  |  | | 15 | CO 15 |  |  |  | X |  | | 16 | CO 16 |  |  | X |  |  | | 17 | CO17 |  |  |  |  | X | | 18 | CO18 |  |  |  | X |  | | 19 | CO19 |  |  |  | X |  | | 20 | CO20 |  |  |  | X |  | | 21 | CO 21 |  |  |  |  | X | | 22 | CO 22 |  | X |  |  |  | |
| **The Course’s Lecturer(s) and Contact Informations** | Prof. Dr. Zafer ÇİMEN zcimen@gazi.edu.tr |